



LEWIS & CLARK COUNTY RESOURCE GUIDE

A Directory of Social Service and Legal Resources for Lewis &
Clark County Residents

OVERVIEW

This guide was compiled with the intent to inform Lewis & Clark County residents in need of social services and legal resources of what is available in their county, as well as in the surrounding counties.

Justice for Montanans
AmeriCorps



Lewis & Clark County Resource Guide

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Child Services

Child abuse hotline 866-820-5437 Open 24/7

Dan Fox Family Care Program

2001 11th Ave. Building A, Ste 6
 Helena, MT 59601
 Phone: (406) 443-4730 or (800) 345-8818
 Website: <http://youthhomesmt.org/>
 Hours: Monday-Friday 9:30am- 5:00 pm, Closed holidays

The Dan Fox Family Care Program offers Foster Care and Adoption as well as in-home Family Support Services. The children we serve are ages 2-18 years of age and are referred, mostly, from child welfare workers, mental health case managers and youth corrections workers.
 Contact person: Leigh Fahlquist, Clinical supervisor

Big Brothers Big Sisters of Helena

1434 N Roberts St, Helena, MT 59601
 Phone: (406) 442-7479
 Website: <http://www.bbbs-helena.org/>
 Email: bbbs@bbbs-helena.org
 Office hours: Monday-Friday 9:30am- 5:00 pm

Provides social activities for youth by providing mentoring services, keeps them away from drugs and alcohol.

Child and Family Services Division – DPHHS

Physical Address: 111 N Jackson 5th Floor
 Helena, Montana 59601
 Mailing Address: P.O. Box 8005
 Helena, MT 59604-8005
 Phone:(406) 444-2030
 Fax: (406) 444-1681

To protect children who have been or are at substantial risk of abuse, neglect or abandonment. We strive to ensure that all children have a family who will protect them from harm.
 More info: <http://www.dphhs.mt.gov/cfsd>

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Children's Special Health Services

P.O. Box 202951
 Helena, MT 59620
 Toll free: 800-762-9891
 Fax: 406-444-2750
 Website: <http://dphhs.mt.gov/publichealth/cshs>
 Email: cshs@mt.gov
 Office hours: Monday-Friday 8:00 am-5:00 pm

Assistance for families dealing with special health issues including access to specialty health care; information; self-advocacy; financial assistance for families under 300% poverty level.

Child Support Enforcement Division

CSED Region IV Field Office (referent for Lewis and Clark County)
 17 West Galena
 Butte, MT 59701
 (406) 497-6600 (Phone)
 (406) 782-9728 (Fax)
 Agency Website: <https://dphhs.mt.gov/cssd/>

Mission Statement: The Child Support Enforcement Division (CSED) of the Montana Department of Public Health and Human Services is to diligently pursue and ultimately achieve financial and medical support of children by establishing, enforcing, and increasing public awareness of parental obligations.

Services Provided:

- Locating Parents
- Establishing Paternity
- Establishing child support and medical support orders
- Enforcing child support and medical support orders
- Modification of Support orders

Services Not Provided:

- Custody and visitation establishment, modification or enforcement
- Collection of interest or payment on medical bills unless reduced to judgment
- Collection of attorney's fees
- Collection of spousal support when no child support is owed

Note: The Helena office addresses all inter-state and international Child Support cases, L&C is served out of Butte.

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Special Services Bureau

Dana Toole, LCSW
Special Services Bureau Chief
Dept. of Justice
P.O. Box 201417
Helena, MT 59620-1417
Ombudsman (Phone): 1-844-252-4453
(Fax): 406-444-2759
Email: DOJOMBUDSMAN@mt.gov
Agency Website: <https://dojmt.gov/enforcement/specialservices/>

Services: *The Special Services Bureau is an agency-wide initiative at the Montana Department of Justice dedicated to **improving** how we respond to victims, **developing** state-of-the-art approaches by keeping up with the newest research, and, most importantly, **helping** victims recover and move on with their lives. This effort includes many parts:*

- **Montana Child Sexual Abuse Response Team (MCSART):** MCSART helps organize teams of professionals who surround a child victim of crime or abuse to ensure the child is treated in a safe, non-victimizing way and that evidence is gathered to bring the child's assailant to justice. MCSART also provides training for professionals around the state to ensure that all Montana's child victims receive the same high level of care and that justice prevails.
- **Drug Endangered Children (DEC):** We have also partnered with DEC in order to intervene on behalf of drug endangered children by rescuing, defending, sheltering, and supporting them. This website serves as a portal where you will find resources for parents and professionals.
- **Child and Family Ombudsman:** Montana's Ombudsman Program offers citizens concerned about child safety an opportunity to work with agencies and providers across the state who care for children at risk of abuse or neglect.

