

Statewide and National Resources

Addiction Services		
Addictive and Mental Disorders Division (Department of Public Health & Human Services)	100 N. Park, Suite 300, PO Box 202905, Helena, MT 59620 (406) 444-3964, (406) 444-4435 (fax) hhsamdemail@mt.gov dphhs.mt.gov/amdd/ The Addictive and Mental Disorders Division (AMDD) of the Montana Department of Public Health and Human Services implements and improves an appropriate statewide system of prevention, treatment, care and rehabilitation for Montanans with mental disorders or addictions to drugs or alcohol. AMDD provides substance abuse and adult mental health services by contracting with behavioral health providers throughout Montana.	
Alcoholics Anonymous	Statewide Hotline: 888-607-2000 www.aa-montana.org The purpose of AA meetings is for members to “share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.” Al-Anon Family Groups: (888) 425-2666, mtalanon@hotmail.com http://www.mt.al-anon.alateen.org Support group for family and friends of alcoholics. They also have a recovery program for teenagers.	
Adult Children of Alcoholics	This is an anonymous Twelve Step, Twelve Tradition program of women and men who grew up in an alcoholic or otherwise dysfunctional home. http://www.adultchildren.org/ A list of meetings in Montana is available here: http://www.allone.com/12/aca/	
Drug and Alcohol Addiction Helpline	(866) 925-7411 www.freeaddictionhelpline.com	
Gamblers Anonymous Hotlines	Billings Hotline Number: (406) 860-8287 Helena Hotline Number: (406) 202-0299 www.gamblersanonymous.org This is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. You can find meetings on the website or call the hotline for assistance.	
Meth Project	http://montana.methproject.org/ (406) 721-2538 or (888) 366-6384 or info@montanameth.org This is a large-scale prevention program aimed at reducing Meth use through public service messaging, public policy and community outreach.	

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	<p>Montana Chemical Dependency Center (Department of Public Health & Human Services)</p>	<p>525 E. Mercury, Butte MT 59701 (406) 496-5400 mcdc.mt.gov</p> <p>MCDC provides holistic intensive in-patient treatment that cares for the disease of addiction including withdrawal management for substance use disorders and treatment for co-occurring mental health disease.</p> <p>MCDC provides the highest level or most intense level of treatment for addictions in the health care continuum funded by the state of Montana.</p> <p>MCDC engages with all community partners who provide and support addiction and recovery services to continue the life long journey of recovery.</p> <p>Interdisciplinary teams composed of physicians, nurses, treatment technicians, addiction counselors, mental health therapists, care managers, and administrative staff.</p> <p>MCDC has 16 treatment beds for men, 16 treatment beds for women and 16 beds for withdrawal management.</p> <p>MCDC Follows ASAM (American Society of Addiction Medicine Guidelines) for a 3.5 and 3.7 level of treatment.</p>
	<p>Montana Council on Problem Gambling</p>	<p>www.mtproblemgambling.org Helpline: 888.900.9979 Bonnie Huestis, Program Director 5200 9th Avenue South, Great Falls MT 59405 (406) 453-6006, bonniehlpcpc@bresnan.net</p> <p>They work to alleviate gambling-related social and personal distress through the provision of relevant support, referral services, and education to compulsive gamblers, their families, and other concerned Montanans. They have affiliated counselors throughout the state.</p>
	<p>Montana Tobacco Quit Line</p>	<p>(800) 784-8669 www.quitnowmontana.com</p> <p>Help-line offering personalized counseling for those looking to quit using tobacco products. It offers free access to online quit tools, support from other tobacco users who are trying to quit, and other info to make your quit attempt easier.</p>
	<p>Montana Tobacco Use Prevention Program</p>	<p>(406) 444-7408, (406) 444-5900 (fax), infotobaccofree@mt.gov Montana Clean Indoor Air Act Information Line: 1-866-787-5247 1400 Broadway St, PO Box 202951, Helena, MT 59620-2951 dphhs.mt.gov/publichealth/mtupp</p> <p>MTUPP works to eliminate tobacco use, especially among young people, through statewide programs and policies.</p>

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National Association for Children of Alcoholics	(888) 55-4COAS, (301) 468-0985, nacoa@nacoa.org www.nacoa.org Their mission is to eliminate the adverse impact of alcohol and drug use on children and families. They raise awareness and advocate for education and prevention.	
The National Council on Problem Gambling	730 11 th St, NW, Ste 601, Washington, DC 20001 (202) 547-9204, ncpg@ncpgambling.org 24 Hour Confidential National Hotline: 1-800-522-4700 www.ncpgambling.org They try to increase awareness of pathological gambling, ensure the widespread availability of treatment for problem gamblers and encourage research and programs for prevention and education. They provide 24/7 counseling for those with gambling issues.	
Narcotics Anonymous	Statewide Helpline: 1-800-990-6262 www.namontana.com (Montana website), www.na.org (worldwide website) This a group of recovering addicts who meet regularly to help each other stay clean. There are meetings throughout the state.	
Overeaters Anonymous	http://www.aa.org/ (505) 891-2664 This is a program of recovery from compulsive overeating, binge eating and other eating disorders using the Twelve Steps and Twelve Traditions of OA. There are meetings in different cities throughout Montana.	
Prescription Drug Abuse Awareness Program	https://doj.mt.gov/prescriptiondrugabuse/ Office of the Attorney General, Department of Justice, PO Box 200151, Helena, MT 59620-0151 (406) 444-2649, kkelly@mt.gov They help spread awareness of prescription drug abuse. They also have information about resources available throughout the state that may help someone abusing prescription drugs.	
Substance Abuse and Mental Health Services Administration	See mental health services.	
Adoption		
A New Arrival Incorporated	(406) 584-5312, (406) 584-5315 (fax) 24-hour pregnancy hotline: 1-888-989-0600 204 South Main St, PO Box 445, Twin Bridges, MT 59754	

