Table of Contents

Child and Family Services 2

Disabilities 3

Financial 3

Food 4

Health 4

Housing 5

Legal 6

Senior 9

Transportation 10

Veterans 10

Women’s Resources 10

Other 11

This Resource Guide was prepared by Justice for Montanans AmeriCorps Members. Although we do our best to keep these guides current, please contact programs directly for the most accurate and up-to-date information. Last Updated: January 2024.

Child and Family Services

**Child and Family Services Division of DPHHS**

49527 HWY 93, Polson, MT 59860

Phone: (406) 883-7850

Fax: (406) 883-3897

Child Abuse Hotline: 1(866) 820-5437

<http://dphhs.mt.gov/CFSD>

*The CSSD provides the following child support services: locating parents, establishing paternity, establishing financial and medical support orders, enforcing child support orders, including medical support orders, and modifying child support orders.*

**Child Support Services Division of DPHHS (Region 5) (CSED)**

2675 Palmer St., Suite C, Missoula, MT 59808

PO Box 202943, Helena, MT, 59620

Phone: (406) 329-7910

Email: http://dphhs.mt.gov/CSED

*The CSSD provides the following child support services: locating parents, establishing paternity, establishing financial and medical support orders, enforcing child support orders, including medical support orders, and modifying child support orders.*

**Head Start Programs**

*Head Start promotes school readiness for children under 5 years, for low-income families with support services through education, health, social and other services. Family advocate services.*

**Polson**

301 8th Ave W, Polson, MT 59860

Phone: (406) 883-5451

**Pablo**

36156 Division Stree**t**, Pablo, MT 59855 35639 Stranger Loop, Pablo, MT 59855

Phone: (406) 275-2777

**Saint Ignatius (main office)**

28 Toweepah Ln, Saint Ignatius, MT 59865 307 Hwy. 93 South, Saint Ignatius, MT 59865

Phone: (406) 745-4509

**Ronan**

417 Andrew street

Phone: 406-745-4509

**Nurturing Center**

146 3rd Ave. W., Kalispell, MT 59901

Phone: (406) 756-1414

<https://nurturingcenter.org/>

*Provides a variety of services to strengthen families and support healthy nurturing environments including child care scholarships, healthy food program, child care provider services, child care services, and other family resources like Safe Havens supervised visitation*

Disabilities

**Disability Rights Montana**

1022 Chestnut St., Helena, MT 59601

Phone: (406) 449-2344

Toll free: 1(800) 245-4743

Fax: (406) 449-2418

<http://disabilityrightsmt.org/>

*Provides a wide net of services to people with disabilities through advocacy and legal representation*

**Opportunity Resources, Inc**.

2821 S. Russell Street Missoula, MT 59801

Phone: (406) 721-2930

<https://www.orimt.org>

*Supports individuals with disabilities, work programs, case management, art programs, residential properties, and specialized programs in Western Montana*

**Summit Independent Living**

124 Main St, Ronan, MT 59864

Toll Free: 1(866) 230-6936

<http://www.summitilc.org/>

*The Summit Independent Living Center is a non-residential Center for Independents that provides peer-delivered services that are unique in the world of human services and designed to give people with all types of disabilities the tools and resources that are needed to improve independence, self-confidence, knowledge, skills, and access to community resources.*

Financial

**CAPNM (Community Action Partnership of Northwestern Montana)**

214 Main St., P.O. Box 8300, Kalispell, MT 59901 (Main Office)

Phone: (406) 752-6565 or 1(800) 344-5979

Lake County (by appointment only)

110 Main St, (Mezzanine Level), P.O. Box 132, Polson, MT 59860

Phone: (406) 883-3470 Toll Free: 1(800) 344-5979

<https://capnm.net/>

*Offers a variety of services to increase financial security including financial literacy classes and employment training*

**OPA (Office of Public Assistance)**

49627 Hwy 93, Polson, MT 59860

Montana Public Assistance Helpline: 1(888) 706-1535

Email: hhshcsopalake@mt.gov

<http://dphhs.mt.gov/hcsd/OfficeofPublicAssistance>

*Administers programs for low-income Montanans including SNAP, Medicaid, medical assistance, emergency aid for dependent children, and TANF*