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Healthy Families: Pregnancy, Parenting Support Lewis & Clark Public Health

1930 Ninth Ave.

Helena, MT 59601

Phone: 406-457-8975, 406-457-8912

Website: <http://www.lccountymt.gov/health/healthy-lifestyle/pregnancy-parenting.html>

Email: publichealth@lccountymt.gov

Hours: Monday-Friday 8:00am-5:00pm

Information, education, referral, and support through home visits to pregnant women and families. Services include family support and education, child health and developmental screenings, WIC, asthma home visiting, pregnancy testing, STD testing, breastfeeding support, parenting classes and support group, nutrition services, referrals to community health and social services, support for tobacco-free homes, and emergency preparedness for families. Some services may be low-cost or free.

Intermountain Mental Health

3240 Dredge Dr. Helena, MT 59602

(406) 442-7920

(800) 200-9112 toll-free

(406) 442-7949 fax

Website: www.intermountain.org

Hours: Monday-Friday 8:00am-5:00pm

Provides mental health and educational services to effectively meet the diverse needs of children and families facing emotional challenges, Residential treatment, community-based resources, and community trainings. Services include child and family therapy, neurofeedback therapy, co-occurring substance use and emotional distress therapy, youth case management, child and adolescent psychiatry, occupational therapy, psychological evaluation service, school-based services, home support services, intensive day treatment, therapeutic after-school and summer support, therapeutic foster care and adoption services.

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Montana Court Appointed Special Advocates (CASA)– 1st Judicial District

Physical Address: 3280 Centennial Drive, Suite C

Helena, MT 59601

Mailing Address: P.O. Box 4865

Helena, MT 59604

Phone: (406) 457-0797

Website: <http://www.casaoflcbwc.org>

Contact person: Program Administrator, Ellene Bunge info@casaoflcbwc.org

Office hours: Monday-Friday 8:00 am-2:00 pm

Nonprofit organization dedicated to helping children find advocates to assist them in navigating through court processes.

Shodair Children's Hospital

Physical address: 2755 Colonial Dr.

Helena, MT 59604

Mailing address: P.O. Box 5539 Helena, MT 59604

406-444-7500 toll-free

800-447-6614

Website: <https://shodair.org/>

Office hours: Monday-Friday 8:00 am-4:00 pm

Proud to offer premier acute psychiatric inpatient treatment for children and adolescents, comprehensive genetic services for people of all ages, education services, and medical genetic services.

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Disability

Blind and Low Vision Services

111 North Last Chance Gulch, 4C,
 Mailing: PO Box 4210,
 Helena, MT 59604-4210
 Phone: (877) 296-1197 or (406) 444-2590
 Website: <http://www.dphhs.mt.gov/detd/vocrehab>
 Email: vrinfo@mt.gov
 Hours: Monday-Friday 8:00 am-5:00 pm

To maximize access to in-demand and high-quality careers by Montanans with disabilities seeking dignity through choice, integration, and self-reliance.

Disability Rights Montana

1022 Chestnut Street Helena, MT 59601
 (406) 449-2344
 (800) 245-4743 toll-free
 (406) 449-2418 Fax
 Email: advocate@disabilityrightsmt.org
 Office Hours: Monday-Friday 8:00 am-5:00 pm
<http://disabilityrightsmt.org/>

Disability Rights Montana is the federally-mandated civil rights protection and advocacy system for all of Montana. We have the legal authority to represent almost any person with a disability.

Montana Association for the Blind

Mailing address: P.O. Box 465 Helena, MT 59624 Phone: 406-442-941, 406-458-9433
 Website: <https://www.mabsop.org/>
 Hours: Monday-Friday 8:00 am-12:00pm

The mission of the Montana Association for the Blind is to promote the economic and social self-sufficiency of blind Montanans through the facilitation of quality education, learning, training, and employment services and opportunities, and to foster a positive understanding of blindness.

Montana Developmental Disabilities Program

Physical address: 111 Sanders, suite 305, Helena, MT 59601
 Mailing address: P.O. Box 4210 Helena, MT 59601
 Phone: (406) 444-2995
 Website: <https://dphhs.mt.gov/dsd/developmentaldisabilities/>
 Contact Person: Lindsey Carter

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Hours: Monday-Friday 8:00 am-5:00 pm

Create a system that coordinates resources, supports and services for people to have meaningful lives in their communities.

Montana Independent Living Project

825 Great Northern Blvd, Ste. 105,

Helena, MT 59601

(800) 735-6457 or (406) 442-5755

Website: <http://milp.us/>

Hours: Monday-Friday 8:00 am-5:00 pm

Promoting independence for people with disabilities.

Montana Talking Book Library

1515 East 6th Avenue Helena, MT

P.O. Box 201800 Helena, MT

Hours: Monday-Friday 8:00 am-5:00pm

Phone: (800) 338-5087 or (406) 444-4799

Provides recorded books and library services to those who cannot read conventionally.