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		www.anewarrival.com Fully Hague accredited agency that assists with both foreign and domestic adoptions. They also help Birth Mothers with unplanned pregnancies with the process of choosing an adoptive family for an unborn child.
Catholic Social Services of Montana		Phone – Pregnancy Line: (800) 222-9383, General: (406) 442-4130, adopt@cssmt.org 1301 11 th Ave, PO Box 907, Helena, MT 59624 http://www.cssmt.org They provide adoption and counseling services. They work with birth mothers hoping to have their child adopted as well as people hoping to adopt.
CFSD Foster Care Program		Offers information and training for those interested in becoming foster parents. 1-866-936-7837 http://dphhs.mt.gov/CFSD/Fosterparent
Lutheran Social Services of Montana		(800) 726-3083 www.lssmt.org They provide birthparent counseling, adoptive parents preparation, search and counseling services. You need not be Lutheran to work with them. They have offices around the state and they will also come to you.
National Foster Parent Association		1202 Westrac Drive, Suite 400, Fargo, ND 58103 NFPA supports foster parents in achieving safety, permanence and well-being for the children in their care. (800) 557-5238, (888) 925-5634 (fax), Info@NFPAonline.org Nfpaonline.org
American Legion		
Montana American Legion		(406) 324-3989 or (406) 465-0587, amlegmt29@mtlegion.org PO Box 6075, Helena, MT 59064 mtlegion.org http://www.legion.org/education/statebenefits/montana Community of veterans that has local meetings. The organization works to mentor youth. They also help arrange college scholarships for honorably discharged Montana veterans.
Animal Services		
Montana Pets on the Net		www.montanapets.org The goal of the page is to increase the adoptions of pets currently held in shelters, humane societies and rescue groups across the state. They can help connect you with a local animal that needs a new home.
Benefits Services		
Benefits Checkup		https://www.benefitscheckup.org/cf/index.cfm?partner_id=62 Helps you find and enroll in benefits programs and apply for Medicare's Extra Help.

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Benefits.gov	www.benefits.gov Answer online questions to learn more about which federal benefits you may qualify for.
Bridge to Benefits	mt.bridgetobenefits.org Answer a few questions to learn more about what public benefits and programs you likely qualify for.
Electronic Benefit Transfer Help Line	(866) 850-1556 This interactive voice response system provides functions such as PIN selection, balance inquiry, and review of the last 10 transactions, as well as help with EBT system problems.
Energy Share of Montana	318 N. Last Chance Gulch Suite 2B, Helena, MT 59601 (406) 442-4900, (888) 779-7589, (406) 442-4300 (fax) contactus@energysharemt.com http://energysharemt.com/index.html Helps Montanans faced with energy emergencies meet their needs and move towards self-reliance. Usually one-time only assistance.
Low-Income Energy Assistance Program	http://dphhs.mt.gov/hcsd/energyassistance Provides information for optimization of energy efficiency and costs, as well as financial assistance for energy bills to low-income individuals. You can apply for this program through your local Human Resources Development Council.
Public Service Commission	(406) 444-6199, (406) 444-4212 (TDD), (406) 444-7618 (fax) 1701 Prospect Ave, PO Box 202601, Helena, MT 59620 http://psc.mt.gov/ They field consumer complaints about public utilities.
SNAP	This program provides supplemental food and nutrition assistance to low income people. SNAP recipients use EBT cards, which are similar to debit cards, to purchase food in authorized retail stores. You can apply online at apply.mt.gov or in person at your local Office of Public Assistance. http://dphhs.mt.gov/hcsd/SNAP
Temporary Assistance for Needy Families	http://www.dphhs.mt.gov/hcsd/tanf/tanfeligibility.shtml TANF is a program providing temporary financial assistance to eligible needy families. You can apply online at apply.mt.gov or in person at your local Office of Public Assistance. The program includes a Work Readiness Component (WoRC) which helps TANF recipients in their pursuit of self-sufficiency.
Chamber of Commerce	
Montana Chamber of Commerce	900 Gibbon Street, P.O. Box 1730, Helena, MT 59624 (406) 442-2405, (888) 442-6668, (406) 442-2409 (fax) This is the advocate of business in Montana.

