

Flathead County Resource Guide

Table of Contents

Child and Family Services	2
Disabilities	3
Financial	4
Food	4
Health	6
Housing	7
Legal	9
Senior	11
Transportation	11
Veterans	11
Domestic Violence Resources	12
Other	12

This Resource Guide was prepared by Justice For Montanans AmeriCorps Members. Although we do our best to keep these guides current, please contact programs directly for the most accurate and up-t-date information. Last Updated: January 2024.

Flathead County Resource Guide

Child and Family Services

Child and Family Services Division of DPHHS

121 Financial Dr., Suite C, Kalispell, MT 59901 (Region 6)

(406) 300 – 7418

Child Abuse Hotline: 1(866) 820-5437

<http://dphhs.mt.gov/CFSD>

Protects children who have been or are at substantial risk of abuse, neglect, or abandonment

Child Support Services Division of DPHHS

2675 Palmer St., Suite C, Missoula, MT 59808 (Region 5)

(406) 329-7910

<https://dphhs.mt.gov/cssd/>

Pursues financial and medical support of children by establishing, enforcing, and increasing public awareness of parental obligations

Northwest Montana Head Start

79 7th Ave. EN, Kalispell, MT 59901 (Mailing Address)

(406) 752-7011

<https://nwmtheadstart.org/centers/kalispell-center>

Pre-school for low income families with support services for families and children

Additional Locations:

North Valley Center

80 Railroad St., Columbia Falls, MT 59912

(406) 892-4144

<https://nwmtheadstart.org/centers/north-valley-center>

Tobacco Valley Center

235 7th St. E, Eureka, MT 59917

(406) 297-5507

<https://nwmtheadstart.org/centers/tobacco-valley-center>

Nurturing Center

322 2nd Avenue West, Suit B, Kalispell, MT 59901

(406) 756-1414

<https://nurturingcenter.org/>

Provides a variety of services to strengthen families and support healthy nurturing environments including child care scholarships, healthy food program, child care provider services, child care services, and other family resources like Safe Havens supervised visitation.

Sparrow's Nest

P.O. Box 8384, Kalispell, MT 59904

Flathead County Resource Guide

(406) 309-5196

<http://sparrowsnestnwmt.org/>

Provides housing and resources to unaccompanied homeless high school students Monday through Thursday 9am-3pm.

Crime Victim Advocate

820 S. Main St., Kalispell, MT 59901

Kalispell: (406) 758-7780

Flathead County: (406) 758-2108

<https://flatheadcounty.gov/department-directory/sheriffs-office>

Assists with orders of protection and related services for victims of partner or family member assault as well as the public

WIC (Women, Infants, and Children)

1035 1st Ave. W. (1st Floor), Kalispell, MT 59901

(406) 751-8170

Email: <mailto:hacontactus@flathead.mt.gov>

<https://flathead.mt.gov/department-directory/health/wic>

WIC is a special supplemental nutrition program for women, infants and children. It provides short-term, low-cost, preventative health services to families who are at risk due to nutrition related health conditions. Office currently closed all appointments over the phone. Monday 8:00am to 6:00pm, Tuesday-Friday 8:00am to 5:00pm.

Disabilities

Disability Rights Montana

1022 Chestnut St., Helena, MT 59601

(406) 449-2344

Toll free: 1(800) 245-4743

Fax: (406) 449-2418

Email: Advocate@DisabilityRightsMT.org

<http://disabilityrightsmt.org/>

Provides a wide net of services to people with disabilities through advocacy and legal representation. 8:30 am – 4:00 p.m., Monday - Friday

Opportunity Resources, Inc.

2821 S. Russell Street, Missoula, MT 59801

(406) 721-2930

<https://www.orimt.org>

Supporting individuals with disabilities through work placements, case management, art programming, residential housing and rehabilitation services for sexual offenders.

