# Table of Contents

Child Services	2
Disabilities	3
Financial	5
Food	7
Health	8
Housing	9
Legal	10
Senior	13
Public Safety	13
Transportation	14
Veterans	14
Women's Resources	15
Other	16

# **Child Services**

**Child Abuse Hotline** 1-866-820-5437 (toll free, 24 hours) 1-866-341-8811 (TTY-hearing-impaired)

### Child and Family Services Division: Eastern Region I Office

Eric Barnosky, Regional Administrator 708 Palmer Street/PO Box 880 Miles City, MT 59301 Phone: (406) 234-1385 Fax: (406) 234-6755 Email: <u>ebarnosky@mt.gov</u> https://dphhs.mt.gov/cfsd/contacts

The division provides state and federally mandated protective services to children who are abused, neglected, or abandoned. This includes receiving and investigating reports of child abuse and neglect, working to prevent domestic violence, helping families to stay together or reunite, and finding placements in foster or adoptive homes.

### Boys and Girls Club of Richland County

201 3<sup>rd</sup> Ave SE/ PO Box 416 Sidney MT 59270 Phone: 406-433-6763 Email: <u>h.cotter@richlandbgc.com</u> <u>www.richlandbgc.org/</u> Boys and Girls Club of Richland County is an after-school program for children in kindergarten through 12<sup>th</sup> grade designed to provide a safe place for kids to learn and grow.

### **Child Support Services Division**

Phone: 1-800-346-5437 Fax: 1-406-444-9629 <u>https://dphhs.mt.gov/assets/cssd/Reg2Contact.pdf</u> *Child support services are provided to either parent, or to a third-party with whom the child(ren) resides.* 

### **Developmental Educational Assistance Program (DEAP)**

2200 Box Elder Suite 151 Miles City, MT 59301 Phone: 406-234-6034 <u>https://deapmontana.org</u> *Provides a variety of education, support and residential services to families, children, and adults.* 

Hi-Line Home Programs, Inc. Glasgow (Headquarters)

605 3<sup>rd</sup> Avenue S South Glasgow, MT 59230 Phone: (406) 228-9431 Fax: (406) 228-2984 <u>http://www.hilinehomeprograms.org/welcome.html</u> *Provides support and services to children and families in the Northeastern region of Montana. Services include the childcare resource and referral program (scholarships for low-income families and training for childcare providers) and the child and adult care food program.* 

#### Nurturing Tree

200 South Kendrick Avenue Glendive MT 59330 Phone: 406-377-7515 Email: <u>thenurteringtree@yahoo.com</u> <u>https://www.facebook.com/p/The-Nurturing-Tree-100083553633639/</u> Love and logic parenting classes, weekly parent/child groups, Baby & Me registered nurse.

#### Youth Dynamics Inc.

112 West Main Wolf Point, MT 59201 Phone: (406) 653-3992 Fax: (406) 653-3948 Website: <u>https://www.youthdynamics.org/</u> Youth Dynamics is a Montana non-profit children's mental health agency. Their services include therapy, case management, family education and support, foster and respite care, mentoring, therapeutic youth home care, equine-assisted therapy, substance abuse treatment, independent living skills, and more.

# Disabilities

A.W.A.R.E. Inc 3360 10<sup>th</sup> Ave S Great Falls, MT Phone: (406) 563-8117 Website: <u>https://www.aware-inc.org/who-we-are</u>

AWARE is a statewide nonprofit organization that offers quality, community-based support for people with mental health and/or developmental disabilities and families with children ages 0 to 8. They serve all 56 counties in Montana.

#### **Blind and Low Vision Services**

201 1<sup>st</sup> St South, Suite 2 Great Falls, MT 59405 Phone: (406) 454-6060 Fax: 406-454-6084

#### http://dphhs.mt.gov/detd/blvs

Blind and Low Vision Services provides services through three programs to assist individuals in finding or maintaining employment, learning to live with low vision or blindness, and increasing independence.

### Developmental Disabilities Programs Region 1 Developmental Disabilities Program - Glasgow Office

226 6th St. S. PO Box 472 Glasgow, MT 59230 Phone: (406) 228-8264 Fax: (406) 228-8263 Services provided to eligible persons through the Developmental Disabilities Program are available at no cost to individuals of any age. Many kinds of services are offered through providers in communities or self-direction options.