Montana Telecommunications Access Program

Physical Address: 111 North Last Chance Gulch, 4C, Helena, MT 59601

Mailing Address: P.O. Box 4210 Helena, MT 59604

Phone: (800) 833-8503 or 406-444-1339

Fax: (406) 444-5999

Hours: Monday-Friday 8:00am-5:00pm

Website: <https://dphhs.mt.gov/detd/mtap/>

Contact person: Director, Mary Taylor relay@mt.gov

Provides no-cost phone equipment to those who are deaf, hard of hearing, have a speech or mobility disability.

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Rocky Mountain Development Council

200 S Cruse St. Helena, MT 59601

Phone: (800) 356-6544 or (406) 447-1680

Website: <http://rmdc.net>

Hours: Monday-Thursday 8:00am-5:00pm, Friday 8:00am-4:00pm

Assists with food and nutrition, energy, mental health programs, early education, low income housing, and housing development. Provides senior citizens with referrals to Meals and Wheels programs.

Vocational Rehabilitation Services

111 North Last Chance Gulch, 4C, PO Box 4210, Helena, MT 59604-4210

Phone: (877) 296-1197 or (406) 444-2590

Website: <https://dphhs.mt.gov/detd/vocrehab/>

Hours: Monday-Friday 8:00 am-5:00 pm\

Email: vrinfo@mt.gov

Provides a broad range of services (employment, independent living, counseling, etc.) to those seeking to rehabilitate from a disability.

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Financial

Consumer Counseling Services

Mailing address: PO Box 2326 Great Falls, MT 59406
 Physical address: 410 Central Ave STE 401 & 402, Great Falls, MT 59401
 (877) 275-2227 or (406) 454-5709
 Website: <http://www.ruraldynamics.org>
 Hours: Monday-Friday 8:00 am-5:30 pm
 Email: rdi@ruraldynamics.org

Helps people find credit and debt solutions, provides financial education and counseling, and assists in forming financial plans. Bankruptcy and mortgage information.

Good Samaritan

3067 North Montana Helena, MT, 59601
 Phone: (406) 442-0780
 Fax: (406) 449-0886
 Website: <http://www.goodsamhelena.org/>
 Winter store hours: Monday - Friday 9am-7pm, Saturday 9am-6pm, Sunday 10am-5pm
 Contact person: Teresa Ortega, Executive Director, assistance@goodsamministries.org

Good Samaritan Ministries works in our community to advance family life, human dignity and the common good. Provides services to meet the physical, social, emotional and spiritual needs of individuals and families of all faiths, especially those most in need. They provide assistance with some financial problems and rent payments.

Job Service – Helena

715 Front St. Helena, MT 59620
 Phone: (406) 447-3200, (406) 444-0532
 Fax: 406-444-1419
 Website: <https://montanaworks.gov/job-service-montana/>
 Hours: Monday - Friday 8 a.m. - 5 p.m., Thursday 9 a.m. - 5 p.m.
 Email: HelenaJSC@mt.gov

Job resources. Resume and interview skill building. Mock-interviews, dislocated workers, WIOLA programs, Montana partnerships, employer relations.

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Montana Department of Revenue

125 North Roberts, 3rd Floor, Helena, MT 59620

Phone:(406) 444-6900

Website: <https://mtrevenue.gov/>

Hours: Monday-Thursday 8:00am-5:00pm, Friday 9:00am-5:00pm

Email: borcustomerassistance@mt.gov

Assists Montanan taxpayers and businesses with tax forms, instructions, and records.

Office of Public Assistance

Physical address: 111 N. Sanders Avenue Room 109 Helena, MT 59601

P.O. Box 202925 Helena, MT 59620

Phone: 1-888-706-1535

Fax: 406-442-0009

Hours: Monday-Friday 8:00 am-5:00pm

Website: <https://mfbn.org/resource/office-of-public-assistance-helena/>

Email: hshscsopalewis&clark@mt.gov

Processes applications for SNAP, EBT, TANF, LIEAP, WIC, etc., and provides information and referrals for low-income residents.

Salvation Army

1905 Henderson St, Helena, MT 59601

Phone: (406) 442-8244

Website: Helena.salvationarmy.org

Email: rob.lawler@usw.salvationarmy.org

Hours: Monday-Thursday 10:00am-4:00pm, Friday 10:00am-2:00pm

Social services organization providing food, clothing, transitional housing, utility assistance for emergency need, seasonal help (Thanksgiving dinner, Christmas assistance), youth programs, and life skill classes (e.g. budgeting)

Rocky Mountain Development Council (HRDC)

Physical address: 200 South Cruse Avenue, Helena, MT 59624-1717

Mailing Address: PO Box 1717 Helena, MT 59624-1717

Phone: (800) 356-6544 or (406) 447-1680

Website: www.rmhc.net

Hours: Monday-Thursday 8:00 am-5:00 pm, Friday 8:00 am-4:00 pm

Helps connect low-income, elderly, minority, and disabled Montanans to programs that eliminate poverty. Low-income energy help, weatherization, meals on wheels, senior

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housing/low-income housing, senior center, senior Corps programs, Area for agency on aging, HeadStart, private preschool, and senior dinner clubs.