Food

**Food Banks/Pantries**

**Bigfork Food Bank**

7535 Hwy 35, Bigfork, MT 59911

Phone: (406) 837-2297

*Food distribution: 1st & 3rd Tuesdays 4-6 pm & 2nd & 4th Tuesdays 9-1 pm*

**Bread Basket**

10 6th Ave SW, P.O. Box 346, Ronan, MT 59864

Phone: (406) 676-4357

<http://ronanbreadbasket.org/>

*Provides emergency food services (3-4 days*’ *worth of food, once a month) to needy families in Ronan, Charlo, and Moiese areas, Tuesdays & Fridays 10-2pm, closed for lunch 12-12:30 pm*

**Food Distribution**

410 Mountain View Dr., St. Ignatius, MT 59865

Phone: (406) 745-4115

*Must live on an Indian Reservation*

**Lakeside West Shore Food Bank**

7150 Hwy 93 S, P.O. Box 192, Lakeside, 59922

140 Bills Rd, akeside MT, 59922

Phone: (406) 844-2779 or (406) 261-4560

*Rotation weekly -Mondays 4-6 pm & Tuesdays 9-11 am*

**Polson Loaves and Fish Pantry**

904 1st Street E, Polson, MT 59860

Phone: (406) 883-6864

*Food service for needy families in Lake County, Tuesday 2-6 pm & Friday 10-2 pm, call for donations*

Health

**Lake County Public Health**

802 Main St A., Polson, MT 59860

Phone: (406) 883-7288

<https://lakecountypublichealth.org/>

*Public health education and disease prevention*

**Mental Health Crisis Line**

Phone: (406) 752-6262

*24-Hour crisis intervention line for mental health emergencies*

**Sunburst Community Service Foundation**

**Polson Office**

103 Whitewater, Suite A, Polson, MT 59860

Phone: (406) 756-8721

**(Ronan office)**

11 Main St. SE, Ronan, MT

**Saint Ignatius Office**

109 1st Ave, St. Ignatius, MT 59865

Phone: (406) 745-3681

<https://www.sunburstfoundation.org/>

*Provides licensed outpatient mental health services to children, adults and families including psychiatric assessments, medication management, chemical dependency counseling, therapy, community rehabilitation, vocational support, and case management at Polson and St. Ignatius locations.*

**Western Montana Mental Health Center Addiction Services**

<http://www.wmmhc.org/>

*Provides mental health and addiction services for individuals living in Lake County*

Lake County WMMHC Addiction Services

802 E. Main St, Polson, MT 59860

Phone: (406) 883-7310

Fax: (406) 883-7312

Email: polson@wmmhc.org

*Provides outpatient addiction services*

Lake House Crisis Facility

7 13th Ave W, Polson, MT 59860

Phone: (406) 872-0474

Fax: (406) 278-6714

Email: polsonlakehouse@wmmhc.org

*Provides short-term, intensive, inpatient support for adults experiencing a life-threatening crisis*

Housing

**CAPNM**

214 Main St., P.O. Box 8300, Kalispell, MT 59901 (Main Office)

Phone: (406) 752-6565 or 1(800) 344-5979

Lake County (by appointment only)

110 Main St, (Mezzanine Level) Polson, MT 59860

Phone: (406) 883-3470

*Offers services for several housing specific needs, including a Section 8 Voucher program for very low-income people, a low income home ownership program (Community Land Trust), and some emergency housing solutions. CAPNM also facilitates the Low-Income Energy Assistance Program (LIEAP) to help pay a portion of winter heating bills and a home weatherization program, rehousing, Section 8 Rental Assistance.*

**Montana Fair Housing**

501 East Front St. Suite 504, Butte, MT 59701

Phone: (406) 782-2573 or 1(800) 929-2611

<http://www.montanafairhousing.org/>

*Investigates allegations of housing discrimination and facilitates the complaint process for victims of housing discrimination*

