

Building a Strong Recovery Community in Rural Areas

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Recovery is a person-driven process with many pathways to health. When implemented within a supportive structure, such as a recovery community, the process is more successful. This session will explore the importance of a recovery community and look at existing recovery support structures in your community.

1. Explore the factors that drive recovery care.
2. Learn about the hub and spoke model of integrated health systems.
3. Understand the role recovery housing plays in building a community.

Bio:

Helen Feroli owns a consulting business where she is able to harness her more than 25 years' experience in human services to assist new and existing agencies in the areas of staff & program development, quality management, licensing, and accreditation. She also works part-time providing mental health and substance use disorder counseling services. Helen has worked with treatment courts since 2011 and has served as a consultant faculty member with NADCP since 2016. She is committed to giving back to her community and serves as a volunteer with the American Red Cross and on the board of a local non-profit organization providing sober housing & wraparound services to families affected by addiction. Helen received her Master of Arts in Clinical Psychology from Bridgewater University. She lives in Bend, Oregon with her husband and daughter. In her free time, Helen enjoys gardening, horseback riding, historical fiction, and spoiling their two large dogs.