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Food

Helena Food Share

Helena:

Lewis Street Pantry 1616 Lewis Street Helena, MT 59624

Phone: (406) 443-3663

Mailing address: P.O. Box 943 Helena, MT 59624-0943

Hours: Lewis Street Pantry: Monday & Thursday 12:30 pm – 6:30pm, Tuesday, Wednesday & Friday from 12:30pm to 3:30pm.

East Helena:

East Helena Pantry United Methodist Church 50 Prickly Pear Ave. N.

East Helena, MT 59635

Hours: East Helena Pantry: Monday, 2:00 p.m.-3:30 p.m. Thursday, 5:00 p.m.-6:00 p.m.

Website: <https://helenafoodshare.org/>

Provides food boxes on an emergency, short-term basis. NOTE: Please arrive 15 minutes before closing to pick up monthly groceries. Helena Food Share Offices and Pantries are closed on Saturdays, Sundays, and Holidays. Donation hours are Monday 8 am to 6 pm, Tuesday through Friday 8 am to 4 pm. Accepts donations at the Lewis Street Pantry location.

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Health

Aware Incorporated

616 Helena Ave. Ste. 305, Helena, MT 59601
 Phone: (406) 449-3120
 Office hours: Monday-Friday 8:00am-5:00 pm
 Website: <https://www.aware-inc.org/>
 Email: info@aware-inc.org

AWARE, Inc., a private, non-profit corporation, provides quality, community-based services to adults and youth with challenging mental, emotional, and in some cases, physical needs who would otherwise be served in a more restrictive setting or perhaps would not be served at all. Provides case management, therapeutic foster care, and group homes, mental health assistance, treatment options, and specialized care.

Center for Mental Health

Physical address: 900 N Jackson, Helena, MT 59601
 Mailing address: P.O. Box 762 Helena, MT 59624
 Phone: (406) 443-7151
 Hours: Walk- in 7:30 am – 12:00 pm, every Thursday for new clients, Office Hours are 8-5 pm
 More info: <https://center4mh.org/>

Organization dedicated to improving the lives of those who have been diagnosed with mental health issues in areas such as children's case management, day treatment, adult therapeutic aide, adult case management, PACT-Program for Assertive Community Treatment, Outpatient Therapy, Outpatient Medical services, Veteran's Affairs, Case Management Veteran's Affairs, Adult foster care, group homes, psychiatry services, medication management, jail diversion, and drop-in center.

Compassus Hospice

1075 North Rodney, Ste. 102, Helena, MT 59601
 Phone: (406) 306-7612, (406) 400-9918, (406) 442-2243
 Website: <http://Compassushospice.com>
 Office Hours: Monday-Friday 8:00 am-5:00 pm, closed Major Holidays
 Contact person: Sarah, Team Coordinator

Provides hospice services for those with life-limiting illnesses; paid for by Medicare, Medicaid, and most private insurance companies.

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Comprehensive Hearing Services

2626 Winne Ave. Helena, MT 59601

Phone: (406) 204-4205, (406) 443-8838

Fax: (406) 443-6367

Website: <https://www.comphearing.com/>

Contact person: Doctor of Audiology, Hillary Q. Carter, info@comphearing.com

Hours: Monday - Thursday: 8:30 am - 5 pm, Friday: 8:30 am - 3 pm, Walk-in M-F 11am-12 pm

Specializes in Hearing aids, hearing loss treatment, hearing screening & testing, and tinnitus treatment.

NAMI Montana

1331 Helena Ave, Helena, MT 59601

Phone: (406) 443-7871

Website: <http://www.namimt.org/>

Email: colleen@namimt.org

NAMI Montana accomplishes its mission of supporting, educating, and advocating for Montanans with serious mental illness by starting up local support groups, providing education to the public, advocating for Montanans with mental illness and laws related to people with Mental Illness, and teaming up with mental health service providers.

Planned Parenthood

1500 Cannon Helena, MT, 59601

Phone: (406) 443-7676

Fax: (406) 457-2381

Hours: Monday-Friday 9am to 6pm

Website: https://www.plannedparenthood.org/health-center/montana/helena/59601/planned-parenthood-helena-2443-90790?utm_campaign=helena-health-center&utm_medium=organic&utm_source=local-listing

Education information, medical services, supplies and supervision for medically approved birth control methods. Abortion services, pelvic exams, pregnancy tests, blood pressure checks, STD, HIV/AIDS testing and counseling. Infertility, tubal ligation and vasectomy counseling and referral. Medicaid patients accepted as well as insurance.

