Introduction

**Recovery Management Tool Kit**

The National Association of Drug Court Professionals at the request and assistance of the Montana Office of the Court Administrator/Supreme Court are developing a **Recovery Management Tool Kit (RMTK**). This RMTK will include specific instruments and associated instructions as well as examples of suggested policy in an effort to meet associated best practice standards related to recovery management.

As an example, to meet the standard for development of a self-directed continuing care plan in the last phase, we will include a format for a self-directed recovery management planning tool for participants and a related treatment court policy on how best to utilize it. Many of the instruments will be culturalized for the Native American population as well. Another example would be how best to meet the 90-day follow-up requirement after discharge to support and check up on a discharged participant’s progress by utilizing the Recovery Maintenance Check-in modeled after the Recovery Management Check up developed by Scott and Dennis of Chestnut Health Systems and associated instructions. A focus on Recovery Capital and associated policy, scale, and worksheets are included.

The RMTK is being made available to anyone who would like to use it or any of the components and is in the public domain. If you have questions about the tool kit or have a suggested documents that might be included, please contact Jeff Kushner ([JKushner@mt.gov](mailto:JKushner@mt.gov)) or Shane Wolf (SWolf@allrise.org).