#### **Disability Rights Montana**

1022 Chestnut Street Helena, MT 59601 Phone: (406) 449-2344 Toll free: (800) 245-4743 http://disabilityrightsmt.org/

Disability Rights Montana litigates on behalf of individuals with disabilities to insure their rights to employment, education, health care, transportation, housing, and other services. Besides litigation, they also engage in other efforts to promote the rights of individuals with disabilities.

#### **Eastern Montana Industries**

805 South Hayes Ave/ PO Box 759 Miles City, MT 59301 Phone: 406-234-3740 Email: <u>emihr@midrivers.com</u> <u>https://www.facebook.com/p/Eastern-Montana-Industries-100064700795178/</u> *EMI is a non-profit agency providing support to adults with disabilities.* 

### Richland Opportunities Inc. – Jensen Activity Center & Business Offices

110 Silurian Lane, Sidney MT 59270 Phone: 406-488-3341 Email: <u>info@roisidney.org</u> <u>https://roisidney.org</u> *Provides care and options for social an* 

*Provides care and options for social and economic development. ROI provides community living skills, residential options, employment and vocational training, transportation, and more.* 

#### **Vocational Rehabilitation and Blind Services**

48 2nd Ave, Ste 213 Havre, MT 59501 Phone: 406-265-6933

Fax: 406-265-9271 Website: <u>https://dphhs.mt.gov/detd/vocrehab/</u> Montana Vocational Rehabilitation and Blind Services promotes opportunities for Montanans with disabilities to have rewarding careers and achieve maximum personal potential.

# Financial

Human & Community Services Division - Public Assistance Programs 1500 E Sixth Ave PO Box 202925 Helena, MT 59620-2925 Phone: (406) 444-1788 Fax: (406) 444-2547

https://dphhs.mt.gov/hcsd/

Online Application Website: <a href="https://apply.mt.gov/">https://apply.mt.gov/</a>

The Human and Community Services Division (HCSD) is a part of the Montana Department of Public Health and Human Services. The division provides cash assistance (TANF), employment training, supplemental nutrition assistance (SNAP), Medicaid, energy assistance (LIEAP), weatherization, and other services to help families move out of poverty and toward self-support.

### **Office of Public Assistance and Regional Offices**

Human and Community Services PO Box 202925 Helena, MT 59620 Helpline: (888) 706-1535 Fax: (877) 418-4533 https://dphhs.mt.gov/hcsd/OfficeofPublicAssistance

Havre Field Office/Long Term Care Unit Ryan Bldg 48 Second Avenue, Suite 200 Havre, MT 59501 Email: hhshcsopahill@mt.gov ; hhshcsdltcfieldoffice@mt.gov Glasgow Field Office 630 2nd Avenue South, Suite C Glasgow, MT 59230 Email: hhshcsopavalley@mt.gov Wolf Point Field Office 131 Front Suit B Wolf Point, MT 59201

Email: <u>hhshcsoparoosevelt@mt.gov</u>

These are the contacts for the offices of Human & Community Services Division as well as the regional offices for Blaine, Phillips, Valley, Daniels, Sheridan, and Roosevelt counties.

#### Montana Department of Labor and Industry

P.O. Box 1728 Helena, MT 59624 Phone: (406) 444-2840 https://dli.mt.gov/

> Business Standards Division Phone: (406) 841-2056 Fax: (406) 841-2050 Website: https://bsd.dli.mt.gov/ Employment Relations Division Phone: (406) 444-6543 Fax: (406) 444-4140 Website: https://erd.dli.mt.gov/ Unemployment Insurance Division Phone: (406) 444-2545 Fax: (406) 444-2699 Website: https://uid.dli.mt.gov/ Workforce Services Division Phone: (406) 444-4100 Website: https://wsd.dli.mt.gov/

The Montana Department of Labor and Industry is organized into five divisions. The department provides oversight and regulation of the Montana Workers' Compensation system, enforces state and federal labor standards, enforces state and federal safety and occupational health laws, provides adjudicative services in labor-management disputes, establishes and enforces building industry codes, licenses and regulations professions and occupations, regulates all weighing or measuring devices used in commercial transactions, conducts research, and collects employment statistics that enable strategic planning.