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Housing Services

Friendship Center

1430 Sander St, Helena MT 59601

Phone: 1-800-248-3166 or 406-442-6800 (Call 24/7)

Website: <http://thefriendshipcenter.org/>

Hours: Monday – Thursday 9am – 5pm, Friday 9am-4pm or by appt.

Email: officem@thefriendshipcenter.org

The Friendship Center is the only shelter in Lewis and Clark, Jefferson, and Broadwater Counties that provides a safe haven and a broad range of support services at no charge for anyone who has experienced domestic violence, sexual assault, dating violence or stalking. Services include safe shelter, counseling, domestic violence and sexual assault groups, case management, sexual assault outreach program, crime victim advocate program, 24-hour crisis line, order of protection assistance, community education and outreach, and legal advocacy.

Helena Area: Habitat for Humanity

ReStore: 1531 National Ave. Helena, MT 59601

Mailing address: P.O. Box 459 Helena, MT 59624

Office: 432 N. Last Chance Gulch Ste. R Helena, MT 59501

Phone: 406-449-4663

Office hours: Mon, Wed, Thurs, Fri 9:00 AM - 2:00 PM and Tues 10:30 AM - 2:00 PM

Website: <http://www.helenahabitat.org/>

Helena Area Habitat for Humanity is dedicated to eliminating substandard housing locally and worldwide through constructing, rehabilitating and preserving homes; by advocating for fair and just housing policies; and by providing training and access to resources to help families improve their shelter conditions.

Affordable Housing at Broadwater Village

1427 Broadwater Circle Helena, MT, 59601

(406) 442-2429

Website: www.tamarackpm.com

Hours: Mon-Friday 8:30 am – 1:00 pm

Contact person: Lynn, Supervising Property Manager, broadwater@tamarackpm.com

Housing for low to moderate income families.

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Legal Services

ACLU: Montana

Mailing address: P.O. Box 1317 Helena, MT 59624

Phone: 406-443-8590 Fax: 406-794-0618

Website: <https://www.aclumontana.org>

Hours: Monday- Friday 9:00 am -5:00 pm

Email: aclu@aclumontana.org

Our mission is to advance, preserve, and defend civil liberties on a case-by-case basis, through legislative advocacy, and public education efforts.

Citizens' Advocate Office

1301 E. 6th Avenue Helena, MT 59620-0803

Phone: (800) 332-2272 or (406) 444-3468

Website: <http://citizensadvocate.mt.gov>

Hours: Monday-Friday 8:00 am-5:00 pm

Contact person: Tyler, Citizen Advocate, citizensadvocate@mt.gov

Assists with questions, problems, and/or complaints related to state agencies. Not legal counsel.

Human Rights Bureau

Mailing address: PO Box 1728, Helena, MT 59624-1728

Physical address: located at 1625 11th Avenue, Helena, MT 59601

Phone: (800) 542-0807 or (406) 444-2884

Website <https://erd.dli.mt.gov/human-rights/>

Administrative body that processes and investigates complaints of illegal discrimination in the state of Montana.

Justice Court of Lewis & Clark County

228 Broadway, Room 102, Helena, MT 59601

Civil/Small Claims matters: 406-447-8201, Criminal matters: 406-447-8202

Fax: 406-447-8269

Hours: Monday-Friday 8:00 am – 4:00 pm

Website: <http://www.lccountymt.gov/justice-court.html>

Contact person: Justice of the Peace, Michael G. Swingley, mswingley@lccountymt.gov

Justice Court is the judicial branch of County government responsible for the processing of all misdemeanor offenses, both traffic, criminal and animal control violations that occur within Lewis and Clark County. It is the court wherein nearly all felony cases that occur within Lewis and Clark County are initially filed.

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Lewis & Clark County Attorney

228 Broadway Helena, MT 59601

Phone: (406) 447-8221

Hours: Monday-Friday 8:00 am – 5:00 pm

Website: <http://www.lccountymt.gov/county-attorney.html>

Email: countyattorney@lccountymt.gov

The County Attorney's Office is responsible for the prosecution of criminal offenses committed within Lewis and Clark County. It represents the State of Montana in child abuse and child neglect cases, as well as juvenile court proceedings. The County Attorney serves as the attorney for County government, including all agencies and boards. The Civil Division handles involuntary commitments for those who are "seriously mentally ill" and assists the state with involuntary commitment for those who are "seriously developmentally disabled" who are residents of the county.

Montana Legal Services Association (MLSA)

616 Helena Ave, Ste 100 Helena, MT 59601

Phone: (800) 666-6899

Intake hours: Monday-Friday 9:00 AM – 1:00 PM (not currently accepting walk-ins due to covid-19).

