**Native American Cultural Competency for Treatment Professionals**

**Speakers: Sean Bear and Anne Helene Skinstad**

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Sean A. Bear earned his B.A. from Buena Vista University in 2002, majoring in psychology/human services. He also studied mental health counseling at Drake University for 2 years. He is a member of the Meskwaki Tribe, in Tama, Iowa, and has worked with Native Americans with Substance Use disorders for many years. He is an Army Veteran of 9 years, honorary discharged from the 82nd Airborne. He has worked as an Administrator/Counselor in EAP, a counselor in adolescent behavioral programs, substance abuse, and in-home family therapy. He has experience in building holistic; Native American based curriculum, and implementation with substance abuse clientele. He was the training coordinator for the National AI/AN ATTC from 2013.

His passion is to assist people in overcoming their substance use issues as well as other issues, and to return to the spiritual ways of their ancestors. It is his hope that one day, people of all nations will co-exist and live in peace and harmony, not just with each other, but within themselves, as well as to come to the realization of what our ancestor of long ago already knew, “that we are all brothers and sisters under one Creator.”. My passion is the life-long education of Spirituality, particularly in Native American Spirituality.