#### **Rural Dynamics, Inc.**

410 Central Avenue, Suite 401/PO Box 2326 Great Falls, MT 59403 Phone: (406) 454-5709 Fax: 406-761-8622

### www.ruraldynamics.org

Rural Dynamics, Inc (RDI) is a nonprofit organization headquartered in Great Falls, Montana. RDI provides all services and programs statewide in Montana. RDI's direct service programs include financial coaching, assistive technology lending, representative payee, trust administration, financial education, and tax free preparation.

#### Chamber of Commerce & Agriculture – Sidney Area

909 South Central Ave Sidney MT 59270 Phone: 406-433-1916

#### http://www.sidneymt.com/

#### **County Treasurer**

201 West Main Street Sidney, MT 59270 Phone: 406-433-1707 Fax: 406-433-6838 Email: <u>treasurer@richland.org</u> https://www.richland.org/treasurer.html

#### Sidney Job Service Workforce Center

211 North Central Avenue Sidney, MT 59270 Phone: 406-433-1204 Fax: 406-433-7453 Email: <u>sidneyis@mt.gov</u> *Offers a variety of free services for job seekers and business customers as part of a state-wide system of workforce development*.

# Food

### **Culbertson Food Bank**

212 Broadway Avenue Culbertson, MT 59218 Phone: (406) 787-9930

#### **Fellowship Food Pantry**

2181 West Holly Street Sidney, MT 59270 Phone: 406-433-4004

#### Montana Food Bank Network (MFBN)

5625 Expressway Missoula, MT 59808 Phone: (406) 721-3825 Email: <u>info@mfbn.org</u> https://mfbn.org/

Montana Food Bank Network (MFBN) believes that every person has a basic human right to access nutritious, high-quality food that nourishes the mind, body, and soul. They are Montana's only statewide food bank. And distribute food all across the state. They partner with neighborhood food banks, community pantries, social organizations, homeless shelters, schools, and hundreds of other organizations that work together to end hunger in Montana.

# Health

### **Alcoholics Anonymous Montana**

Hotline: (833) 800-8553 <u>https://www.aa-montana.org/</u> Find a Meeting near you: <u>https://www.aa-montana.org/meetings.php</u>

### Alcohol and Drug Program – District II

119 South Kendrick Street Glendive, MT 59330 Phone: 406-377-5942 Specializes in the treatment of alcoholism, drug addiction, dual diagnosis, mental health and substance abuse, and opioid addiction.

### Montana Council on Problem Gambling

PO Box 606 Helena, MT 59624 **24 Hour Helpline: (888) 900-9979** http://www.mtproblemgambling.org/

A non-profit agency dedicated to alleviating gambling-related social and personal distress through the provision of relevant support, referral services, and education to compulsive gamblers, their families, and other concerned Montanans.

### Eastern Montana Community Mental Health Center

2508 Wilson Miles City, MT 59301 Phone: 406-234-1687 Fax: 406-234-1698 https://www.emcmhc.com/

*Provide quality, professional, comprehensive mental health and substance abuse treatment services to the citizens of Eastern Montana.* 

### **Richland County Health Department**

1201 West Holly St. Suite 1 Sidney MT 59270 Phone: 406-433-2207 Email: mhamburg@richland.org

# Sidney Health Center

216 14th Avenue Southwest Sidney, MT 59270 Phone: 406-488-2100 https://www.sidneyhealth.org/

#### Sidney Health Center – Extended Care

104 14<sup>th</sup> Avenue Southwest Sidney MT 59270 Phone: 406-488-2300 https://www.sidneyhealth.org/Extended-Care

Through quality nursing care, activities, self-improvement, and friendships, Extended Care proves there is more to aging than growing old. We want to show others how companion animals, the opportunity to care for other living things, and the variety and spontaneity that mark an enlivened environment can succeed where pills and therapies fail.

#### Sidney HealthWorks

216 14<sup>th</sup> Avenue Southwest Sidney MT 58270 Phone: 406-488-4631 <u>https://www.sidneyhealthworks.org/</u>

At Healthworks, we have a full line of strength and cardio equipment, a complete schedule of group classes, and the best trainers in the area for personal and small-group training. If you have a fitness goal, we have the means to help you achieve it.