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		www.montanachamber.com
	Montana Official State Travel Site	www.visitmt.com 1-800-847-4868 Information about places to visit and things to see in Montana.
Child Services		
	Adoption (Montana DPHHS)	Dphhs.mt.gov/CFSD/Adoption This state agency helps connect children who have been removed from their own families because of abuse, neglect or other family problems with new homes. You can contact them by email at askaboutadoption@mt.gov or by phone at 1-866-936-7837 if you are interested in adopting a child.
	Best Beginnings Child Care Scholarship	http://dphhs.mt.gov/hcsd/ChildCare/BestBeginningsScholarships Scholarships are available to qualified low-income families whose child receives care from a licensed child care center, registered group or family child care home, or legally certified child care provider. Contact information for local providers of the scholarship is available at the website.
	Boy Scouts	http://www.montanabsa.org/ To reach the Montana Council, call (406) 761-6000. Boy Scouts is a program that builds character and community through a variety of activities including camping, canoeing, hiking, mountain biking, community service projects and more.
	Boys Town National Hotline	(800) 448-3000 They help teens, parents and families on the brink of disaster. They try to give callers hope when their situations seem hopeless. They reunite kids with their families, find foster homes for others, provide a Boys Town family for those with nowhere else to turn and help families remain together. http://www.boystown.org/
	Child Abuse Hotlines	(866) 820-KIDS (Montana), (866) 341-8811 (TTY Montana), 1-800-422-4453 (national hotline)
	Child and Family Services Division (Department of Public Health and Human Services)	http://dphhs.mt.gov/cfsd 301 S Park, P.O. Box 8005, Helena, MT 59604-8005 (406) 841-2400, (406) 841-2487 (fax), child&familyservicesdiv@mt.gov This division works to protect children who have been or are at substantial risk of abuse, neglect or abandonment. Relative Registry List: 1-866-820-5437 If you get your relatives on this list, they will be contacted first before a kid is sent to foster care.
	Child Support Enforcement Division	<i>Central Office</i> (406) 444-6856, (800) 346-5437 , (406) 444-1370 (fax)

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	<p>2401 Colonial Drive, First Floor, PO Box 202943, Helena, MT 59620-2943 dphhs.mt.gov/csed Assists with all aspects of child support in the state of Montana, including forms and information. <i>Office of the Administrative Law Judge</i> (406) 444-9370, (406) 444-6565 PO Box 202922, Helena, MT 59620 <i>Region 8 Office (Deals with all interstate cases)</i> (406) 444-9767, (406) 444-9626 (fax) 2401 Colonial Drive, First Floor, PO Box 202943, Helena, MT 59620</p>
Child Welfare Information Gateway	<p>(800) 394-3366, info@childwelfare.gov They provide information, resources and tools covering topics on child welfare, child abuse and neglect, out-of-home care, adoption and more. www.childwelfare.gov</p>
Children’s Justice Center	<p>PO Box 201417, Helena, MT 59620-1417 https://doj.mt.gov/childrensjustice Department of Justice initiative devoted to responding to crimes with child victims. They have information about resources available to improve responses to child victims and help child victims recover and move on.</p>
Children’s Special Health Services	<p>(800) 762-9891, (406) 444-3622, cshs@mt.gov PO Box 20295, Helena, MT 59620-2951 http://www.dphhs.mt.gov/publichealth/cshs Provides support for youth who are at risk for chronic physical, developmental, behavioral, and/or emotional conditions and who also require health and related services of a type or amount beyond that required by children generally.</p>
Foster Care Independence Program	<p>Intended to help Montana foster youth get the life skills they need to make a successful transition into adulthood. For more information contact the Child and Family Services Division at: 406-841-2400 http://dphhs.mt.gov/CFSD/FosterCareIndependence</p>
Girl Scouts Montana	<p>http://gsmw.org/ State Headquarters are in Billings at 2303 Grand Avenue. (800) 736-5243 This program works to build girls of courage, confidence and character who make the world a better place.</p>
Grandparents Raising Grandchildren Project	<p>(406) 994-3395, grg@montana.edu 316A Herrick Hall, Bozeman MT 59717 http://www.montanagrandparents.org/</p>

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	Support group that provides contacts, referrals, and resources to grandparents raising grandchildren in Montana.
Healthy Montana Kids	1-877-543-7669 (Toll Free Hotline) or (888)706-1535 dphhs.mt.gov/hmk/ HMK is a free or low-cost health coverage plan for eligible Montana children and teenagers up to age 19. Apply online at http://hmk.mt.gov/ OR Have an application mailed to you by calling 1-877-543-7669.
Intermountain – Adoption and Family Support	www.intermountain.org 3240 Dredge Drive, Helena, MT 59602 (406) 442-7920 or (800) 200-9112 They have offices in Helena, Missoula and Kalispell. Services include outpatient therapy, psychiatric medication management, psychological testing and evaluation, school based services and family based services, including adoption, foster care and in-home therapeutic care.
Montana Children’s Trust Fund	2401 Colonial Drive, Helena, MT 59601 (406) 444-3002, jpetersen@mt.gov http://www.dphhs.mt.gov/childrenstrustfund/ The trust fund provides financial support to local programs across the state to prevent child abuse and neglect and strengthen families.
Montana Court Appointed Special Advocates State Office	(406) 443-2448 PO Box 1046, Helena, MT 59624 http://www.casagal.org Trained community volunteers who serve as advocates to children in abuse/neglect cases throughout the state.
Montana Head Start Association	(406) 443-0620 http://mtheadstart.org This organization has information about Head Start and Early Head Start programs throughout the state. Head Start is a free preschool program for low-income families. Early Head Start provides child development and family support services to low-income infants and toddlers and their families and pregnant women.
Montana Hope Project	PO Box 5927, Helena, MT 59604 www.montanahope.org They try to make dreams come true for critically ill children in Montana.
Montana Youth Challenge Academy	1-877-367-6927, (406) 683-7556, (406) 683-7545 (fax), mtchallenge@umwestern.edu 790 E. Cornell Street, Dillon, MT 59725 http://youthchallenge.mt.gov/