**Ronan Housing Authority**

111 2nd Ave SW, Ronan, MT 59864

Phone: (406) 676-5900

*Provides safe, accessible, and affordable housing to residents of Lake County. Serves Charlo, Pablo, Ronan, St. Ignatius, and Polson*

**Samaritan House**

124 9th Ave W., Kalispell, MT 59901

Phone: (406) 257-5801

<http://www.samaritanhousemt.com/>

*Provides food, housing, resources, and case management for the homeless with low or no income in Kalispell and beyond the Flathead Valley. Also services Veterans by providing resources for physical and mental health check-ups, and affordable housing*

Legal

**Law Enforcement**

**Confederated Salish and Kootenai Tribal Police Department**

51396 Hwy 93 N, P.O. Box 278, Pablo, MT 59855

Phone: (406) 675-4700

Emergency: Dial 933

<http://www.csktribes.org/judicial/tribal-police>

**Polson Police Department**

106 1st St E, Polson, MT 59860

Phone: (406) 883-8211

Emergencies: Dial 911

<http://www.cityofpolson.com/polson-police/>

**Ronan Police Department**

109 2nd Ave SW, Ronan, MT 59864

Phone: (406) 676-0223

Emergencies: Dial 911

**Lake County Sheriff**

106 4th Ave E, Polson, MT 59860

Crime Stoppers Tip Line: (406) 883-7309

Non-Emergencies (406) 883-7301

Emergencies: Dial 911

<https://www.lakemt.gov/sheriff/sheriff.html>

**Courts**

**Confederated Salish and Kootenai Tribal Court**

P.O. Box 278, Pablo, MT 59855

Phone: (406) 275-2740

Fax: (406) 675-4704

**Polson City Court**

106 1st E, Polson, MT 59860

Phone: (406) 883-8219

Fax: (406) 883-8233

**Ronan City Court**

207 Main St, Suite B, Ronan, MT 59864

Phone: (406) 676-0211

Fax: (406) 676-0213

**St. Ignatius City Court**

12 1st Ave, P.O. Box 103, St. Ignatius, MT 59865

Phone: (406) 745-3791

Fax: (406) 745-2800

**Polson Justice Court**

106 4th Ave E, Polson, MT 59860

Phone: (406) 883-7260

Fax: (406) 883-7343

**20th Judicial District (Lake County)**

106 4th Ave E, Polson, MT 59860

**Clerk of District Court -Lynn Fricker**

106 4th Ave E, Polson, MT 59860

Phone: (406) 883-7254

Fax: (406) 883-7343

**Flathead County Self-Help Law Center**

920 S. Main St. (Basement), Kalispell, MT 59901

Phone: (406) 758-2496

*Provides free legal information and fill-in-the-blank court forms for self-representing litigants*

**Lake County Attorney -Steve Eschenbacher**

106 4th Ave E, Polson, MT 59860

Phone: (406) 883-7245

**Legal Services Developer Program, Aging Services**

Phone: (800) 332-2272

<https://dphhs.mt.gov/sltc/aging/legalservicesdeveloper>

*Develops pro bono and local legal services referrals, training materials and telephone assistance to seniors on related matters together with legal clinics across the state designed to assist with documents (such as Wills and advanced directives) common in the senior population*

**Missoula County Self-Help Law Center**

200 W Broadway, Room 271, Missoula, MT 59802

Phone: (406) 258-3428

*Provides free legal information and fill-in-the-blank court forms for self-representing litigants*

**Montana Family Transition Project**

Phone: (406) 543-8343 extension 207

Email: *mediate@mtlsa.org*

*The Montana Family Transition Project offers you the chance to decide what’s next for your family, instead of going to court and having a judge decide. A trained professional mediator will help you and your co-parent talk through the issues and make a plan that will work for your lives. You can also get legal advice from an attorney and help calculating child support, all at no cost to you. Both parties need to participate.*

