Table of Contents

Child Services	2
Disability Resources	3-4
Financial Resources	4-5
Food Services	5-6
Health	6-8
Housing Resources	9-10
Legal Resources	10-11
Seniors	12-13
Veteran's Resources	13-14
Other	13-16

Child Services

Child Support Enforcement Division (CSED) - Region 4 Office

https://dphhs.mt.gov/cssd/

Address: 129 W Park St Ste 201 Butte, MT 59701

Phone: (406) 497-6600

Mission Statement: The mission of the Child Support Enforcement Division (CSED) of the Montana Department of Public Health and Human Services is to diligently pursue and ultimately achieve financial and medical support of children by establishing, enforcing, and increasing public awareness of parental obligations.

Head Start – Central Montana Office

www.cmheadstart.org

Address: 25 Meadow Lark Lane, Lewistown, MT 59457

Phone: (406) 535-7751

Mission Statement: Central Montana Head Start is a nurturing and supportive non-profit organization which strengthens and empowers children, families, and communities.

Healthy Montana Kids

https://dphhs.mt.gov/hmk/

Eligibility questions, call the Public Assistance

Help Line: (888) 706-1535

About: Healthy Montana Kids (HMK), Children's Health Insurance Plan is just one of many Montana Healthcare Programs offering a free or low-cost health insurance plan which provides coverage to eligible Montana children up to age 19.

Montana Immunization Program

Contact information: n/a

https://dphhs.mt.gov/publichealth/immunization/vaccinesforchildren/

Disability Resources

AWARE - Billings Office

www.aware-inc.org

Address: 1050 S. 25th Street West, Suite 2, Billings, MT 59102

Phone: (406) 656-0928

About: AWARE Inc., a private, non-profit corporation, provides quality community-based services to adults and children with challenging mental, emotional, and in some cases, physical needs who would otherwise be served in a more restrictive setting...or perhaps would not be served at all.

Vocational Rehabilitation Program & Blind & Low Vision Services

https://dphhs.mt.gov/detd/blvs/blvs-vr

Address: 2121 Rosebud Dr., Suite C-1, Billings, MT 59102

Voice/TTY: (406)-248-4801 **Toll-Free:** (888)-279-7532

Fax: (406)-652-1781

Mission Statement: Our mission is to advance work and independence for Montanans with blindness or visual disabilities. Blind and Low Vision Services provides services through three programs to assist individuals in finding or maintaining employment, learning to live with low vision or blindness, and increasing independence.

Developmental Disabilities Region III Office

https://dphhs.mt.gov/dsd/developmentaldisabilities/developmentaldisabilitiesregionaloffices

Address: 2121 Rosebud Dr., Suite H, Billings, MT 59102

Phone: (406) 259-8122 **Fax:** (406) 652-1895

About: Create a system that coordinates resources, supports and services for people to have meaningful lives in their communities.

Disability Rights Montana

www.disabilityrightsmt.org

Address: 1022 Chestnut Street, Helena, MT 59601

Voice/VP: (406) 449-2344 Toll Free: 1-(800)-245-4743

Fax: (406)-449-2418

Email: Advocate@DisabilityRlghtsMT.org

About: Protects and advocates for the human, legal and civil rights of Montanans with

disabilities while advancing dignity, equality and self-determination.

Financial Resources

Golden Valley County Revolving Loan Fund

Address: P.O. Box 10 Ryegate, MT 59074

Phone: (406)-568-2231

Email: contact@co.golden-valley.mt.us Or treasurer@goldenvalleymt.og

About: This fund was put into place by the Montana Community Development Block Grant Program. A new business or an existing business moving into the county may be eligible for assistance through the Golden Valley Revolving Loan program. Following are some criteria that an eligible business might possess: long term benefit to the community, maintain or create jobs within the community, increase basic economic activity within the county, and produce goods or services useful to the community which may have been sought previously outside the county.

Rural Dynamics

www.ruraldynamics.org

Address: 410 Central Avenue Ste 401 & 402, Great Falls, MT 59401

Phone: (406)-454-5709 **Toll Free:** 1-(877)-275-2227

About: Helps individuals achieve financial security, specifically in rural communities. This includes credit building, debt management, budgeting help, and financial education.