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		This academy assists at-risk Montana youth in developing skills and abilities necessary to become productive citizens through focusing upon the physical, emotional and educational needs of the youth within a highly structured environment.
	National Center for Missing and Exploited Children	(800) 843-5678 (24-hour line) www.missingkids.com They work to reunite missing children with their families. They have a cyber tipline for suspected child sexual exploitation. They help with child safety and prevention services, law enforcement training and victim & family support.
	Prevent Child Abuse America	(800) 244-5373 www.preventchildabuse.org They provide information and referrals and work to prevent child abuse and neglect.
	Runaway National Safeline	(800) 786-2929, info@1800runaway.org http://www.1800runaway.org 24/7 phone line and services dedicated to helping youth who have runaway or are considering running away. They also provide assistance to parents and friends of youth who may be considering running away. In addition, they can provide information to teachers who want to tell their students about the reality of life on the streets.
	Vaccines for Children Program, Dept of Public Health & Human Services	1400 Broadway, Room C211, PO Box 202951, Helena, MT 59620 (406) 444-5580 (office), (406) 444-0277 (Lori Hutchinson: VFC Coordinator) http://dphhs.mt.gov/publichealth/Immunization/VaccinesforChildresn Vaccines for children at no cost through VFC enrolled doctors. Children through age 18 eligible for Medicaid, uninsured, or underinsured can receive free vaccines through VFC-enrolled doctors.
	Yellowstone Boys and Girls Ranch	(800) 726-6755, (406) 655-2100 1732 South 72nd Street West, Billings, MT 59106 http://www.ybgr.org Therapeutic residential program for emotionally disturbed youth.
	Youth Dynamics	(877) 458-7022, vlapp@youthdynamics.org 2334 Lewis Avenue, Billings, MT 59102 http://www.youthdynamics.org Provides case management, family support, and youth mentoring services for youth who have been diagnosed with a severe emotional disturbance.
Clothing Assistance		
Community Programs		

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The Beehive	www.thebeehive.org Web resource with information about jobs, health, childcare, finances and various services and how to apply.
Call Before You Dig	811, (800) 424-5555 www.montana811.org You can call to request a locate of underground facilities in your dig area or submit a request online. You are required to check before you dig and the process is free. There are different numbers in Flathead and Lincoln.
Community Service, Governor's Office of Montana	(406) 444-9077, (406) 444-4418 (fax), serve@mt.gov 1301 Lockey Ave. 3rd Floor, PO Box 200801, Helena, MT 59620 serve.mt.gov They encourage citizens to engage in service, encourage organizations to involve youth and try to promote and expand volunteer opportunities for all Montanans.
Do-Not-Call List Information	1-888-382-1222, 1-866-290-4236 (TTY) https://www.donotcall.gov/ You can register your phone number to stop calls from telemarketers.
Easter Seals Goodwill Northern Rocky Mountain	425 1 st Ave N, Great Falls, MT 59401 (406) 761-3680 They have locations throughout the state. They provide a range of services for the low-income, the disabled, seniors and the general public. They have thrift stores in Billings, Bozeman, Butte, Great Falls, Helena, Kalispell and Missoula.
Federal Citizen Information Center	(800) 333-4636 http://www.usa.gov/Citizen/Topics/All-Topics.shtml Information on a wide range of topics related to the United States government.
Montana 211	http://montana211.org/ 211 is an easy to remember telephone number that connects people with important community services and volunteer opportunities.
Montana Conservation Corps	(406) 587-4475 206 N. Grand, Bozeman, MT 59715 mtcorps.org They empower youth and young adults through hands-on conservation service and education.
Mothers Against Drunk	1-877-ASK-MADD, (406) 414-6693, gallatin.mt@madd.org

