Recovery Capital

Community Foundations
Community Based Organizations
Service Organizations
Mentoring Programs
Faith Community

Community Mapping **Government Agencies Community Foundations Community Based Organizations Service Organizations Recreational Programs Businesses** Arts Schools/Colleges **Employment/Job Training**

Literacy Programs

Human

What intangible assets (skills, aspirations, personal resources, etc.) will enable the participant to flourish in recovery?

Physical

What kinds of support are

available from family,

social networks, and

community affiliations?

What tangible assets (e.g., property, money, job, etc.) are available to expand the participant's recovery options?

Government Agencies
Community Foundations
Community Based Organizations
Service Organizations
Transportation
Health
Housing
Social Services
Law Enforcement/Probation

Family Therapy

Recovery Community

Government Agencies
Community Foundations
Community Based Organizations
Service Organizations
Faith Community
Treatment
Mental Health Services
Recovery Support Groups

Cultural

What network of values, principles, beliefs, and attitudes will serve to support the participant's recovery?

Recovery Capital Community Mapping

Personal

Personal recovery capital generally includes both *physical and human capital*. Physical capital includes such necessities as safe and recovery-focused housing, clothing, food, health insurance, and access to transportation. Human capital includes knowledge, interpersonal skills, problem solving abilities, self-awareness and self-esteem, and a sense of meaning and purpose in life.

Key Questions:

- What resources on the team and in the community do we have to support clients to build their physical and human capital?
- How does someone access these resources?

Physical Capital:

- Recovery focused housing
- Rental assistance
- Utilities assistance
- Clothing banks
- Food banks
- Household goods assistance
- Insurance
- Legal assistance
- Employment services
- Financial education
- Transportation
- Nutrition programs
- Skill based education

Human Capital:

- Core-Correctional Practices
- Self-identity mapping
- Motivational Interviewing/ Enhancement
- CBT Guides (knowledge, problem-solving, interpersonal skills)
- Varied treatment providers
- CBT Groups (MRT, T4C)

Community Resources

Community Cultural

Community/Cultural recovery capital is reflected in the attitudes, policies and resources that community and its agencies hold toward addiction and recovery. This includes:

- · Full continuum of treatment resources
- · Accessibility of resources that are diverse
- Local recovery efforts and supports
- Culturally prescribed and supported pathways of recovery
- Recovery norms that are valued in the community

Key Questions:

- How active is our recovery community?
- What are our treatment resources and are they diverse?
- What can we do as a treatment court to educate our community on recovery?

Community Mapping

- · Treatment agencies/services provided
- Local recovery events
- Local recovery centers
- Businesses that support recovery
- Cultural recovery events

Community Resources

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Social **Community Resources** Social recovery capital includes personal and intimate relationships, family (including family of choice) and those people that are supportive of recovery efforts. Those with strong social recovery capital have intimate partners and family members that are willing to participate in treatment with the client. There is also access to sober outlets for fellowship, activities and supports. **Key Questions:** How can we maximize natural resources? How can we increase access to sober outlets? **Physical Capital:** Recovery forums Recovery café/hall • Sober outlets, such as recovery CrossFit, yoga, etc.