Rural Employment Opportunity (REO)

www.reomontana.org

Address: 2121 Grand Avenue – Suite 2, Billings, MT 59102

Toll Free: 1-(800)-546-1140

Fax: (406)-652-0444

Email: info@reomontana.org

About: REO offers job placements and career training for seasonal agriculture workers, their spouses and their dependents. Our goal is to help our participants get the education and training they need to obtain better quality jobs that will benefit them and their families.

United Way of Yellowstone County

https://www.unitedwayyellowstone.org/

Address: 2173 Overland Ave, Billings, MT 59102

Phone: (406) 252-3839 **Fax:** (406) 252-3830

About: The United Way of Yellowstone County is the primary community-building organization. We provide leadership to effectively mobilize people. Financial and strategic resources to improve people's lives. We identify and address priority needs and provide solutions that achieve measurable results and sustained community change.

Food Services

Montana Food Bank Network

<u>www.mfbn.org/get-help</u> takes you to an interactive map where you can find up-to-date information on your local foodbank and food resources near you.

Address: 5625 Express Way, Missoula, MT 59808

Phone: (406) 721-3825 Email: info@mfbn.org

About: The Mission of the Montana Food Bank Network is to end hunger in Montana through food acquisition and distribution, education and advocacy.

Montana Women, Infants and Children (WIC) Program

https://dphhs.mt.gov/ecfsd/wic/

Physical location: 1625 11th Ave, USF&G Building (Basement) Helena, MT 59620

Mailing address: P.O. Box 4210, Helena, MT 59620

Phone: (406) 444-5533

Toll Free Phone: 1-(800)-433-4298

About: WIC is the Special Supplemental Nutrition Program for Women, Infants and Children. This public health program is designed to improve health outcomes and influence lifetime nutrition and health behaviors in a targeted, at-risk population. Nutrition education is the cornerstone of the WIC Program.

Musselshell County Food Bank

Address: 117 7th Ave W, Roundup, MT 59072

Phone: (406) 323-2180

Hours: 9AM – 1PM Thursdays and Fridays. Senior Day 1st Monday of the month 9 AM – 1 PM

Supplemental Nutrition Assistance Program (SNAP) - Contact Office of Public Assistance

Office of Public Assistance, Lewistown Office

https://dphhs.mt.gov/hcsd/officeofpublicassistance

Address: 312 Birch Street, Suite 1, Lewistown, MT 59457

Phone: 1-(888)-706-1535

Email: hhshcsopafergus@mt.gov
Hours: Monday-Friday 8am-5pm

Office of Public Assistance, Billings Office

https://dphhs.mt.gov/hcsd/officeofpublicassistance

Address: 111 N. 31st Street, Billings, MT 59101

Phone: 1-(888)-706-1535

Email: hhshcopyellowstone@mt.gov

About: Income-based food purchasing assistance.

Health

Addictive and Mental Disorders Division

Address: 100 North Park, Suite 300 Helena, MT 59620

Phone: (406) 444-3964

Website: https://dphhs.mt.gov/amdd/

Mission: The mission of the Addictive and Mental Disorders Division (AMDD) of the Montana Department of Public Health and Human Services is to implement and improve an appropriate statewide system of prevention, treatment, care and rehabilitation for Montanans with mental disorders or addictions to drugs or alcohol. AMDD provides substance abuse and adult mental health services by contracting with behavioral health providers throughout Montana.

Alcoholics Anonymous (A.A.), Area 40

Need help with your drinking problem? Find an Alcoholics Anonymous (A.A.) meeting near you by going to www.aa-montana.org

Hotline: 1-(833) 800-8553

AA Meetings in Roundup

Meeting Area: Emmanuel Baptist Church Address: 602 Main St. Roundup, MT 59072

Days: Tuesday, Friday. 1st Friday is a speaker, and discussions take place on the other Fridays.

Time: 7:00PM

AA Meeting in Harlowton

Meeting Area: American Lutheran Church

Address: 311 E Division St, Harlowton, MT 59036

Days: Monday **Time:** 7:00PM

AA Meeting in Harlowton

Meeting Area: Wheatland Hospital-Community Room

Address: 530 3rd St NW, Harlowton, MT 59036

Days: Wednesday

Time: 7:00PM

AA Meetings in Lewistown

Address: 201 4th Ave N, Lewistown, MT 59457

Days: Sunday 10AM, 8PM; Monday 12PM, 8PM; Tuesday 12PM, 8PM; Wednesday 12PM, 7PM;

Thursday 12PM, 8PM; Friday 12PM, 7PM; Saturday 10AM, 8PM.

