

Lake County Resource Guide

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This Resource Guide was prepared by Justice for Montanans AmeriCorps Members. Although we do our best to keep these guides current, please contact programs directly for the most accurate and up-to-date information. Last Updated: January 2024.

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Child and Family Services

Child and Family Services Division of DPHHS

49527 HWY 93, Polson, MT 59860

Phone: (406) 883-7850

Fax: (406) 883-3897

Child Abuse Hotline: 1(866) 820-5437

<http://dphhs.mt.gov/CFSD>

The CSSD provides the following child support services: locating parents, establishing paternity, establishing financial and medical support orders, enforcing child support orders, including medical support orders, and modifying child support orders.

Child Support Services Division of DPHHS (Region 5) (CSED)

2675 Palmer St., Suite C, Missoula, MT 59808

PO Box 202943, Helena, MT, 59620

Phone: (406) 329-7910

Email: <http://dphhs.mt.gov/CSED>

The CSSD provides the following child support services: locating parents, establishing paternity, establishing financial and medical support orders, enforcing child support orders, including medical support orders, and modifying child support orders.

Head Start Programs

Head Start promotes school readiness for children under 5 years, for low-income families with support services through education, health, social and other services. Family advocate services.

Polson

301 8th Ave W, Polson, MT 59860

Phone: (406) 883-5451

Pablo

36156 Division Street, Pablo, MT 59855

35639 Stranger Loop, Pablo, MT 59855

Phone: (406) 275-2777

Saint Ignatius (main office)

28 Toweepeh Ln, Saint Ignatius, MT 59865

307 Hwy. 93 South, Saint Ignatius, MT 59865

Phone: (406) 745-4509

Ronan

417 Andrew street

Phone: 406-745-4509

Nurturing Center

146 3rd Ave. W., Kalispell, MT 59901

Phone: (406) 756-1414

<https://nurturingcenter.org/>

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Provides a variety of services to strengthen families and support healthy nurturing environments including child care scholarships, healthy food program, child care provider services, child care services, and other family resources like Safe Havens supervised visitation

Disabilities

Disability Rights Montana

1022 Chestnut St., Helena, MT 59601

Phone: (406) 449-2344

Toll free: 1(800) 245-4743

Fax: (406) 449-2418

<http://disabilityrightsmt.org/>

Provides a wide net of services to people with disabilities through advocacy and legal representation

Opportunity Resources, Inc.

2821 S. Russell Street Missoula, MT 59801

Phone: (406) 721-2930

<https://www.orimt.org>

Supports individuals with disabilities, work programs, case management, art programs, residential properties, and specialized programs in Western Montana

Summit Independent Living

124 Main St, Ronan, MT 59864

Toll Free: 1(866) 230-6936

<http://www.summitilc.org/>

The Summit Independent Living Center is a non-residential Center for Independents that provides peer-delivered services that are unique in the world of human services and designed to give people with all types of disabilities the tools and resources that are needed to improve independence, self-confidence, knowledge, skills, and access to community resources.

Financial

CAPNM (Community Action Partnership of Northwestern Montana)

214 Main St., P.O. Box 8300, Kalispell, MT 59901 (Main Office)

Phone: (406) 752-6565 or 1(800) 344-5979

Lake County (by appointment only)

110 Main St, (Mezzanine Level), P.O. Box 132, Polson, MT 59860

Phone: (406) 883-3470 Toll Free: 1(800) 344-5979

<https://capnm.net/>

Offers a variety of services to increase financial security including financial literacy classes and employment training

OPA (Office of Public Assistance)

49627 Hwy 93, Polson, MT 59860

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Montana Public Assistance Helpline: 1(888) 706-1535

Email: hhshcsopalake@mt.gov

<http://dphhs.mt.gov/hcsd/OfficeofPublicAssistance>

Administers programs for low-income Montanans including SNAP, Medicaid, medical assistance, emergency aid for dependent children, and TANF

Food

Food Banks/Pantries

Bigfork Food Bank

7535 Hwy 35, Bigfork, MT 59911

Phone: (406) 837-2297

Food distribution: 1st & 3rd Tuesdays 4-6 pm & 2nd & 4th Tuesdays 9-1 pm

Bread Basket

10 6th Ave SW, P.O. Box 346, Ronan, MT 59864

Phone: (406) 676-4357

<http://ronanbreadbasket.org/>

Provides emergency food services (3-4 days' worth of food, once a month) to needy families in Ronan, Charlo, and Moiese areas, Tuesdays & Fridays 10-2pm, closed for lunch 12-12:30 pm