#### The Lodge at Lone Tree Creek

1015 7<sup>th</sup> Avenue Southwest Sidney MT 59270 Phone: 406-488-4682 https://www.lodgeatlonetree.org/

*Enjoy independence, privacy and security while receiving the assistance you need. The Lodge is an assisted living facility that enables the continued enjoyment of life through friendship, companionship and support services.* 

# Housing

Action for Eastern Montana 2030 N Merrill Avenue/PO Box 1309 Glendive, MT 59330 Phone: (406) 377-3564 https://aemt.org/

*Provides services regarding LIHEAP (Low Income Home Energy Assistance Program), Weatherization, and Energy Share Program* 

#### Montana Emergency Rental Assistance Phone: 1-844-406-2772

https://montana.servicenowservices.com/arpa

The Montana Emergency Rental Assistance program supports Montanans who have experienced financial hardships directly or indirectly due to the COVID-19 pandemic and are at risk of housing instability.

#### **Montana Fair Housing**

501 E Front Street, Suite 533 Butte, MT 59701 Phone: (406) 782-2573 Fax: (406) 782-2781 http://www.montanafairhousing.org/

Investigates allegations of discrimination in housing, counsels victims of discrimination, and facilitates both the state and federal complaint process. They also assist victims of housing discrimination, under specific circumstances, in securing the representation of counsel when the filing of a complaint in court is deemed the best option.

### U.S. Department of Housing and Urban Development

Helena Field Office Paul G. Hatfield U.S. Courthouse 901 Front Street, Suite 1300 Helena, MT 59626 Phone: (406) 449-5050 Email: <u>MT Webmanager@hud.gov</u> https://www.hud.gov/states/montana/offices

The Department of Housing and Urban Development (HUD) is the federal agency responsible for national policy and programs that address America's housing needs, that improve and develop the Nation's communities, and enforce fair housing laws. There are major programs administered by HUD and for further questions please contact the field office listed above.

#### **Richland Housing Authority**

1032 6<sup>th</sup> Street SW Sidney MT 59270 Phone: 406-433-1978 Email: <u>richlandhousinginfo@gmail.com</u>

# Legal

Clerk and Recorder/Elections: Stephanie Verhasselt 201 West Main Sidney, MT 59270 Phone: 406-433-1708 Fax: 406-433-3731 Email: <u>sverhasselt@richland.org</u> https://www.richland.org/clerk--recorder.html

### **Clerk of District Court**

300 12<sup>th</sup> Avenue NW, Suite 3 Sidney MT 59270 Phone: 406-433-1709 Fax: 406-433-6945 Email: <u>clerkofcourt.richland@mt.gov</u> https://www.richland.org/clerk-of-district-court.html

### **Richland County Attorney**

300 12<sup>th</sup> NW, Suite 7 Sidney, MT 59270 Phone: 406-433-2505 Fax: 406-433-9989 https://www.richland.org/county-attorney.html

### Richland District Court Judge – Hon. Katherine M. Bidegaray

300 12<sup>th</sup> Avenue NW, Suite 2 Sidney, MT 59270 Phone: 406-433-5939 Fax: 406-433-6879

### Lawyer Referral and Information Service

7 West 6<sup>th</sup> Avenue, Suite 2B Helena, MT 59601 Phone: 406-449-6577 Website: <u>http://205.209.45.153/iabar/AttorneyOnLineMontana.nsf/srch?OpenForm</u> *The attorneys listed with this service offer standard fee arrangements. If you are seeking and have reason to believe you would qualify for free or reduced rate services, please contact Montana Legal Services Association.* 

### Montana Family Transition Project

Phone: (406) 543-8343 extension 207

Email: *mediate@mtlsa.org* 

The Montana Family Transition Project offers you the chance to decide what's next for your family, instead of going to court and having a judge decide. A trained professional mediator will help you and your co-parent talk through the issues and make a plan that will work for your lives. You can also get legal advice from an attorney and help calculating child support, all at no cost to you. Both parties need to participate.