Social Security Administration

Address: 2900 4th Ave N, #304, Billings, MT 59101

Toll Free: 1-(800)-772-1213

About: Local social security offices in Billings, MT offer information, help and services handled by the Social Security Administration. Services typically available include:

Apply for Retirement Benefits

• Apply for Disability – SSDI, Supplemental Security Income (SSI)

Apply for Medicare

• Help With Medicare Prescription Drugs

• Check on Application Status

Appeal a Decision

• Obtain Forms and Publications

Obtain a Social Security Card

Request a Replacement Social Security Card

Replacement Medicare Card

South Central Montana Regional Mental Health Center

http://www.mhcbillings.org/

Address: 2125 8th Ave N Billings, MT 59101

Phone: (406) 252-5658

Toll-Free: 1-(800)-266-7198

About: MHC professionals specialize in promoting all areas of mental wellness. Managing issues of stress, grief, anxiety, depression, chemical dependency and other addictions are just a few of the services offered. Each year thousands of men, women and children are assisted in their search for solutions. Regardless of economic, educational or social status, one U.S. citizen in four suffers from a mental disorder. Professionals at the Mental Health Center believe seeking help should be an easy and positive experience.

State Health and Insurance Assistance Program (SHIP)

https://dphhs.mt.gov/SLTC/aging/SHIP

Physical Address: Area II Agency on Aging 1502 4th Street West, Roundup, MT 59072

Mailing Address: P.O. Box 127, Roundup, MT 59072

Phone: (406) 323-1320 Toll Free: 1-800-551-3191

Fax: (406) 323-3859

About: The Montana SHIP (State Health Insurance Counseling Program) provides information, counseling, and assistance to Montana Medicare beneficiaries, family members, caregivers, and local professionals. Montana SHIP is a statewide network of volunteers and staff who are trained to deliver the most current Medicare information available.

Housing Resources

Energy Share of Montana

www.energysharemt.com

Address: 3117 Cooney Drive, Suite 102, Helena, MT 59602

Phone: (406) 442-4900 **Toll Free:** 1 (888) 779-7589

Fax: 406-442-4300

Email: contactus@energysharemt.com

About: Energy Share of Montana is a nonprofit organization that helps Montanans overcome

energy emergencies and move toward self-reliance.

Human Resources Development Council, District VI

www.hrdc6.org

Address: 300 1st Avenue North, Suite 203, Lewistown, MT 59457

Phone: (406) 535-7488 **Toll Free:** 1-800-766-3018

Fax: (406) 535-2843

About: District 6 HRDC is a community-based, nonprofit organization that partners with government, private entities and other nonprofit organizations to provide comprehensive services needed to help low-income individuals and families become self-sustaining and productive members of our community.

Housing and Urban Development (HUD)

https://portal.hud.gov/hudportal/HUD?src=/states/montana/offices

Address: 901 Front Street, Suite 1300, Helena MT 59626

Phone: (406) 449-5050 **Toll Free:** 1-(800) 877-8339

Fax: (406) 449-5052

Montana Housing Division

www.housing.mt.gov

Physical Location: 301 S. Park Ave Helena MT 59620 Mailing Address: PO Box 200528, Helena MT 59620

Phone: (406) 841-2840

Toll Free Phone: 406-841-2872

Fax: (406) 841-2841

About: The Housing Division's purpose is to create affordable housing opportunities for

Montanans whose needs are not met by the market.

Legal Resources

Golden Valley County Attorney

County Attorney Kevin Peterson

https://gvcomt.wordpress.com/golden-valley-county-departments/

Address: 107 Kemp St, Ryegate, MT 59074

Phone: (406) 568-2272

Montana Citizens Advocate Office

State Capitol Building 1301 E 6th Ave, Helena, MT 59601

Phone: (406) 444-5364 **TTY:** (855)-318-1330

Email: citizensadvocate@mt.gov

About: The office plays many roles, including serving as the hotline for the Office on Aging, Food Stamps and LIEAP. The Citizens Advocate Office is the best place a person can call with any complaint against state government. The Citizens' Advocate and the Assistant Citizens'

Advocate try to leave no stone unturned to help anyone who contacts the office. The Citizens' Advocate Office does not offer legal counsel or advice.

Montana Legal Services Association (MLSA)

Address: 207 N Broadway Ste. 430, Billings, MT 59101

Toll Free Helpline: 1-800-666-6899

Fax: 406-252-6055

Apply Online: www.mtlsa.org

About: Provides civil legal assistance to low income Montanans throughout the state.