Food Distribution

410 Mountain View Dr., St. Ignatius, MT 59865

Phone: (406) 745-4115

Must live on an Indian Reservation

Lakeside West Shore Food Bank

7150 Hwy 93 S, P.O. Box 192, Lakeside, 59922

140 Bills Rd, Lakeside MT, 59922

Phone: (406) 844-2779 or (406) 261-4560

Rotation weekly -Mondays 4-6 pm & Tuesdays 9-11 am

Polson Loaves and Fish Pantry

904 1st Street E, Polson, MT 59860

Phone: (406) 883-6864

Food service for needy families in Lake County, Tuesday 2-6 pm & Friday 10-2 pm, call for donations

Health

Lake County Public Health

802 Main St A., Polson, MT 59860

Phone: (406) 883-7288

<https://lakecountypublichealth.org/>

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Public health education and disease prevention

Mental Health Crisis Line

Phone: (406) 752-6262

24-Hour crisis intervention line for mental health emergencies

Sunburst Community Service Foundation

Polson Office

103 Whitewater, Suite A, Polson, MT 59860

Phone: (406) 756-8721

(Ronan office)

11 Main St. SE, Ronan, MT

Saint Ignatius Office

109 1st Ave, St. Ignatius, MT 59865

Phone: (406) 745-3681

<https://www.sunburstfoundation.org/>

Provides licensed outpatient mental health services to children, adults and families including psychiatric assessments, medication management, chemical dependency counseling, therapy, community rehabilitation, vocational support, and case management at Polson and St. Ignatius locations.

Western Montana Mental Health Center Addiction Services

<http://www.wmmhc.org/>

Provides mental health and addiction services for individuals living in Lake County

Lake County WMMHC Addiction Services

802 E. Main St, Polson, MT 59860

Phone: (406) 883-7310

Fax: (406) 883-7312

Email: polson@wmmhc.org

Provides outpatient addiction services

Lake House Crisis Facility

7 13th Ave W, Polson, MT 59860

Phone: (406) 872-0474

Fax: (406) 278-6714

Email: polsonlakehouse@wmmhc.org

Provides short-term, intensive, inpatient support for adults experiencing a life-threatening crisis

Housing

CAPNM

214 Main St., P.O. Box 8300, Kalispell, MT 59901 (Main Office)

Phone: (406) 752-6565 or 1(800) 344-5979

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110 Main St, (Mezzanine Level) Polson, MT 59860
Phone: (406) 883-3470

Offers services for several housing specific needs, including a Section 8 Voucher program for very low-income people, a low income home ownership program (Community Land Trust), and some emergency housing solutions. CAPNM also facilitates the Low-Income Energy Assistance Program (LIEAP) to help pay a portion of winter heating bills and a home weatherization program, rehousing, Section 8 Rental Assistance.

Montana Fair Housing

501 East Front St. Suite 504, Butte, MT 59701
Phone: (406) 782-2573 or 1(800) 929-2611
<http://www.montanafairhousing.org/>

Investigates allegations of housing discrimination and facilitates the complaint process for victims of housing discrimination

Ronan Housing Authority

111 2nd Ave SW, Ronan, MT 59864
Phone: (406) 676-5900

Provides safe, accessible, and affordable housing to residents of Lake County. Serves Charlo, Pablo, Ronan, St. Ignatius, and Polson

Samaritan House

124 9th Ave W., Kalispell, MT 59901
Phone: (406) 257-5801
<http://www.samaritanhousemt.com/>

Provides food, housing, resources, and case management for the homeless with low or no income in Kalispell and beyond the Flathead Valley. Also services Veterans by providing resources for physical and mental health check-ups, and affordable housing

Legal

Law Enforcement

Confederated Salish and Kootenai Tribal Police Department

51396 Hwy 93 N, P.O. Box 278, Pablo, MT 59855
Phone: (406) 675-4700
Emergency: Dial 933
<http://www.csktribes.org/judicial/tribal-police>

Polson Police Department

106 1st St E, Polson, MT 59860
Phone: (406) 883-8211
Emergencies: Dial 911
<http://www.cityofpolson.com/polson-police/>

Ronan Police Department

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109 2nd Ave SW, Ronan, MT 59864

Phone: (406) 676-0223

Emergencies: Dial 911

Lake County Sheriff

106 4th Ave E, Polson, MT 59860

Crime Stoppers Tip Line: (406) 883-7309

Non-Emergencies (406) 883-7301

Emergencies: Dial 911

<https://www.lakemt.gov/sheriff/sheriff.html>

Courts

Confederated Salish and Kootenai Tribal Court

P.O. Box 278, Pablo, MT 59855

Phone: (406) 275-2740

Fax: (406) 675-4704

Polson City Court

106 1st E, Polson, MT 59860

Phone: (406) 883-8219

Fax: (406) 883-8233

Ronan City Court

207 Main St, Suite B, Ronan, MT 59864

Phone: (406) 676-0211

Fax: (406) 676-0213

St. Ignatius City Court

12 1st Ave, P.O. Box 103, St. Ignatius, MT 59865

Phone: (406) 745-3791

Fax: (406) 745-2800

Polson Justice Court

106 4th Ave E, Polson, MT 59860

Phone: (406) 883-7260

Fax: (406) 883-7343

20th Judicial District (Lake County)