To qualify, you and the other party must:

- need a parenting plan or divorce
- Have at least one child
- Have a case in a Montana court or be planning to file in Montana

### At least one of you must

- Not have a lawyer
- Meet certain income requirements

### Montana Legal Services Association (MLSA)

616 Helena Avenue #100 Helena, MT 59601 Phone: (800) 666-6899

### www.mtlsa.org

Montana Legal Services Association (MLSA) is a law firm that empowers low-income people by providing legal information, advice, and other services free of charge. MLSA works both on individual cases and under a systemic approach to help low-income people escape domestic violence, keep their housing, preserve their public benefits, protect their finances, and more.

### Montana Law Help

Website: <u>https://www.montanalawhelp.org/</u> Free civil legal information, forms, and advice. Operated by Montana Legal Services Association.

### Montana Citizens' Advocate: Kelly Brady

State Capitol Room 232 PO Box 200803 Helena, MT 59620 Phone: (406) 444-3468 Email: <u>kelly.brady@mt.gov</u> The representative for the Constituent Services under the Governor's Office. They listen to complaints made against state government agencies.

### **Office of Consumer Protection and Victim Services**

555 Fuller Ave/PO Box 200151 Phone: (406) 444-4500 Fax: (406) 442-2174 Helena, MT 59620 Email: <u>contactocp@mt.gov</u> <u>https://dojmt.gov/consumer/</u>

Mediates complaints between consumers and businesses, assists with identity theft recovery, educates consumers regarding fraud and scams, and assists victims of crimes.

### Office of Disciplinary Counsel for the State of Montana

33 South Last Chance Gulch St. PO Box 1099 Helena, MT 59624 Phone: (406) 442-1648 Fax: (406) 442-2685

### https://montanaodc.org/

The Office of Disciplinary Counsel (ODC) is part of a comprehensive lawyer regulation system established by the Montana Supreme Court. The system consists of ODC and the Commission on Practice (COP). COP and ODC are under direct supervision of the Montana Supreme Court. ODC performs central intake functions and processes, investigates, and prosecutes complaints against lawyers that are within the jurisdiction of the Court.

### Public Defender's Office, Region 3

100 ½ S Merrill Avenue Glendive, MT 59330 Phone: (406) 987-6010 Fax: (406) 377-6012

### Self Help Law Center

Great Falls Public Library 301 2<sup>nd</sup> Ave N Great Falls, MT 59401 Phone: (406) 899-7109 Email: <u>cascadecountyselfhelp@mt.gov</u> <u>https://courts.mt.gov/selfhelp/ne-region?county=Sheridan</u> *Assists self-represented litigants and other people in finding legal information, forms and other resources.* 

# **Public Safety**

Sheriff's Office: John K. Dynneson 300 12<sup>th</sup> Ave. NW Sidney, MT 59270 https://www.richland.org/sheriffs-office.html

## Senior

Adult Protective Services/Elder Abuse Hotline Phone: 1-844-277-9300 https://dphhs.mt.gov/SLTC/aps/index

#### Area I Agency on Aging

Action for Eastern Montana 2030 N Merrill Avenue/PO Box 1309 Glendive, MT 59330 Phone: (406) 377-3564 Fax: (406) 377-3570 https://aemt.org/our-services/area-1-agency-on-aging/

Their services of Aging Services include: Transportation, Skilled Nurse, Personal Care, Homemaker, Health Promotion, Respite Care, Senior Centers, Legal Services, Congregate Meals, Outreach, Home Delivered Meals, and more.

#### **Commission on Aging**

2190 West Holly Street Sidney, MT 59270 Phone: 406-433-3701 Fax: 406-433-5800 https://www.richland.org/commission-on-aging.html

#### **Crestwood Inn – Retirement Home**

410 3<sup>rd</sup> Ave SW Sidney, MT 59270 Phone: 406-433-3721 *Provides income-based housing for the elderly and disabled.* 

### **Montana Legal Services Association**

616 Helena Ave #100, Helena, MT 59601 Phone: (800) 666-6899

Website: www.mtlsa.org

MLSA is a federally and privately funded nonprofit organization that provides non-criminal legal aid to low-income people throughout Montana. Residents seeking civil legal help can contact MLSA via phone, online, or walk-in to request free information, advice, and/or representation. Thanks to a grant from the federal Administration for Community Living (ACL), Montana Legal Services Association (MLSA) currently has more resources to address the civil legal needs of elderly Montanans. MLSA civil legal assistance helps vulnerable elderly people address a wide range of civil legal problems, including financial exploitation, debt and consumer issues housing issues, and abuse.