*To qualify, you and the other party must:*

* *need a parenting plan or divorce*
* *Have at least one child*
* *Have a case in a Montana court or be planning to file in Montana*

*At least one of you must*

* *Not have a lawyer*
* *Meet certain income requirements*

**Montana Legal Services Association**

1535 Liberty Lane, Suite 110D, Missoula, MT 59802

Helpline: 1(800) 666-6899

<http://www.mtlsa.org/>

https://www.montanalawhelp.org

*MLSA is a federally and privately funded nonprofit organization that provides non-criminal legal aid to low-income people throughout Montana. Residents seeking civil legal help can contact MLSA via phone, online, or walk-in to request free information, advice, and/or representation.*

**Office of Child and Family Ombudsman (OCFO)**

Phone**:** 1(844) 252-4453

<https://dojmt.gov/enforcement/childrensjustice/>

*The mission of OCFO is to work to prevent child abuse and neglect and increase safety, well-being, and permanency for Montana*’*s children through fair and just advocacy, education, outreach, and investigation.*

**Office of Consumer Protection and Victim Services (OCPVS)**

Phone: (406) 444-3653 or Toll-Free: 1-800-498-6455

Email: dojovs@mt.gov

<https://doj.mt.gov/victims/>

*The OCPVS helps educate Montana consumers and businesses to prevent fraud and offers information and referrals to victims of crime.*

**Office of Public Defender, Nick Aemisegger**

723 5th Ave. East, Suite 100, Kalispell, MT 59901

Phone: (406) 751-6080

Toll Free: (866) 412-5611

**Polson Public Defender,**

110 N Main, P.O. Box 1150, Polson, MT

Phone: (406) 883-6080

Fax: (406) 883-6089

**Tribal Prosecutors Office**

P.O. Box 278, Pablo, MT 59855

Phone: (406) 275-2765

Fax: (406) 675-2732

<http://www.csktribes.org/judicial/tribal-prosecutors>

**Tribal Public Defenders Office**

P.O. Box 278, Pablo, MT 59855

Phone: (406) 275-2897

Fax: (406) 675-2212

<http://www.csktribes.org/judicial/tribal-defenders>

Senior

**Adult Protective Services**

Lake County Specialist: Mary Wolf

Phone: (406) 381-7374

Statewide Number**:** 1 (844) 277-9300

<http://dphhs.mt.gov/SLTC/APS>

*Helps protect vulnerable adults (60 years old or older) from abuse, neglect, and exploitation*

**Agency on Aging**

110 Main St, Suite 5, Polson, MT 59860 (Area VI)

Phone: (406) 883-7284

Statewide: 1(800) 266-4188

Fax: (406) 883-7363

<http://www.westernmontanaagingservices.org/>

*Serves people with the goal of enabling persons 60 years or older to lead independent, meaningful, and dignified lives, by providing direct services, contracting for services, and networking with the community to locate services*

**Lake County Council on Aging**

528 Main Street SW Ronan, MT 59864

(406) 676-2367 main line (M-F 8-4pm)

(406) 676-2368 transportation

<https://www.lakecountycoa.org>

*It is the mission of the Lake County Council on Aging to support the aging residents of Lake County, Montana in living as independent lives as possible. Demand response public transportation (48-hour notice), food program, in-home housekeeping (cost), respite care for caregivers (cost), foot clinic and farmer*’*s market. Senior Centers in Arlee, Charlo, Polson, Ronan, St. Ignatius. Tribal Centers in Arlee, Elmo, Polson, Ronan and St. Ignatius.*

**Senior Subsidized Housing**

**Cherry Hill Village**

400 Cherry Hill Court, Polson, MT 59860

Phone: (406) 883-3978

**Lakeview Village**

50230Highway 93 S, Polson, MT 59860

Phone: (406) 883-2222

**Montana Legal Services Association**

616 Helena Ave #100, Helena, MT 59601

Phone: (800) 666-6899

Website: [www.mtlsa.org](http://www.mtlsa.org)