Website: <http://www.mtlsa.org/>

Montana Legal Services Association (MLSA) is a law firm that empowers low-income people by providing legal information, advice, and other services free of charge. MLSA works both on individual cases and under a systemic approach to help low-income people escape domestic violence, keep their housing, preserve their public benefits, protect their finances, and more. Must be federal poverty level qualified and have limited assets.

Office of Consumer Protection

Physical: 555 Fuller Ave. Helena, MT 59601

P.O. Box 200151 Helena, MT 59620-0151

Phone: 1-800-481-6896 or 406-444-4500

Hours: Monday-Friday 8:00 am – 5:00 pm

Website: <https://dojmt.gov/consumer>

Email: contactocp@mt.gov

Assists with issues regarding consumer protection and informs consumers about their rights. Provides informal mediation between consumers and businesses, and accepting reports of scams.

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Office of Fair Hearings

Physical address: 2401 Colonial Drive, 3rd Floor, Helena, MT 59620

Mailing address: PO Box 202953 Helena, MT 59620

Phone: (406) 444-2470

Hours: Monday-Friday 8:00 am-5:00 pm

Website: <http://www.dphhs.mt.gov/fairhearings>

Email: hhsofh@mt.gov

*Provides administrative hearings for those who have been **negatively** impacted by a government program/department/agency. For people who are already receiving public assistance, including nursing home discharges, SNAP, VocRehab, daycare licensing etc.*

Office of Victim Services

Physical address: 555 Fuller Ave. Helena, MT 59601

Mailing address: PO Box 201410 Helena, MT 59620-1410

Phone: 1-800-498-6455 or 406-444-3653

Hours: Monday- Friday 8:00 am-5:00 pm

Contact person: Marcie dojovs@mt.gov

More info: <https://dojmt.gov/victims/>

Provides direct services to victims of violent crimes and processes compensation claims for those who have been injured or killed as a result of crime, and an address confidential program for victims.

State Law Library Self-Help Law Center

215 North Sanders Street Helena, MT 59620

Phone: (406) 444-9300

Hours: Tuesdays & Thursdays: 10am-4pm for walk-ins and appointments

Website: <https://courts.mt.gov/SelfHelp/>

Email: statelawlibraryselfhelp@mt.gov

Provides legal forms, information, references, and resource referrals to citizens dealing with civil matters.

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Native American Services

Helena Indian Alliance

Physical Address: 501 Euclid Ave, Helena, MT, 59601

Mailing address: 501 Euclid Ave. Helena, MT 59601

Phone: (406) 449-5796

Fax: (406) 449-5797

Website: <https://www.hia-mt.org/>

Contact person: Kevin, kevin@helenaindianalliance.com

Nonprofit organization established to develop, implement, and maintain cultural, social, and economic programs for families, seniors, and youth. Services include tobacco abuse prevention program, senior lunch program, CA traditional healing, ambulatory primary care clinic, diabetes foot clinic, substance abuse counseling, education of the affordable care act, behavioral health department, mental health and social services, Blackfeet service unit transportation, apply for Medicaid, afterschool youth program, and mental health services.

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Senior Services

Meals on Wheels

Phone: (406) 447-1680

<https://www.rmdc.net/what-we-do/senior-services/senior-nutrition/meals-on-wheels.html>

Meals are delivered 5 days a week, between 10 am and 3 pm and can be arranged for any days you want. You do not need to request meals all 5 days of the week. Meal cost for individuals who are 60 and older is a suggested minimum donation of \$4.00 per meal. For individuals who are younger than 60, there is a required \$7.00 per meal cost. Meals on Wheels program sends a monthly statement to trigger payment. Meals on Wheels can be requested immediately. Call (406) 457-7361 or (406) 447-1680 with questions or to request delivery.

Senior and Long Term Care Division

2030 11th Avenue Helena, MT 59601

Elder Abuse phone line at (800) 551-3191,

Aging Services phone line at (800) 332-2272 or (406) 444-4077

Website: <http://dphhs.mt.gov/slrc/services/aging/lcambudsman>

Hours: Monday-Friday 8:00 am-5:00 pm

Email: Barb Smith, Administrator Barbarasmith@mt.gov

Provides protection and intervention services for senior citizens who are being abused, legal access for the elderly and general information and assistance on various issues involving seniors.