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Driving (MADD)	P.O. Box 1982, Bozeman, MT 59771 www.madd.org They work to protect families from drunk driving and underage drinking. They also support victims and survivors of accidents caused by drunk driving.
Northern Plains Resource Council	(406) 248-1154, (406) 248-5110 (fax) 220 South 27th Street, Suite A, Billings, MT 59101 www.northernplains.org They organize Montana citizens to protect water quality, family farms and ranches and quality of life.
Northwest Power and Conservation Council	(406) 603-4013 30 W 14 th St #207, Helena, MT 59601 www.nwcouncil.org/ They develop and maintain a regional power plan and a fish and wildlife program to balance the Northwest's environment and energy needs.
Safe in Your Space	(406) 896-4389, (406) 444-2026 P.O. Box 201401, Helena, MT 59620 https://doj.mt.gov/safeinyourspace/ The website is about internet safety and they have presentations available free of charge about how students can protect themselves, what to do about cyber bullying and sexting.
Traveler Information	http://www.mdt.mt.gov/travinfo/ This website has information about road conditions, road safety, trip planning and traffic laws in Montana.
United Way of Montana	http://apps.unitedway.org/myuw/luindex.cfm?id=browseCities&abbr=MT&app They try to mobilize people to give, advocate and volunteer to improve the conditions in which they live. Local contact information for offices throughout the state is available at this website.
Western Montana Community Center	(406) 543-2224, info@gaymontana.org 127 N. Higgins Ave, Suite 202, Missoula, MT 59802 www.gaymontana.org Community, advocacy and networking for gay Montanans and their allies.
Crisis Resources	
American Red Cross of Montana	1300 28 th Street South, Great Falls, MT 59405 (800) 272-6668

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	<p>www.montanaredcross.org Provides blood services, disaster response, health and safety services, and services to armed forces.</p>
Critical Incident Stress Mgmt. Network	<p>(406) 324-4777 http://montanadma.org/critical-incident-stress-mgmt-network The CISM Network is a non-profit corporation run by volunteers. The Network was established to organize the development of CISM teams across the State of Montana and form a resource for assisting with critical incidents. A critical incident is any abnormal situation such as death, line-of-duty shooting, serious injury or threatening situation, which causes an individual to experience significant stress factors.</p>
Department of Disaster and Emergency Services	<p>(406) 324-4777 (general line) Steve Knecht, (406) 324-4787, sknecht@mt.gov http://montanadma.org/disaster-and-emergency-services Assists Montanans with disaster recovery and mitigation.</p>
Federal Emergency Management Agency (FEMA)	<p>(800) 621-3362 (voice), (800) 462-7585 (TTY) The numbers above are for disaster survivors to use to contact the national agency which works to prepare for disasters and mitigate their effects. http://www.fema.gov</p>
Forensic Rape Examination Payment Program	<p>(406) 444-3653 555 Fuller Ave, Helena, MT 59601 https://doj.mt.gov/victims/forensic-rape-examination-payment-program/ They pay the cost of a sexual assault examination within five days of the assault up to a maximum of \$600, sexual assault victims cannot be billed for the costs, fees or charges associated with this examination. Any treatment for physical injuries sustained may be billed to the victim.</p>
Montana Army National Guard	<p>(406) 324-3000 http://www.montanaguard.com/</p>
National Sexual Assault Hotline	<p>(800) 656-4673 www.rainn.org Call 24 hours for sexual assault support. They also have an online hotline. They provide counseling, support and advice for victims of sexual assault.</p>
National Suicide Prevention Lifeline	<p>1-800-273-8255 Provides free and confidential emotional support to people in suicidal crisis or emotional distress. There are people available to answer the phone 24/7. http://www.suicidepreventionlifeline.org</p>
Ready Montana	<p>http://serve.mt.gov/ready-montana/</p>

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		This website has information about how to prepare for emergencies, the fire season and winter weather .
Cultural Resources		
	Indian People's Action	https://www.facebook.com/indianpeoplesaction They work in urban areas to reach out and empower Indians to address the social, economic and racial inequities that shape their lives.
	Montana Arts Council	(406) 444-6430, (406) 444-6548 (fax) 830 N Warren Street, PO Box 202201, Helena, MT 59620 www.art.mt.gov They have information about statewide service organizations in the arts as well as links to websites with helpful information for people working in the arts. The organization works to develop the creative potential of all Montanans, advance education, spur economic vibrancy and revitalize communities through involvement in the arts.
	Montana Historical Society	(406) 444-2694 225 North Roberts, PO Box 201201, Helena, MT 59620 mhs.mt.gov They have a museum, a publication, a historic preservation office and a research center. They also offer programs through their outreach division. They collect preserve and provide access to historical resources.
Disability Resources		
	AWARE Incorporated	(800) 432-6145, (406) 563-8117, (406) 563-5956 (fax), info@aware-inc.org 205 East Park Avenue, Anaconda, MT 59711; http://www.aware-inc.org/ They provide community-based services to persons with challenging mental, emotional, and in some cases, physical needs who would otherwise be served in a more restrictive setting. They have offices in several locations throughout the state. Their services include a business network, community care and treatment and residential services. The business network is a collection of self-sustaining businesses where the goal is to have people with disabilities fully integrated into the workforce.
	Blind and Low Vision Services	(877) 296-1197, (406) 444-2590 (voice/TTY), (406) 444-3632 (fax), vrinfo@mt.gov 111 North Last Chance Gulch, Suite 4C, PO Box 4210, Helena, MT 59604-4210 dphhs.mt.gov/detd/blvs/ They have programs to assist individuals in finding and maintaining employment, learning to live with low vision or blindness, increasing independence and assistance for vision medical treatment. The contact information listed is for the central office. There are other offices throughout the state.

