

Personal

This includes an individual's physical and human capital. **Physical capital** is the available resources to fulfill a person's basic needs. **Human capital** relates to a person's abilities, skills, and knowledge, like problem-solving, education, self-esteem, and the ability to navigate challenging situations to achieve goals.

Resources:

Potential Barriers:

Participant Engagement:

Recovery Capital Staffing Questions

Which recovery capital domain is the participant working on this week?

What is the participant's need they are addressing?

Are there any barriers they are experiencing?

How can the team help?

Checklist

- ☐ **What** is the need?
- ☐ **Which** resource best meets the need?
- ☐ **What** barriers exist to access resource?
- ☐ **How** will you get the participant to engage in the resource?

Community

This includes attitudes, policies, and resources specifically related to helping individuals resolve substance use disorders.

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Social

The resources related to intimate relationships with friends and family, relationships with people in recovery, and supportive partners. It also includes the availability of recovery-related social events.

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