

Drug Testing 101

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This session is designed to provide a wealth of information and strategies for building and maintaining a successful drug-testing program. When is the best time to test, what are the most effective screening specimens, and how to select the best testing approaches will all be reviewed. A simplified explanation of drug testing technique will be provided. Collection strategies and result interpretation – two essential components of a credible testing program will also be discussed. Additional focus issues, such as debunking drug-testing myths and controlling sample tampering will also be examined.

1. Learn the basic principles of drug testing.
2. Gain knowledge of effective drug testing to ensure the success of abstinence monitoring.
3. Learn which drug testing myths are true and false.

Bio:

Paul L. Cary, M.S., is an independent forensic toxicology consultant. He retired as director of the nationally recognized Toxicology Laboratory at the University of Missouri in 2015 after working there for 40 years. The laboratory performed drug testing for drug courts, hospitals, mental health facilities, attorneys, coroners and medical examiners, athletic programs, and public and private employers. Mr. Cary has authored numerous scientific publications and monographs, served on a variety of clinical and technical advisory committees, taught at the university, and was involved in drug testing research, and he continues to serve as a consultant in toxicology-related matters. He has also provided judicial education, including lecturing at the National Judicial College on alcohol pharmacology, the use of expert testimony, and drug testing issues. He has been certified as an expert and provided expert testimony in court (local, state, and federal) and in labor arbitration. He is a member of the Society of Forensic Toxicology. Mr. Cary has been a resource to drug court teams throughout the nation and oversees and serves as visiting faculty for All Rise, the Center for Court Innovation, and the National Council of Juvenile and Family Court Judges.