106 4th Ave E, Polson, MT 59860

Clerk of District Court -Lynn Fricker

106 4th Ave E, Polson, MT 59860

Phone: (406) 883-7254

Fax: (406) 883-7343

Flathead County Self-Help Law Center

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920 S. Main St. (Basement), Kalispell, MT 59901

Phone: (406) 758-2496

Provides free legal information and fill-in-the-blank court forms for self-representing litigants

Lake County Attorney -Steve Eschenbacher

106 4th Ave E, Polson, MT 59860

Phone: (406) 883-7245

Legal Services Developer Program, Aging Services

Phone: (800) 332-2272

<https://dphhs.mt.gov/sltc/aging/legalservicesdeveloper>

Develops pro bono and local legal services referrals, training materials and telephone assistance to seniors on related matters together with legal clinics across the state designed to assist with documents (such as Wills and advanced directives) common in the senior population

Missoula County Self-Help Law Center

200 W Broadway, Room 271, Missoula, MT 59802

Phone: (406) 258-3428

Provides free legal information and fill-in-the-blank court forms for self-representing litigants

Montana Family Transition Project

Phone: (406) 543-8343 extension 207

Email: mediate@mtlsa.org

The Montana Family Transition Project offers you the chance to decide what's next for your family, instead of going to court and having a judge decide. A trained professional mediator will help you and your co-parent talk through the issues and make a plan that will work for your lives. You can also get legal advice from an attorney and help calculating child support, all at no cost to you. Both parties need to participate.

To qualify, you and the other party must:

- *need a parenting plan or divorce*
- *Have at least one child*
- *Have a case in a Montana court or be planning to file in Montana*

At least one of you must

- *Not have a lawyer*
- *Meet certain income requirements*

Montana Legal Services Association

1535 Liberty Lane, Suite 110D, Missoula, MT 59802

Helpline: 1(800) 666-6899

<http://www.mtlsa.org/>

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<https://www.montanalawhelp.org>

MLSA is a federally and privately funded nonprofit organization that provides non-criminal legal aid to low-income people throughout Montana. Residents seeking civil legal help can contact MLSA via phone, online, or walk-in to request free information, advice, and/or representation.

Office of Child and Family Ombudsman (OCFO)

Phone: 1(844) 252-4453

<https://dojmt.gov/enforcement/childrensjustice/>

The mission of OCFO is to work to prevent child abuse and neglect and increase safety, well-being, and permanency for Montana's children through fair and just advocacy, education, outreach, and investigation.

Office of Consumer Protection and Victim Services (OCPVS)

Phone: (406) 444-3653 or Toll-Free: 1-800-498-6455

Email: dojovs@mt.gov

<https://doj.mt.gov/victims/>

The OCPVS helps educate Montana consumers and businesses to prevent fraud and offers information and referrals to victims of crime.

Office of Public Defender, Nick Aemisegger

723 5th Ave. East, Suite 100, Kalispell, MT 59901

Phone: (406) 751-6080

Toll Free: (866) 412-5611

Polson Public Defender,

110 N Main, P.O. Box 1150, Polson, MT

Phone: (406) 883-6080

Fax: (406) 883-6089

Tribal Prosecutors Office

P.O. Box 278, Pablo, MT 59855

Phone: (406) 275-2765

Fax: (406) 675-2732

<http://www.csktribes.org/judicial/tribal-prosecutors>

Tribal Public Defenders Office

P.O. Box 278, Pablo, MT 59855

Phone: (406) 275-2897

Fax: (406) 675-2212

<http://www.csktribes.org/judicial/tribal-defenders>

Senior

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Adult Protective Services

Lake County Specialist: Mary Wolf

Phone: (406) 381-7374

Statewide Number: 1 (844) 277-9300

<http://dphhs.mt.gov/SLTC/APS>

Helps protect vulnerable adults (60 years old or older) from abuse, neglect, and exploitation

Agency on Aging

110 Main St, Suite 5, Polson, MT 59860 (Area VI)

Phone: (406) 883-7284

Statewide: 1(800) 266-4188

Fax: (406) 883-7363

<http://www.westernmontanaagingservices.org/>

Serves people with the goal of enabling persons 60 years or older to lead independent, meaningful, and dignified lives, by providing direct services, contracting for services, and networking with the community to locate services

Lake County Council on Aging

528 Main Street SW Ronan, MT 59864

(406) 676-2367 main line (M-F 8-4pm)

(406) 676-2368 transportation

<https://www.lakecountycoa.org>

It is the mission of the Lake County Council on Aging to support the aging residents of Lake County, Montana in living as independent lives as possible. Demand response public transportation (48-hour notice), food program, in-home housekeeping (cost), respite care for caregivers (cost), foot clinic and farmer's market. Senior Centers in Arlee, Charlo, Polson, Ronan, St. Ignatius. Tribal Centers in Arlee, Elmo, Polson, Ronan and St. Ignatius.