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Montana Council on Developmental Disabilities	(406) 443-4332, (866) 443-4332, (406) 443-4192 (fax) 2714 Billings Avenue, Helena, MT 59601 mtcdd.org They help plan services and advocate for the civil and human rights of people with disabilities and their families.
Developmental Disabilities Program Central Office	(406) 444-2995 (voice/TDD), (406) 444-0230 (fax) 111 Sanders Suite 305, PO Box 4210, Helena, MT 59604-4210 http://dphhs.mt.gov/dsd/developmentaldisabilities They work to create a system that coordinates resources, supports and services for people with developmental disabilities to have meaningful lives in their communities.
Disability Determination Services	(800) 772-1213 (TTY 1-800-325-0778) http://www.dphhs.mt.gov/detd/dds/index.shtml They make disability determinations for people applying for SSI and SSDI.
Disability Rights Montana	1022 Chestnut Street, Helena, Montana 59601 Voice/TDD: 406-449-2344, Toll Free: 800-245-4743, Fax: 406-449-2418, advocate@disabilityrightsmt.org http://www.disabilityrightsmt.org/ Disability Rights Montana protects and advocates for the rights of Montanans with disabilities. Provides assistance of advocates and attorneys for disability related issues.
HEAR Now	(800) 328-3602 This is an application-based program that provides hearing help to low-income Americans. Each person they help is fit with new, top-of-the-line digital hearing aids that are customized to their hearing loss. http://www.starkeyhearingfoundation.org/programs/hear-now/
Independent Living Resources	www.ilru.org/html/publications/directory/index.html Directory of independent living centers by state.
Job Accommodation Network	(800) 526-7234, (877) 781-9403 (TTY) http://askjan.org/index.html They provide free, expert and confidential guidance on workplace accommodations and disability employment issues. They help people with disabilities enhance their employability and show employers how to capitalize on the value and talent that people with disabilities add to the workplace.
Mental Disabilities Board of Visitors	(406) 444-3955, 1-800-332-2272, (406) 444-3543 (fax) http://boardofvisitors.mt.gov/ The Board conducts reviews of Montana's public mental health programs and the Montana Developmental Center

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		and assists individuals receiving services from these programs.
Montana Association for the Blind	(406) 442-9411 P.O. Box 465, Helena, MT 59624 mtblind.org	They have a summer training program, they teach needed skills to newly blind adults and they advocate on issues affecting the blind and visually impaired.
Montana Center for Inclusive Education	(406) 657-2312 (voice/TTY), 1-888-866-3822, (406) 657-2313 (fax) msubillings.edu/MontanaCenter/	They provide continuing professional development opportunities for educators and direct service providers which include helping them to better serve individuals with a range of disabilities.
Montana Developmental Center	(406) 225-4426, (406) 225-4414 (fax) 310 West 4 th Avenue, PO Box 87, Boulder, MT 59632 http://dphhs.mt.gov/dsd/MontanaDevelopmentalCenter	They provide treatment for people with serious intellectual disabilities who have been determined by a court to pose an imminent risk of serious harm to self or others.
Montana Independent Living Project	(800) 735-6457, (406) 442-5755 (voice/TTY), (406) 442-1612 (fax) 825 Great Northern Blvd, Suite 105, Helena, MT 59601 http://www.milp.us/home.html	They provide services that promote independence for people with disabilities.
Montana Talking Library	(800) 332-3400, (406) 444-2064, (406) 444-4799 (TTY/TTD), (406) 444-0266 (fax), mtbl@mt.gov 1515 East 6 th Avenue, PO Box 201800, Helena, MT 59620-1800 http://tbl.msl.mt.gov/	Provides recorded books and library services to those who cannot read conventionally. They also can connect you with books available in Braille.
Montana Telecommunications Access Program	(800) 833-8503, relay@mt.gov 111 North Last Chance Gulch, PO Box 4210, Helena, MT 59604 dphhs.mt.gov/detd/mtap/index	Oversees the Montana Relay program, which allows people who are Deaf to use telephone services and offers assistive equipment and services to Montanans whose disabilities make it hard for them to use the phone.
Montana Youth Transitions	(406) 442-2576, mylfjune@bresnan.net http://www.montanayouthtransitions.org/	They have information and resources to improve transition services and increase the number of youth with disabilities who achieve their desired post-school outcomes.