Hours: Monday-Thursday 9-4, Lunch 12-2, Fridays Appointment Only

www.MontanaLawHelp.org

Office of Consumer Protection and Victim Services

www.dojmt.gov/consumer

Physical Address: 555 Fuller Avenue, Helena, MT 59620 **Mailing Address:** P.O. Box 200151, Helena, MT 59620-0151

Toll Free: 800-481-6896 Phone: (406) 444-4500 Email: contactocp@mt.gov

About: The Office of Consumer Protection seeks to protect Montana consumers from, and educate them about, harmful and unfair practices by retail businesses. The Consumer Protection Act prohibits businesses from taking advantage of consumers. The Office of Consumer Protection also receives reports about scams from consumers.

Yellowstone County Self-Help Law Center

Address: 216 N 29th St. Billings, MT 59101

https://courts.mt.gov/SelfHelp/SouthEastRegion

Phone: (406)-869-3531 or (406) 869-3532 Email: yellowstonecountyselfhelp@mt.gov

About: The Court Help Program is a free service provided by the Montana Supreme Court to assist people with civil, non-criminal legal problems. Our goal is to give you the information you need to understand your legal rights and responsibilities and to help you resolve your legal problems on your own if you cannot afford an attorney or if you choose not to hire one.

Hours: Monday-Thursday 9-4, Lunch 1-2, Fridays Appointment Only

Seniors

Adult Protective Services

http://dphhs.mt.gov/SLTC/APS

Address: 2121 Rosebud Drive Suite D, Billings MT 59102

Phone: 1 (844) 277-9300

Mission Statement: Adult Protective Services Specialists help to protect vulnerable adults from abuse, neglect and exploitation. They help end abuse by matching the needs of the person, with community partners in their area. Partners like mental health, public health, law enforcement, the courts, the aging network, community groups and the public.

Area II Agency on Aging https://area2aging.org/

Physical location: 1502 4th St W, Roundup, MT 59072 **Mailing address:** PO Box 127, Roundup, MT 59072

Phone: (406) 323-1320 **Toll Free:** 1-800-551-3191

Fax: (406) 323-3859

Mission Statement: Montana's Area Agencies on Aging are public or private nonprofit agencies, designated by the Aging Services Bureau, to address the needs and concerns of older Montanans at the local level. Every Area Agency on Aging is required to have an advisory council, comprised primarily of older persons, to review and comment on all programs affecting the elderly at the community level.

Benefits Spectrum Lewistown

Address: 315 North 24th St. Lower Level, Billings, MT 59101

Phone: (406)-245-1014 **Hours:** *Monday-Friday 8-5*

About: Services are provided for the elderly, physically disabled and those with mental illness. Services are designed to promote independence, consumer choice, and participation in the

delivery of health care in the home environment.

Long Term Care Ombudsman (Area II)

https://dphhs.mt.gov/sltc/aging/longtermcareombudsman

Karen Ulrickson, Regional Ombudsman **Address:** PO Box 417, Fromberg MT 59029

Phone: (406) 860-9993

Email: regionalombudsman@area2aging.org

The Long Term Care Ombudsman program works on behalf of residents in long term care

facilities and Assisted Living facilities.

Musselshell Council on Aging

https://musselshellcounty.org/services/senior-services/

Brenda Vescovi, Director

Address: 610 2nd St W, Roundup, MT 59072

Phone: (406)-323-2015

Hours: Monday, Tuesday, Thursday 9-2, Wednesday 9-12

Veteran's Resources

American Legion of Montana - District #9

https://mtlegion.org/

1956 Mt. Majo, Fort Harrison, MT 59636

Phone: (406) 324-3989

Department Commander: Glen Sharbono **South Central Zone:** Demorise Allen-Garneill

Organization for veterans dedicated to mentoring youth and honoring fellow veterans.

VA Hospital

https://www.va.gov/directory/guide/facility.asp?id=51

Physical Address: 3687 Veterans Dr., Fort Harrison, MT 59636 **Mailing Address:** P.O. Box 1500, Fort Harrison, MT 59636

Phone: (406)-442-6410 **Fax:** (406)-447-7916

About: VA Montana Health Care System offers a variety of health services to meet the needs of

our nation's Veterans.