Summit Independent Living

Kalispell Office

275 Corporate Dr., Suite 200, Kalispell MT 59901

Flathead County Resource Guide

(406) 257-0048

Toll Free: 1(800) 398-9002

Missoula Office

700 SW Higgins Avenue, Suite 101

(406) 728-1630

Toll Free: 1(800) 398-9002

<http://www.summitilc.org/>

Provides consumer and advocacy services to people with mobility, neurological, hearing, visual and other disabilities, such as help obtaining benefits, peer advocates, skills training and senior companion services

Montana Telecommunications Access Program (MTAP) and Montana Relay

111 North Last Chance Gulch, Suite 4C, Helena MT 59601

1-800-833-8503

Email: relay@mt.gov

<https://dphhs.mt.gov/detd/mtap/>

Free specialized telephone equipment to Montanans who qualify and are hard of hearing, deaf, blind or mobility and/or speech disabled. Specialists will deliver, set-up and explain equipment to you.

Financial

CAPNM (Community Action Partnership of Northwestern Montana)

214 Main St., Kalispell, MT 59901

(406) 752-6565 or 1(800) 344-5979

<https://capnm.net/>

Offers a variety of services to increase financial security including financial literacy classes, employment training, emergency rental assistance, weatherization, and low-income energy assistance.

OPA (Office of Public Assistance)

121 Financial Dr. Suite A, Kalispell, MT 59901

Montana Public Assistance Helpline: 1-888-706-1535, email: hhshcsopaflathead@mt.gov

<http://dphhs.mt.gov/hcsd/OfficeofPublicAssistance>

Administers programs for low-income Montanans including SNAP, Medicaid, medical assistance, emergency aid for dependent children, and TANF.

Food

Bigfork Food Bank

7535 MT Highway 35, Bigfork, MT 59911

(406) 837-2297, bigforkmtfoodbank@gmail.com

<http://www.bigforkfoodbank.org/>

Offers perishable and nonperishable food for families with income below 150% of the Federal Poverty Guidelines. Customers can come up to twice a month. 9-1 PM 2nd & 4th Tuesday/ 4-6 PM 1st & 3rd Tuesdays. Also assists with SNAP applications.

Flathead County Resource Guide

Columbia Falls Food Bank

82 Railroad St. East, Columbia Falls, MT 59912

(406) 892-0241

Food is distributed Mondays 5 – 6:30 PM and Tuesdays, 9:30 AM - Noon

Flathead Food Bank

1203 Highway 2 W, Suite 2, Kalispell, MT 59901

(406) 752-3663, info@flatheadfoodbank.com

<http://www.flatheadfoodbank.org>

Food distribution hours at Kalispell Food Pantry: Monday: 9 AM – 1:45 PM, Tuesday: 9AM-1:45 PM, Wednesday: 1 PM-5:45 PM, Thursday: 9 AM – 1:45 PM. Customers can use pantry up to twice a month, with the second visit for perishable food only. Also offers distributions at mobile and satellite locations:

Martin City Fire Hall (1st and 3rd Wednesday of the month from 10 AM – 12:00 PM)

332 Central Avenue, Martin City MT 59926

Kila and Batavia Pantry

Kila Country Church, 150 Cottage Ln, Kila, MT 59920

2nd and 4th Wednesdays, 9- 9:30 AM

Marion Pantry

Marion Baptist Church, 180 Pleasant Valley Road, Marion, MT 59925

2nd and 4th Wednesdays, 10:00 AM-11:00 AM

North Valley Food Bank (Whitefish)

251 Flathead Ave, Whitefish, MT 59937

(406) 862-5863 (Monday through Friday F 9-3 PM)

<http://www.northvalleyfoodbank.org/>

Grocery Store

Wednesdays 12-6

Thursday 10-1 & 3-5

Mobile Distribution Pantries:

- Trego: Fridays @ TFS Community Center 12-1

Olney: Fridays @ Olney Fire Department 11:30-11:45

- Essex: 1st and 3rd Monday of the month @ Izaak Walton Inn 10:30 – 11

Delivery Program

"Our delivery program is a special service for homebound seniors, seniors living with disabilities, individuals with varying day-to-day abilities including mental health conditions, and those with significant transportation issues.

We will also consider individuals and families with other ongoing extenuating circumstances.

Please call us at 406-862-5863 extension 1004 if you are in need of deliveries.