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MonTECH	(877) 243-5511, (406) 243-5751, montech@ruralinstitute.umt.edu 700 Southwest Higgins Avenue, Suite 200, Missoula, MT 59803 http://montech.ruralinstitute.umt.edu Information and resources regarding assistive technologies and equipment for the disabled.
National Rehabilitation Information Center	(800) 346-2742, (301) 459-5984 (TTY), (301) 459-4263 (fax) www.naric.com Disability and rehabilitation-oriented information.
Parents, Let's Unite for Kids	(800) 222-7585, (406) 255-0540, info@pluk.org 516 North 32 nd Street, Billings, MT 59101-6003 http://www.pluk.org This a group for parents of children with special needs that offers information, support, training and assistance to aid those children at home, school and as adults.
Rocky Mountain Americans with Disabilities Act Center	1-800-949-4232 http://www.adainformation.org/ They provide materials, technical assistance, training, referrals to experts and research on the Americans with Disabilities Act.
School for the Deaf and Blind	(406) 771-6000, 1-800-882-6732, (406) 771-6063/6122 (TDD), info@msdb.mt.gov 3911 Central Avenue, Great Falls, MT 59405 msdb.mt.gov They provide specialized instruction and educational opportunities for deaf and blind students and they serve as a statewide resource center for parents of children with vision or hearing loss and for school districts that serve deaf and blind students. They also have consultants that provide early intervention services in the homes of infants and toddlers with vision or hearing loss.
Social Security Administration	National Toll Free: 1-800-772-1213, TTY: 1-800-325-0778 http://www.ssa.gov/ There are offices located throughout the state. They help with social security numbers and cards, retirement benefits and benefits for individuals with disabilities.
Special Olympics Montana	710 1 st Avenue North, Great Falls, Montana 59401 Phone: (406) 216-5327, 1-800-242-6876, Fax: 406-454-9043, info@somt.org http://www.somt.org/ This is a state-wide organization that provides year-round sports training, athletic competition and health-related programming for individuals with intellectual disabilities.
Summit Independent Living	(800) 398-9002, (406) 728-1630

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Center	700 Southwest Higgins, Suite 101, Missoula, MT 59803 http://www.summitilc.org/index.html They promote community awareness, equal access and the independence of people with disabilities through advocacy, education and the advancement of civil rights.
Vocational Rehab Services	(877) 296-1197, (406) 444-2590, vrinfo@mt.gov 111 North Last Chance Gulch, Suite 4C, PO Box 4210 , Helena, MT 59604-421 http://www.dphhs.mt.gov/detd/vocrehab/ Provides a broad range of services to assist, find or maintain employment for eligible individuals with disabilities.
Domestic Violence	
AARDVARC	This is An Abuse, Rape & Domestic Violence Aid & Resource Collection. www.aardvarc.org
The Abbie Shelter and Violence Free Crisis Line	(406) 752-7273 (violence free crisis line), (406) 752-4735 (office) PO Box 1401, Kalispell, MT 59903-1401 http://violencefreecrisisline.org Provides advocacy, referrals, support, and shelter to victims of sexual and domestic violence. Also offers a crisis hotline.
The Friendship Center	(406) 442-6800, officem@thefriendshipcenter.org 1430 Sanders Street, Helena, MT 59601 http://thefriendshipcenter.org Provides safe haven and offers an array of services for victims of domestic violence and/or sexual abuse.
The Help Center	(406) 586-3333 421 East Peach, Bozeman, MT 59715 They have a crisis line, suicide intervention and prevention services, sexual assault counseling, telecare and a thrift store.
Hi-Line's Help for Abused Spouses	(800) 219-7336 (crisis), (406) 278-5137 (office) 300 North Virginia, Suite 307, Conrad, MT 59425 www.hlhas.com They provide crisis intervention and continued support for victims of domestic, sexual violence and child abuse. They also provide referrals and work to educate the public about prevention and intervention.
Hope Card	(406) 444-5803 or (800) 498-6455, HopeCard@mt.gov Joan Eliel, Hope Card Administrator, Office of Victim Services, Department of Justice, PO Box 201410, Helena, MT 59620

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	<p>https://doj.mt.gov/victims/hope-cards/ Hope Cards are wallet-sized and are intended as a more convenient way for people who have permanent Orders of Protection to keep relevant information about their orders with them at all times. If you have a permanent order of protection, you can use this information to get a Hope Card.</p>
Mending the Sacred Hoop	<p>1-888-305-1650, 1-218-623-HOOP, (218) 722-5775 (fax) 202 East Superior Street, Duluth MN 55802 Mshoop.org This organization works from a social change perspective to end violence against Native women and children while restoring the safety, sovereignty, and sacredness of Native women in their tribal communities providing domestic violence help. The Mending the Sacred Hoop Technical Assistance Project (TA-Project) provides training and technical assistance nationally to Tribes and Native communities on responding to violence against Native women.</p>
Montana Coalition Against Domestic and Sexual Violence	<p>(888) 404-7794 (Office), (406) 443-7794 (Office), mtcoalition@mcadsv.com PO Box 818, Helena, MT, 59624 http://mcadsv.com Coalition of organizations and individuals working to end domestic and sexual violence through advocacy, public education, public policy, and program development. They do not provide direct assistance but they have information about local organizations that do on their website.</p>
Loveisrespect	<p>1-866-331-9474, text "loveis" to 22522 www.loveisrespect.org This resource is designed for teens and young adults. The website provides information about what makes a relationship healthy and how to get help if you are in an abusive relationship. Through the website, phone line or text service, teens can get real-time, one-on-one support from peer advocates.</p>
National Domestic Violence Hotline	<p>1-800-799-SAFE (7233) or 1-800-787-3224 (TTY) http://www.thehotline.org Trained advocates are available 24/7 to provide support to victims of domestic violence.</p>
National Indigenous Women's Resource Center	<p>(855) 649-7299, (406) 477-3896, (406) 477-3898 (fax) 515 Lame Deer Ave., PO Box 99, Lame Deer, MT 59043 http://www.niwrc.org/ They seek to enhance the capacity of American Indian and Alaska Native tribes to respond to domestic violence.</p>
Office of Victim Services	<p>(800) 498-6455, (406) 444-1907, dojovs@mt.gov 2225 11th Avenue, PO Box 201410, Helena, MT 59620-1410 https://doj.mt.gov/victims</p>