Senior Subsidized Housing

Cherry Hill Village

400 Cherry Hill Court, Polson, MT 59860

Phone: (406) 883-3978

Lakeview Village

50230 Highway 93 S, Polson, MT 59860

Phone: (406) 883-2222

Montana Legal Services Association

616 Helena Ave #100, Helena, MT 59601

Phone: (800) 666-6899

Website: www.mtlsa.org

MLSA is a federally and privately funded nonprofit organization that provides non-criminal legal aid to low-income people throughout Montana. Residents seeking civil legal help can contact MLSA via phone, online, or walk-in to request free information, advice, and/or representation.

Thanks to a grant from the federal Administration for Community Living (ACL), Montana Legal Services Association (MLSA) currently has more resources to address the civil legal needs of elderly Montanans. MLSA civil legal assistance helps vulnerable elderly people address a wide range of civil legal problems, including financial exploitation, debt and consumer issues housing issues, and abuse.

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Western Montana Chapter

2681 Palmer St, Suite K, Missoula, MT 59808

In Missoula: (406) 327-7886 or Toll free: 1 (877) 327-7886

Fax: (406) 329-1313

<http://www.westernmontanachapter.org/index.php>

Protects and promotes the health and welfare of persons with disabilities and elderly by managing their SSI, SSDI, and VA benefit funds, serving as payee, trustee, guardians. Hoe healthcare services, case management and caregiving.

Transportation

Lake County Council

528 Main Street SW

Ronan, MT 59864

(406) 676-2368 transportation (# no good need to update)

<https://www.lakecountycoa.org>

Provides rides in Lake County, to Missoula and to Kalispell, 48-hour notice, cost per person

Veterans

American Legion

423 Main Street, Polson, MT 59860

Phone: (406) 883-2969

Veterans' organization

Samaritan House

124 9th Ave W., Kalispell, MT 59901

Phone: (406) 257-5801

<http://www.samaritanhousemt.com/>

Provides food, housing, resources, and case management for the homeless with low or no income in Kalispell and beyond the Flathead Valley. Assists Veterans by providing resources for physical and mental health check-ups, and affordable housing

Women's Resources

Abbie Shelter

P.O. Box 1401, Kalispell, MT 59901

(No physical address)

Phone: (406) 752-4735

Violence Free Crisis Line: (406) 752-7273

www.abbieshelter.org

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Provides victims and survivors of domestic and sexual violence with confidential advocacy, crisis intervention, emergency shelter, safety planning, and support

Crime Victim Advocate

900 South Main Street, Suite 100, Kalispell, MT 59901

Kalispell: (406) 261-9077

Flathead County: (406) 758-2108

<https://flatheadcounty.gov/departments-directory/sheriffs-office>

Assists with orders of protection and related services for victims of partner or family member assault as well as the public

Montana Coalition Against Domestic & Sexual Violence

P.O. Box 818, Helena, MT 59624

Phone: (406) 443-7794 or Toll Free (888) 404-7794

<http://mcadsv.com/>

Works to end domestic and sexual violence through advocacy, education, public policy, and program development, and can provide direct legal assistance for survivors of sexual assault

Safe Harbor

PO Box 497 Ronan, 59864

(no physical address)

Phone: (406) 883-3350

24-Hour Crisis Line: (406) 676-0800

<http://safeharbormt.org/>

Provides emergency shelter, crisis intervention, and emergency advocacy for victims of domestic violence, stalking and sexual assault in Lake County and Flathead Indian Reservation. Women and children support groups, emergency financial assistance. Only batterers intervention program fulfilling state requirement for offenders charged with PFMA. Victim assistance program in Pablo and CSK Tribal Courts.

WIC (Women, Infants, and Children)

7 3rd Ave W, Polson, MT 59860

Phone: (406) (new number old one disconnected)

Supplemental nutrition program for women, infants, and children, providing short term, low cost, preventative health services to families who are at risk due to nutrition related health conditions

Other

Montana Suicide Prevention Lifeline

Phone: 1(800) 273-TALK (8255)

Or text "MT" to 741 741

Montana Warm Line

Phone: 1(877) 688-3377

Lake County Resource Guide

<http://www.montanawarmline.org/index.html>

Provides a friendly, understanding person when you just need someone to talk to

North Lake County Public Library

2 1st Ave E, Polson, MT 59860

Phone: (406) 883-8225

Provides knowledge and free internet access