Flathead County Resource Guide

Deliveries go out weekly on Friday mornings, typically between 10 and noon.

West Shore Food Bank

140 Bills Road

Lakeside, MT 59922

(406) 844 – 2779

<https://www.westshorefoodbank.com/>

foodbank@westcap59922.com

Distributes food on weekly rotation -Mondays from 4:00 PM – 5:45 PM and Tuesdays from 9:00 AM – 10:45 AM.

Community Kitchen – Feeding the Flathead

PO Box 3166, Kalispell, MT 59903

Email: ckfeedflathead@gmail.com

<https://communitykitchen-feedingtheflatheadinc.com/meals>

(406) 300-2362

A collection of churches in Kalispell provide free meals most nights of the month at various locations around the city at 6pm. The URL link above provides a calendar of when and where the meals are served.

Health

Lamplighter house

410 Windward Way, Kalispell, MT 59901

(406) 257-1353

A rehabilitation program designed to help adults with mental illnesses address independent living skills, coping with mental illness, pre-vocational training, socialization, and recreation/leisure activities. Adult day treatment. Offering family classes and parenting classes.

Logan Health Behavioral Health

200 Heritage Way, Kalispell MT 59901

(406) 756-3950

<https://www.logan.org/location/logan-health-behavioral-health/>

Logan Health Behavioral Health provides inpatient hospitalization for psychiatric adults and adolescents in a friendly and professionally staffed medical facility. Office Hours 8am-4:30pm M-F.

Greater Valley Health Center

1035 1st Avenue West, Suite 210 Kalispell, MT 59901

(406) 607-4900, After Hours: (406) 756-2912, Monday and Thursday 8am-6pm, Tuesday, Wednesday, Friday 8am-5pm.

<https://greatervalleyhealth.org/>

Greater Valley Health Center-Evergreen

2181 HWY 2 East, Suite 9

Kalispell, MT 59901

Flathead County Resource Guide

(406) 607-4900, Open Monday-Friday 8am-5pm

<https://greatervalleyhealth.org/>

Offers primary medical care, dental care, behavioral health services, case management, prenatal and obstetrics, addiction services, and school based healthcare.

Shepherd's Hand

5150 River Lakes Parkway (Christ Lutheran Church), Whitefish, MT 59937

(406) 260-3502

<http://shepherdshand.com/landing-bedford/>

info@shepherdshand.com

Provides free medical and acute dental care on Monday's at 6 PM.

988 Suicide & Crisis Lifeline

1-800-273-8255 or Dial 988

The 988 Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. Offers crisis counseling services on the phone and via text/chat services.

<https://988lifeline.org/chat/>

Western Montana Mental Health Center

410 Windward Way, Kalispell, MT 59901

(406) 257-1336, administration@wmmhc.org

Fax: (406) 257-1353

<http://www.wmmhc.org/>

Behavioral healthcare provider offering a comprehensive range of services and housing options to people of all ages who face mental health and substance use disorder issues. Facilities include an adult mental health center, a group home and a crisis facility.

Montana Addiction Crisis Hotline

1-866-210-1303

<https://nationalrehabhotline.org/>

Available 24/7, the Montana Addiction Hotline is free and anonymous for any resident to receive assistance with addiction.

Youth Dynamics

450 Corporate Drive, Suite 105/106, Kalispell, MT 59901

(406) 751-8017

<https://www.youthdynamics.org/about-us/>

Youth focused crisis therapeutic behavioral services. Services include therapy, case management, family education and support, foster and respite care, mentoring, therapeutic youth home care, equine-assisted therapy, substance abuse treatment, independent living skills.

Housing

A Ray of Hope

46 5th Ave. W., P.O. Box 5407, Kalispell, MT 59901

Flathead County Resource Guide

(406) 755-4673

Email: arayofhope4u@gmail.com

<https://www.arayofhopemontana.com/>

Provides shelter, food, clothing and job training for those in the community with nowhere else to go.