Veterans of Foreign Wars

https://www.vfw.org/

Post 1551 - Harlowton

Address: Vets Club 19 3rd St. NE, Harlowton, MT 59036

Phone: (406) 632-5511

Quartermaster: Raymond Pidcock

Commander: Jack Barnhart

Meeting Times: Meets at 7 PM every 2nd Wednesday of the month

Post 4925 – Roundup

https://www.vfw.org/

Address: Musselshell Valley Historical Museum Basement 524 1st St W Roundup, MT 59072

Quartermaster: Ron Carlson **Commander:** Bill Turner

Meeting Times: Meets at 6:30 PM every 2nd Thursday of the month

Phone: (406) 323-3863

Other

Disaster and Emergency Services, District 5

https://des.mt.gov/

Address: 107 Kemp St, Ryegate, MT 59704

Phone: (406) 568-2321

Contact person: Robert Pallas

Golden Valley County Sheriff's Office

https://gvcomt.wordpress.com/golden-valley-co-sheriff/

Phone: (406) 568-2321

Email: sheriff@goldenvalleymt.org

Physical address: 107 Kemp-P.O. Box 10, Ryegate, MT 59074

Contact person: Robert Pallas, Sheriff

Governor's Office of Indian Affairs

https://tribalnations.mt.gov/

Contact Person: Misty Kuhl, State Director of Indian Affairs

Address: State Capitol Bldg, 2nd Floor Rm. 200, P.O. Box 200801, Helena, MT 59620

Phone: (406) 444-3111 Fax: (406) 444-1350 Email: oia@mt.gov

About: Facilitates effective communications between the State of Montana and the Tribal

Nations of Montana.

Migrant and Seasonal Farmworkers Program (MSFW)

http://www.mtmigrantcouncil.org/

Phone (Fairview): (406) 742-5201

Physical location (Fairview): 35511 County Rd 134, Fairview, MT 59221

Phone (Billings): (406) 248-3149

Physical location (Billings): 3318 3rd Ave. N., Billings, MT 59101

Mission Statement: The Montana Migrant and Seasonal Farmworkers Council, Inc. (MMC) is a non-profit, private organization dedicated to improve the lives of agricultural workers and others living in rural poverty. Through our program, "Ag Worker Health & Services," we provide health clinic services to agricultural (ag) workers and their families.

Narcotics Anonymous

Narcotics Anonymous, Area 40 Montana

https://namontana.com/

National Helpline: 1-800-990-6262

Mission Statement: This is a program of complete abstinence from all drugs. There is only one requirement for membership: the desire to stop using. Check website for list of meeting times and places.

National Domestic Violence Hotline

https://www.thehotline.org/

Phone: 1-800-799-7233
Toll Free: 1-800-787-3224

About: Our phone and chat services are available to anyone who has been affected by relationship abuse, including those who are currently in abusive relationships, those who are working to heal, friends or family of victims and survivors and anyone in the community who has questions about domestic violence. We have the ability to provide phone services in more than 200 languages.

Office of Indian Affairs - Crow Nation

www.crow-nsn.gov

Physical Address: Crow Tribe Executive Branch 71 Heritage Road Crow Agency, MT 59022

Mailing Address: PO Box 159, Crow Agency MT 59022

Phone: (406) 638-1447

About: The Crow Reservation is located in southeastern Montana and is just south of Billings, Montana. This resource rich reservation is home to over 14,000 Crow enrolled tribal members and contains about 2,282,000 acres of land within its exterior boundary. There are about 1,511,975 acres of tribal and allotted surface trust acreage.

Office of Indian Affairs – Northern Cheyenne

www.cheyennenation.com

Physical Address: 600 Cheyenne Avenue-Little Wolf Capital Building, Lame Deer MT 59043

Mailing Address: PO Box 128, Lame Deer MT 59043

Phone: (406) 477-6284 **Fax:** (406) 477-6210

About: The Northern Cheyenne Indian Reservation is located in present-day southeastern Montana, and is approximately 444,000 acres in size with 99% tribal ownership. We have approximately 11,266 enrolled tribal members with about 5,012 residing on the reservation.

Rimrock Humane Society

Address: PO Box 834 Roundup, MT 59072

Phone: (406)-323-3687 **Fax:** (406) 323-1863

Hours: *Monday-Friday 8-5, Saturday 8-12* http://www.rimrockhumanesociety.org/

Mission Statement: To alleviate needless, inhumane suffering of animals and to bring to our region a higher level of compassion for the creatures who share our planet with us but who otherwise have no voice.