*MLSA is a federally and privately funded nonprofit organization that provides non-criminal legal aid to low-income people throughout Montana. Residents seeking civil legal help can contact MLSA via phone, online, or walk-in to request free information, advice, and/or representation.*

*Thanks to a grant from the federal Administration for Community Living (ACL), Montana Legal Services Association (MLSA) currently has more resources to address the civil legal needs of elderly Montanans. MLSA civil legal assistance helps vulnerable elderly people address a wide range of civil legal problems, including financial exploitation, debt and consumer issues housing issues, and abuse.*

**Western Montana Chapter**

2681 Palmer St, Suite K, Missoula, MT 59808

In Missoula: (406) 327-7886 or Toll free: 1 (877) 327-7886

Fax: (406) 329-1313

<http://www.westernmontanachapter.org/index.php>

*Protects and promotes the health and welfare of persons with disabilities and elderly by managing their SSI, SSDI, and VA benefit funds, serving as payee, trustee, guardians. Hoe healthcare services, case management and caregiving.*

Transportation

**Lake County Council**

528 Main Street SW

Ronan, MT 59864

(406) 676-2368 transportation (# no good need to update)

<https://www.lakecountycoa.org>

*Provides rides in Lake County, to Missoula and to Kalispell, 48-hour notice, cost per person*

Veterans

**American Legion**

423 Main Street, Polson, MT 59860

Phone: (406) 883-2969

*Veterans*’ *organization*

**Samaritan House**

124 9th Ave W., Kalispell, MT 59901

Phone: (406) 257-5801

<http://www.samaritanhousemt.com/>

*Provides food, housing, resources, and case management for the homeless with low or no income in Kalispell and beyond the Flathead Valley. Assists Veterans by providing resources for physical and mental health check-ups, and affordable housing*

Women’s Resources

**Abbie Shelter**

P.O. Box 1401, Kalispell, MT 59901

(No physical address)

Phone: (406) 752-4735

Violence Free Crisis Line: (406) 752-7273

[www.abbieshelter.org](http://www.abbieshelter.org)

*Provides victims and survivors of domestic and sexual violence with confidential advocacy, crisis intervention, emergency shelter, safety planning, and support*

**Crime Victim Advocate**

900 South Main Street, Suite 100, Kalispell, MT 59901

Kalispell: (406) 261-9077

Flathead County: (406) 758-2108

<http://flatheadcountysheriff.com/?page_id=1062>

*Assists with orders of protection and related services for victims of partner or family member assault as well as the public*

**Montana Coalition Against Domestic & Sexual Violence**

P.O. Box 818, Helena, MT 59624

Phone: (406) 443-7794 or Toll Free (888) 404-7794

<http://mcadsv.com/>

*Works to end domestic and sexual violence through advocacy, education, public policy, and program development, and can provide direct legal assistance for survivors of sexual assault*

**Safe Harbor**

PO Box 497 Ronan, 59864

(no physical address)

Phone: (406) 883-3350

24-Hour Crisis Line: (406) 676-0800

<http://safeharbormt.org/>

*Provides emergency shelter, crisis intervention, and emergency advocacy for victims of domestic violence, stalking and sexual assault in Lake County and Flathead Indian Reservation. Women and children support groups, emergency financial assistance. Only batterers intervention program fulfilling state requirement for offenders charged with PFMA. Victim assistance program in Pablo and CSK Tribal Courts.*

**WIC (Women, Infants, and Children)**

7 3rd Ave W, Polson, MT 59860

Phone: (406) (new number old one disconnected)

*Supplemental nutrition program for women, infants, and children, providing short term, low cost, preventative health services to families who are at risk due to nutrition related health conditions*

Other

**Montana Suicide Prevention Lifeline**

Phone: 1(800) 273-TALK (8255)

Or text “MT” to 741 741

**Montana Warm Line**

Phone: 1(877) 688-3377

<http://www.montanawarmline.org/index.html>

*Provides a friendly, understanding person when you just need someone to talk to*

**North Lake County Public Library**

2 1st Ave E, Polson, MT 59860

Phone: (406) 883-8225

*Provides knowledge and free internet access*