Community Action Partnership of NW Montana

214 Main St., Kalispell, MT 59901

(406) 752-6565 or 1(800) 344-5979

<https://capnm.net/>

Offers services for several housing specific needs, including a Section 8 Voucher program for very low-income people, a low-income home ownership program, and some emergency housing solutions. CAPNM also facilitates the Low-Income Energy Assistance Program (LIEAP).

Recovery Centers of Montana

<https://recoverycentersofmontana.com/>

(406) 897-2780

Provides adult male and female residential treatment centers. 3.5 level of care inpatient treatment.

Men's Location (The Ranch)

390 Hodgson Road

Columbia Falls, MT 59912

Women's Location (The Lodge)

9549 US Route 2, Martin City, MT 59926

Montana Fair Housing

501 East Front St. Suite 504, Butte, MT 59701

(406) 782-2573 or 1(800) 929-2611

<http://www.montanafairhousing.org/>

Investigates allegations of housing discrimination and facilitates the complaint process for victims of housing discrimination

Samaritan House

124 9th Ave W., Kalispell, MT 59901

(406) 257-5801

Email- info@samaritanhouse.com

<http://www.samaritanhousemt.com/>

Provides food, transitional and emergency housing, resources, and case management for the homeless with low or no income in Kalispell and beyond the Flathead Valley. Additionally, the Veteran's Program provides resources for physical and mental health check-ups, and affordable housing for veterans.

Flathead Warming Center

889 North Meridian, Kalispell, MT 59901

(406) 885-3042

Email: flatheadwarmingcenter@gmail.com

<https://www.flatheadwarmingcenter.org/>

Flathead County Resource Guide

Provides warm shelter to those in need from October –April from 6pm to 10am. Showers and laundry are available on Mondays, Wednesdays, and Fridays May - September from 10:30am - 2:00pm.

Legal

Law Enforcement

Kalispell Police Department

312 1st Ave E, Kalispell, MT 59901

(406) 758-7780

Report a crime or speak to an officer: (406) 758-7780, ext. 6

Fax: (406) 758-7799

Administration, Detectives, or Records: (406) 758-7780, ext.1.

Emergencies : Dial 911

<https://www.kalispell.com/260/Police>

Whitefish Police Department

275 Flathead Ave, Whitefish MT 59937

(406) 863-2420

Emergencies: Dial 911

<http://whitefishpolice.com/>

Columbia Falls Police Department

130 6th St W A, Columbia Falls, MT 59912

(406) 892-3234

Emergencies: Dial 911

<https://www.cityofcolumbiafalls.org/police>

Flathead County Sheriff

920 S Main St., Suite 100 (1st Floor), Kalispell, MT 59901

(406) 758-5585

Emergencies: Dial 911

<http://flatheadcountysheriff.com/>

Courts

Columbia Falls City Court

130 6th St. W., Columbia Falls, MT 59912

(406) 892-4340

<https://www.cityofcolumbiafalls.org/citycourt>

Kalispell Municipal Court

312 1st Ave. E., Kalispell, MT 59901

(406) 758-7705, fax: (406) 758-7773

<https://www.kalispell.com/217/Municipal-Court>

Flathead County Resource Guide

Whitefish Municipal Court

275 Flathead Ave, Whitefish, MT 59937

(406) 863-2440

Fax: (406) 863-1259

<https://www.cityofwhitefish.org/165/Court>

Email: court@cityofwhitefish.org

Flathead County Justice Court/Small Claims Court

935 1st Avenue West, Kalispell, MT 59901

(406) 758-5643,

Email: jccontactus@flathead.mt.gov

https://flathead.mt.gov/justice_court/

Flathead County District Court

920 S. Main St., Suite 310 , Kalispell, MT 59901

(406) 758-5906

<https://flathead.mt.gov/department-directory/district-court>

Clerk of District Court -Peg Allison

920 South Main

Suite 300

Kalispell, MT 59901

(406) 758-5870

https://flathead.mt.gov/clerk_of_court/

Flathead County Attorney-Travis Ahner

820 S. Main St., Kalispell, MT 59901

(406) 758-5630

County.Attorney@flathead.mt.gov

<http://flathead.mt.gov/attorney/>

Flathead County Self-Help Law Center

920 S. Main St. (Basement), Kalispell, MT 59901

(406) 758-2496

<https://courts.mt.gov/selfhelp/NorthWestRegion>

Provides free legal information and fill-in-the-blank court forms for self-representing litigants in civil legal matters, including divorce, parenting plans, name changes, landlord/tenant, power of attorney, etc.