Lewis & Clark County Resource Guide

Transportation

Capital Transit

Office: 1415 N. Montana Ave. Helena, MT 59601

Phone: (406) 447-8080

Website: <http://www.ridethecapitalt.org/>

Office Hours: Monday-Friday 8:00 am – 12:00 pm, 1:00 pm - 5:00 pm

*Helena's Public bus system. Discounts for age 55+ and those with disabilities. Drivers do not carry change. Please have exact change when purchasing tickets, tokens, or passes. In addition to paying when you board, tokens and passes can be bought in advance at the transit office and online. **Fixed Route: General \$0.85, ADA Eligible \$0.50, All-Day Pass\$2.60, ADA Para-Transit: ADA Eligible*\$0.85*Attendants and children under six ride free, and the East Valley/East Helena Route.***

Lewis & Clark County Resource Guide

Veterans

Veteran Crisis Hotline

1-800-273-8255

www.veteran Crisis line.net

Disabled American Veterans- Helena

3633 Veterans Dr. Ste 110B Fort Harrison, MT 59636

Phone: (406) 495-2089

Fax: (406) 495-2008

Office Hours: Monday-Friday 9:00 am-4:00 pm, prefers apt. but always accepts walk-ins

Email: DAV.vbashm@va.gov

Website: <https://www.dav.org/veterans/find-your-local-office/>

The DAV is dedicated to empowering veterans to lead high-quality lives with respect and dignity. They accomplish this by ensuring that veterans and their families can access the full range of benefits available to them and educating the public about the great sacrifices and needs of veterans transitioning back to civilian life.

American Legion of Montana Headquarters

Physical Address: 1956 Majo Ft. Harrison, MT 59636 Room 112

Mailing Address: PO Box 6075 Helena, MT 59604

Phone: (406) 324-3989

Fax: (406) 226-7462

Website: <http://mtlegion.org/>

Office Hours: Monday - Friday 7:30 AM - 3:00 PM

Email: amlegmt29@mtlegion.org

TFA grant--applicant must have served under Title 10 orders and provide copies of documentation. If they joined after 1990, their basic training orders will show Title 10 and they may also have a DD214 reflecting Title 10 orders. They will need copies of children's birth certificates and marriage license. Assistance is provided ONLY for Families with children in the household.

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Montana Veterans Affairs

Physical Address: 1900 Williams St. Helena, MT 59604-5715

Mailing Address: P.O. Box 5715 Helena, MT 59604-5715

Phone: (406) 324-3740

Fax: 406-226-7459

Website: <http://montanadma.org/montanaveterans-affairs>

Hours: Monday-Friday 8:00 am-5:00 pm

Contact person: LeeAnn Hall, lehall@mt.gov

Provides general services, assistance, and resource referrals for veterans and their families; suicide prevention hotline 1 (800)-273-8255.

VA Montana Health Care System

3687 Veterans Dr. Fort Harrison, MT 59636

Mailing Address: P.O. Box 1500 Fort Harrison, MT 59636

Phone: 406-442-6410 or 877-468-8387

Fax: 406-447-7916

Website: <https://www.montana.va.gov/locations/>

Office Hours: Monday-Friday, 8:00 am - 4:30 pm, (24 Hrs 844-819-0833)

Fort Harrison (Helena) is a 34-bed acute care, medical-surgical facility that offers a broad range of acute, chronic, and specialized inpatient and outpatient services for both male and female veterans. Specialty care includes internal medicine, gerontology, neurology, dermatology, cardiology, palliative care, pain management, medical oncology, surgery (general, vascular, laparoscopic, endoscopic), urology, orthopedics, plastic, ophthalmology, ENT, podiatry, gynecology, chiropractic care, psychiatry (including outpatient substance abuse treatment and PTSD and MST specific care), and ambulatory care (primary care). Radiology Service provides a broad range of diagnostic and interventional care provided on a full time basis. Pathology Services are available on site also provided on a full time basis. Telemedicine services are available for psychiatry, radiology, gynecology, primary care, ophthalmology and tele-home health. The additional 24-bed inpatient mental health facility serves patients needing treatment for PTSD and Substance Abuse.

Lewis & Clark County Resource Guide

Women's Resources

Florence Crittenton Home

901 N. Harris, Helena, MT, 59601
Phone: (406) 442-6950
Fax: (406) 442-6571
Website: www.florencecrittenton.org
Email: inquiries@florencecrittenton.org
Office Hours: Monday-Friday 9:00 am-5:00 pm

Offers residential group home care for pregnant and parenting adolescent women, providing home visits with SAFEcare and PAP program.

Women's Reproductive and Sexual Health

1400 East Broadway Street, A116, Helena, MT 59620
Phone: (406) 444-0983
Fax: (406) 444-2750
Website: <https://dphhs.mt.gov/ecfsd/familyplanning/ReproductiveAndSexualHealth>
Hours: Monday- Friday 8:00 am-5:00 pm

Provides referrals to family planning clinics which can provide assistance with birth control counseling, physical exams, pregnancy testing, counseling, HIV/STD tests, teen pregnancy prevention, rape prevention education and more.

Options Clinic

1005 Partridge Place, Ste. 1 Helena MT 59602
Phone: (406) 422-1011
Website: optionshelena.org/
Email: info@OptionsHelena.org
Hours: Monday-Thursday 11:00 am – 4:00pm, Friday 8:30 am-12:30 pm

Accredited medical clinic that provides free/low-cost services include: pregnancy testing, early obstetrical ultrasound, prenatal and parenting classes, maternity and baby supplies and STD education.