# Transportation

Richland County Transportation Service 1201 West Holly Street Sidney MT 59270 Phone: 406-433-RIDE (7433)

### https://www.richland.org/transportation.html

RCTS has 8 vehicles. All vehicles are ADA accessible and many have special features to accommodate a range of passengers. With everything from integrated car seats to bicycle racks, RCTS strives to make our service work for everyone.

### **Montana Department of Transportation**

2701 Prospect Avenue Helena, MT 59601 Phone: (406) 444-6200

https://www.mdt.mt.gov/

The Montana Department of Transportation is responsible for transportation systems throughout the state by providing service that emphasizes quality, safety, cost effectiveness, sensitivity to the environment, and economic vitality.

# Veterans

Montana Veterans Affairs Division (MVAD)

1956 Mt. Majo St. PO Box 4789 Fort Harrison, MT 59636 Phone: (406) 324-3742 Email: <u>MVAD@mt.gov</u> <u>https://dma.mt.gov/MVAD/index</u>

The Montana Veterans Affairs Division is under the Montana Department of Military Affairs. The division aims to promote the general welfare of Montana Veterans and their families by establishing a statewide network of services.

### Montana Disabled Veterans (MDV) Assistance Program

PO Box 5805 Helena, MT 59604-5805 Phone: (406) 444-6900 Website: https://montana.servicenowservices.com/citizen/kb?id=kb\_article\_view&sysparm\_article=KB0

<u>013224</u>

The Montana Disabled Veterans (MDV) Assistance Program helps disabled veterans or their unmarried surviving spouse by reducing the property tax rate on their home. The veteran must have 100% disability from an injury related to service. In order to apply, the Form MDV must be submitted to your local Department of Revenue field office.

### **MVAD Suicide Prevention and Crisis Services**

Veterans Crisis Line: (800) 273-8255 press 1 https://dma.mt.gov/MVAD/suicide-prevention

The Veterans Crisis Line is a 24/7, confidential crisis support for Veterans and their loved ones. You do not have to be enrolled in VA healthcare or registered with VA to connect.

# Women's Resources

Northeast Montana Victim/Witness Program

Phone: (406) 653-2999

Email: <u>nemtvictimwitness@gmail.com</u> Crime victim services.

### **Richland County Coalition against Domestic Violence**

Address: 913 6th St SW, Sidney, MT 59270 Hotline: 406-973-1635 Phone: 406-433-7241 Email: <u>rccadv@midrivers.com</u>

*Provides 24-hour crisis intervention, personal advocates, support groups, safe homes and motels (5-day limit), referrals, education, legal advocacy, assistance with transportation.* 

#### **Sunrise Pregnancy Resource Center**

203 14<sup>th</sup> ST. SE Sidney MT 59270 Phone: 406-433-7772 Hotline: 1-800-712-HELP (4357) Email: <u>info@sunrisepregnancy.org</u> www.sunrisepregnancy.org/

### **Richland County WIC**

1201 West Holly Street Sidney MT 59270 Phone: 406-433-2207 The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

# Montana Department of Public Health and Human Services (DPHHS) - Sexual Violence and Victim Services (SVPVS)

Patrick Paradis - Program Specialist Phone: (406) 444-3628 Email: Patrick. <u>Paradis@mt.gov</u> Website: <u>https://dphhs.mt.gov/ecfsd/adolescenthealth/svpvs</u> *The Sexual Violence Prevention and Victim Services Program (SVPVS) implements prevention efforts that reduce risk factors and increase protective factors associated with sexual violence perpetration and victimization.* 

# Other

Richland County Disaster & Emergency Services 2140 W Holly Street Sidney, MT 59270 Phone: 406-433-2220

Fax: 406-433-6952

### **Richland County Law Enforcement Center**

300 12<sup>th</sup> Avenue Northwest Sidney MT 59270 Phone: 406-433-2919 Fax: 406-433-4766

## Sidney-Richland County Library

121 3<sup>rd</sup> Ave Northwest Sidney MT 59270 Phone: 406-433-1917 Fax: 406-433-4642

### Salvation Army

504 E Main St, Sidney MT 59270 Phone: 406-433-6299