Walk-in hours are M-Th from 8:00 a.m. to 5:00 p.m.

Montana Family Transition Project

Phone: (406) 543-8343 extension 207

Email: mediate@mtlsa.org

The Montana Family Transition Project offers you the chance to decide what's next for your family, instead of going to court and having a judge decide. A trained professional mediator will help you and your co-parent talk through the issues and make a plan that will work for your lives. You can also get legal advice from an attorney and help calculating child support, all at no cost to you. Both parties need to participate.

To qualify, you and the other party must:

Flathead County Resource Guide

- *need a parenting plan or divorce*
- *Have at least one child*
- *Have a case in a Montana court or be planning to file in Montana*

At least one of you must

- *Not have a lawyer*
- *Meet certain income requirements*

Montana Legal Services Association

1535 Liberty Ln, Suite 110D, Missoula, MT 59802

Helpline: 1(800) 666-6899, hours are 9 a.m. – 12p.m. and, 1 p.m. -4:30 p.m. M-F

<http://www.mtlsa.org/>

A state-wide pro bono law firm that assists low-income Montanans facing civil legal issues, including domestic violence issues, access to public benefits, housing rights, consumer law and tribal court. You can apply for services by calling the Helpline or filling out an online application.

Office of Public Defender (Region 1) Robert Greenwell

723 5th Avenue East, Suite 100., Kalispell, MT 59901

OPDKalispell@mt.gov

(406) 751-6080

Fax: (406) 751-6083

Senior

Adult Protective Services - Department of Health and Human Services

121 Financial Drive #B, Kalispell, MT 59901

(406) 309-0061

<http://dphhs.mt.gov/SLTC/APS>

Helps protect vulnerable adults (60 years old or older) or disabilities from abuse, neglect, and exploitation

Agency on Aging

40 11th St. W., Kalispell, MT 59901

(406) 758-5730

<https://flathead.mt.gov/aging/>

Serves people with the goal of enabling persons 60 years or older to lead independent, meaningful, and dignified lives, by providing direct services, contracting for services, and networking with the community to locate services

Montana Legal Services Association

616 Helena Ave #100, Helena, MT 59601

Phone: (800) 666-6899

Website: www.mtlsa.org

Flathead County Resource Guide

MLSA is a federally and privately funded nonprofit organization that provides non-criminal legal aid to low-income people throughout Montana. Residents seeking civil legal help can contact MLSA via phone, online, or walk-in to request free information, advice, and/or representation.

Thanks to a grant from the federal Administration for Community Living (ACL), Montana Legal Services Association (MLSA) currently has more resources to address the civil legal needs of elderly Montanans. MLSA civil legal assistance helps vulnerable elderly people address a wide range of civil legal problems, including financial exploitation, debt and consumer issues housing issues, and abuse.

Transportation

Mountain Climber

160 Kelly Road, Kalispell, MT 59901

Dial-A-Ride: (406) 758-5728

<https://mtnclimber.org>

Public transportation service with fixed routes in Kalispell, Whitefish, and Columbia falls. Also, Dial-A-Ride service for seniors and disabled people (by appointment). Most fares are \$1 each way. Kalispell Service provided Monday through Friday from 7:00 am - 6:00 pm.

Veterans

Kalispell VA Clinic

31 Three Mile Drive

Kalispell. MT 59901-1400

(406) 758-2700.

8:00 am – 4:30 pm M-F

<https://www.va.gov/montana-health-care/locations/kalispell-va-clinic/>

Provides healthcare and mental health services to veterans.

North West Montana Veterans Food Pantry

1349 Highway 2 E, Kalispell, MT 59901

(406) 756-7304

<http://veteransfoodpantry.org/>

Provides a variety of services to homeless, low-income, and at-risk veterans and their families including food, clothing, household furnishings, counseling, and resource referrals, Thrift Store: M-F 10 am – 4:30 pm, Food Pantry: M-F 10 am – 3 pm.

