



Getting to IOP  
using  
Teleservices  
We can make it  
happen

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# Boyd Andrew helps to bridge gap in services

- ◇ Provide weekly evidenced based programs
- ◇ 3 groups a week - 90 minutes each
- ◇ Provide education
- ◇ Stay connected to each treatment court coordinator and treatment provider by giving updates

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community services

chemical  
dependency &  
community  
corrections



## Current Teleservices Offered

- ◆ Seeking Safety
- ◆ MRT – Moral  
Reconciliation Therapy
- ◆ Matrix Group – Model  
for the Criminal  
Justice System



# Seeking Safety

Serves a broad range of clients

Can be done in groups or individuals

Offered at any level of care

Provides 25 safe coping skills for clients

# MRT- Moral Reconciliation Therapy

- ◆ MRT - fosters moral development in treatment-resistant clients using a cognitive behavioral approach
- ◆ MRT - addresses moral reasoning through education, structured exercises, group and individual counseling
- ◆ MRT - goal to increase awareness of how a client's actions impact their community and support system. To increase honesty and self-awareness and create long term prosocial goals.



# Matrix Model for the Criminal Justice System

- ◆ Structured approach to understanding addiction
- ◆ Individual/group therapy, early recovery skills, relapse prevention, family education, social support, medication-assisted treatment, and adjustment or re-entry challenges.

# How does this work?

- ◆ Receive referrals from Treatment Court, usually coordinators
- ◆ Client sign conditions of admission
- ◆ Obtain contact information for: treatment coordinator, P.O. local counselor
- ◆ Signed ROIs

- ◆ 12-week groups – 90 minute each – provided weekly
- ◆ Material sent directly to coordinator or participant
- ◆ Facilitators provide weekly group notes to coordinators
- ◆ Provide individual sessions as part as MRT curriculum as needed

Date: \_\_\_\_\_ Participant's Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Case Number(s): \_\_\_\_\_

Are these new charges: Yes  No  Is the defendant currently in jail? Yes  No

List of Charges: \_\_\_\_\_

Referral Made By: \_\_\_\_\_  
(Name) (Title) (Phone #)

County: \_\_\_\_\_ District: \_\_\_\_\_

Treatment Court Coordinator: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Email: \_\_\_\_\_

Probation Officer: \_\_\_\_\_ Contact Information: \_\_\_\_\_

Counselor: \_\_\_\_\_ Contact Information: \_\_\_\_\_

Participant's address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Race: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Marital Status:  Married  Single  Divorced  Widower

Primary Drug of Choice: \_\_\_\_\_

Secondary Drug of Choice: \_\_\_\_\_

Mental Health Diagnosis: \_\_\_\_\_

Employed:  Yes  No Occupation: \_\_\_\_\_

**Program being referred to:**

Telehealth Matrix Group  Telehealth MRT Group  Telehealth Seeking Safety Group





dependency &  
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**Conditions of Admission**  
**Telehealth MRT Group**  
**Tuesday Afternoons from 4:00 pm – 5:30 pm**

1. You are responsible for completing intake handout before attending first group.
2. You are expected to attend all sessions of MRT. This group is conducted once a week for 90 minutes. This group will last no less than 12-weeks. You must complete all 12 steps to obtain acknowledgement of completion.
3. You are responsible for having your *How To Escape Your Prison, MRT Workbook* with you during all group sessions.
4. If you miss one group, unexcused, your referral source will be notified. If you miss two groups without being excused, you will be discharged from the group and will need to reenroll.
5. You are expected to abstain from the use of alcohol or other drugs during the duration of this program. If we suspect, you are under the influence we may request you leave the group and will notify your referral source.
6. There is to be no using of tobacco, vaping, or any marijuana products while participating in this program, and while on camera. To respect all participants please do not have any triggering items in view of the camera.
7. You are responsible for being cooperative with the process and actively participating in the program. You are expected to be present and not engaging in any other activities during group.
8. You are responsible for maintaining program confidentiality. In order to participate in the group, you must be in a private space, without distractions. This space should be a quiet space, so that you are able to listen and participate accordingly.

**If you fail to participate in a considerate and respectful manner you will be asked to leave the group for that session and your referral source will be notified.**

I have read the above responsibilities and hereby accept the obligation for compliance.

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Client Signature

Date

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Witness signature

Date

*What's next?*

What do you want  
to see next?

What do your  
participants need?

Dedicated IOP Substance Use Specific  
Matrix or other model

*Ideas?*

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Contact us to get started today!