Lewis & Clark County Resource Guide

Planned Parenthood Helena

1500 Cannon, Helena, MT, 59601

Phone: (406) 443-7676

Fax: (406)457-2381

<https://www.plannedparenthood.org> (Enter 59601 for zip code)

Hours: Monday 8-5:30 pm, Wednesday 11:00 am- 7:00 pm, Friday 8:00 am-5:30 pm,
Closed Major holidays

Education information, medical services, supplies and supervision for medically approved birth control methods. Abortion services, pelvic exams, pregnancy tests, blood pressure checks, STD, HIV/AIDS testing and counseling. Infertility, tubal ligation and vasectomy counseling and referral. Medicaid patients accepted as well as insurance.

Mission Statement: Planned Parenthood of Montana believes in universal access, without barriers, to cutting-edge sexual and reproductive health care for all people. We constantly work towards a Montana where all are free to express their sexual and gender identities, where birth control is easily accessible at no-cost to patients, where all feel welcome and accepted in our health centers, where medically accurate sex education is guaranteed, and where access to a stigma-free abortion is protected. To ensure this vision, we strive for a Montana where elected leaders support and publicly fund these services, where Planned Parenthood cultivates the next generation of leaders who will ensure universal reproductive health care for all Montanans, and where Planned Parenthood continues to adapt and evolve to meet the sexual and reproductive health needs of all people

Lewis & Clark County Resource Guide

Young Women's Christian Association of Helena (YWCA)

501 North Park Avenue

Helena, MT 59624-0518

(406) 442-8774 (Phone)

(406) 442-0428 (Fax)

Website: <https://www.ywcahelena.org/>

Hours: Monday – Friday 8:00-4:00pm

Service Overview: *YWCA Helena provides security, confidence and stability for women and children in Helena, Montana.*

We host a 12-room program for women and children experiencing homelessness and a 12-room program focused on women in chemical dependency recovery. We serve up to 24 women (and their children) in any given moment. We offer a safe, comfortable, and confidential place for parents and children to build positive relationships.

Program Overviews:

WINGS: *Women Initiating New Growth and Stability (WINGS) is a 12 bed, residential sober living facility that provides stability and safety for women (and their children) who are transitioning from stories of addiction and homelessness to self-sufficiency and healthy lives.*

Each WINGS participant is provided full wrap-around services such as case management and licensed therapy.

Caterpillars Parenting Center: *Caterpillars Parenting Center offers child-focused services that assist in the continued contact between non-custodial parents and their children. Includes: Circle of Security parenting classes, Safe Exchange and Supervised visitation services.*

HOME: *YWCA Helena has 10 units that house low-income women who are at risk of homelessness. These units are designed for women who earn below 50% of area median income. YWCA Helena significantly subsidizes the rent for these units in an effort to increase affordable housing opportunities for low and very low-income women. YWCA HOME units are designed to help women move beyond transitional housing and prepare low-income women for long-term and permanent community based housing.*

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Other

Helena Adult Learning

1115 N. Roberts St. Room 117 Helena, MT 59601

Phone: (406) 447-6387

Website: <https://helenaschools.org/departments/adult-education/>

Contact person: Darlene, Secretary: Darlene.peterson@umhelena.edu

Hours: Monday-Thursday 7:30am-4:00 pm, Friday 7:30am-3:30 pm

Helena Afghan Refugee Resettlement Team

Phone: (406) 439-3580

Website: <http://handsonglobal.org/>

Contact person: Valerie Hellermann valerie.handsonglobal@gmail.com

“Hands on Global serves disadvantaged, underserved and displaced people hand-to-hand and heart-to-heart by providing medical support.”

Lewis and Clark Library

120 S. Last Chance Gulch, Helena, MT 59601

Phone: (406) 447-1690

Fax: (406) 447-1687

Website: <https://www.lclibrary.org/>

Hours: Monday-Friday: 10am-8pm, Saturday & Sunday: 1pm -5pm. Closed Major Holidays

Computer Classes, Teen and children programs, Internet access, Interlibrary loan system, books, audio books, video games, movies, rent wifi hotspots to take home, Discovery passes to the historical society sites, all available at no cost to Lewis & County residents, but out of county residents must pay a fee to use the services.

East Helena Lewis & Clark Branch Library

Physical address: 16 E. Main St. East Helena, MT 59635

Mailing Address: P.O. Box 1398 East Helena, MT 59635

Phone: (406) 227-5750

Fax: (406) 227-5751

Website: <https://www.lclibrary.org/144/East-Helena>

Hours: Monday-Wednesday: 10am-6pm, Thursday & Friday: 10am-5pm, Saturday: 10am-1pm

Contact person: Diane Potter, Branch Librarian dpotter@lclibrary.org