Domestic Violence Resources

Abbie Shelter

P.O. Box 1401, Kalispell, MT 59901-1401

(No physical address)

Office: (406) 752-4735

Violence Free Crisis Line: (406) 752-7273

Flathead County Resource Guide

www.abbieshelter.org

Provides victims and survivors of domestic and sexual violence with confidential advocacy, crisis intervention, emergency shelter, safety planning, and support

Crime Victim Advocate

820 S. Main St., Kalispell, MT 59901

Kalispell - (406) 758-7780

Flathead County – (406) 758-2108

<http://flatheadcountysheriff.com/crime-victim-advocate/>

Assists with orders of protection and related services for victims of partner, family member, public assault.

National Domestic Violence and Sexual Assault Hotline

(800) 799-7233

Victim Information and Notification Everyday (VINE)

(800) 456-3076

<https://www.vinelink.com/#state-selection>

Service that provides information about the status of custody of offenders and dates of upcoming court hearings.

Montana Coalition against Domestic & Sexual Violence

(406) 443-7794

<https://www.mcadsv.com/>

Connects victims of domestic or sexual violence to resources in their local area.

Other

Montana Suicide Prevention Lifeline

1(800) 273-TALK (8255)

Or text “MT” to 741 741

Montana Warm Line

1(877) 688-3377

<http://www.montanawarmline.org/index.html>

The Recovery Line is for people with a mental illness who want to talk to a peer (that is, a person who is in recovery for his or her own mental illness) about issues they are facing in their lives or with their treatment. Provides a friendly, understanding person when you just need someone to talk to, Monday and Friday 4 – 9PM.

The Literacy Center of Northwest Montana

1203 Hwy 2 West, Suite 30 (Gateway Community Center), Kalispell MT 59901

(406) 257-7323

<https://www.flatheadliteracy.org/#!>

Offers small classes and one-on-one tutoring for basic literacy, ESL literacy, computer literacy and financial literacy.

Flathead County Resource Guide

Valley Neighbors

PO BOX 1024

Kalispell, MT 59903

(406) 209-8446

Email- info@valleyneighborswelcome.org

<https://www.valleyneighborswelcome.org/about>

Nonprofit organization that supports refugees, asylees, and immigrants in the Flathead Valley in various ways.

The Office of Child and Family Ombudsman (OCFO): They value the safety of our children and shall provide the resources necessary to train and assist those who protect them. The mission of OCFO is to work to prevent child abuse and neglect and increase safety, well-being and permanency for Montana's children through fair and just advocacy, education, outreach and investigation. For more information about OCFO visit, <https://dojmt.gov/enforcement/specialservices/ocfo-home/> or call 1-866-820-5437.

Legal Services Developer Program, Aging Services: Montana AAA Legal Services in the Office on Aging provides - among other resources - develops pro bono and local legal services referrals, training materials and telephone assistance to seniors on related matters together with legal clinics across the state designed to assist with documents (such as Wills and advanced directives) common in the senior population. For more information visit [Legal Services Developer \(mt.gov\)](http://LegalServicesDeveloper.mt.gov) or call (800) 332-2272.

Montana Innocence Project: It is the mission of the Montana Innocence Project to free the innocent and unjustly incarcerated, and advocate for systems of Justice that are accurate, accountable, and fair for all. MTIP was founded in 2008 and is based in the Alexander Blewett III School of Law at the University of Montana. MTIP achieves its mission through a combination of advocacy, pro bono legal representation, and education. To learn more, visit mtinnocenceproject.org or call (406) 243-6698.

YWCA Missoula: YWCA Missoula opens doors to opportunity and self-sufficiency for women and families facing poverty, violence and discrimination. With over 110 years of experience, the YWCA is the leading organization in Missoula for moving women and families out of crisis and empowering them to achieve lasting independence. Find more information at <https://www.ywcamissoula.org> or call their crisis hotline at (800) 483-7858.