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		Provides direct services to victims of violent crimes and processes compensation claims for those who have been injured or killed as a result of crime. They provide assistance to victims of domestic violence or sexual assault.
Voices of Hope		(406) 268-1330 (hotline), (406) 453- HELP, info@voicesofhope.info PO Box 1788, Great Falls, MT 59403 www.voicesofhope.info They provide information on services available throughout Cascade County, they have assistance for sexual assault survivors, they have a crisis line, and they offer local trainings about preventing and responding to violence.
Womenslaw.org		www.womenslaw.org They provide state-specific legal information and support for survivors of domestic violence.
Educational Resources		
Adult Education		http://opi.mt.gov/Programs/CTAE/ABE.html This website has information about Adult Basic & Literacy Education Programs throughout the state.
Board of Public Education		(406) 444-6576, (406) 444-0847 (fax) 46 N. Last Chance Gulch, PO Box 200601, Helena, MT 59620 bpe.mt.gov They supervise the elementary and secondary schools of the state. They also establish the accreditation status of each school based on standards, oversee teacher certification, administer the distribution of state equalization aid, adopt policies for special education for handicapped and gifted and talented students. They also have an advisory council for Indian education and a committee that considers the certification standards.
College Information		Nces.ed.gov/collegenavigator They provide information on colleges across the country.
Commissioner of Higher Education		(406) 444-6570 2500 Broadway Street, PO Box 203201, Helena, MT 59620 mus.edu/che/default.asp They run the Montana University System and the Board of Regents.
Montana Safe Schools Center		http://iers.umt.edu/Montana_Safe_Schools_Center/ (406) 243-5344 They provide training, research and professional development services to schools and communities across Montana and throughout the US. They can provide training on bully prevention programs, suicide prevention gatekeeper training programs, safety assessments, emergency response training and plan creation, emergency exercise facilitation, online resources for school safety planning and emergency operations plan creation, special education, collaboration and training with/for School Resource Officers and positive behavioral supports.
Montana State University		(406) 994-1750, (406) 994-1756 (fax), msuextension@montana.edu

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Extension	Culbertson Hall, MSU, PO Box 172230, Bozeman, MT 59717-223 https://www.msuextension.org Program areas include youth development, crops & livestock, community, family & home, yard & garden and energy. They have local offices located throughout the state.
Montana Universities	http://mus.edu/Universities/university_main.asp Information about all of the universities and colleges in Montana.
Office of Public Instruction	opi.mt.gov (406) 444-3095, Toll Free: 1-888-231-9393 This office oversees all public education in the state. It provides "vision, advocacy, support, and leadership for schools and communities to ensure that all students meet today's challenges and tomorrow's opportunities." A lot of information about different programs related to Montana schools is available at this website.
Employment Resources	
www.careers.org	National career resources, career guide, online education and degree directory.
Jobs.mt.gov	A database with information on jobs available in Montana.
AmeriCorps	(800) 833-3722 (TTY), (202) 606-5000, info@cns.gov 1201 New York Avenue NW, Washington, DC 20525 http://www.americorps.gov Offers paid volunteer opportunities across the country.
Better Business Bureau	509-455-4200, 509-838-1079 (fax) 152 South Jefferson, Suite 200, Spokane, WA 99201 spokane.bbb.org They offer complaint and dispute resolution support for consumers who need help with unfair or unethical business treatment. They offer accreditation for businesses. They also offer information about businesses and charities. This office serves Eastern Washington, Northern Idaho and Montana.
Career One Stop Center	www.careeronestop.org Web resource to explore careers and education. Matches skills and previous experience to new job opportunities. The site also has salary and benefit information, job growth projections, and resume and interview tips.
Dress for Success	(406) 256-7304 (406) 880-4866 304 North 29 th Street, Billings, MT 59101 1500 W. Broadway, Missoula, MT 59808 http://www.dressforsuccess.org Provides complete job interview outfits to low-income women free of charge. The Missoula center now has a

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		Career Center where participants can access self-supervised computers for job search related activities, online courses offered through Robert Half International, resume and cover letter development, one-on-one career coaching and a supportive environment for networking.
Equal Employment Opportunity Commission		1-800-669-4000, 1-800-669-6820 (TTY) 909 First Avenue, Suite 400, Seattle, WA 98104 www.eeoc.gov They enforce federal laws that make it illegal to discriminate against job applicants or employees.
Experience Works Montana		(877) 314-4211, (605) 332-3602 (fax) http://www.experienceworks.org/site/PageServer?pagename=State_Montana_Home Provides assistance to low-income older workers whose goal is to gain permanent employment. Participants earn minimum wage while gaining valuable job skills through on-the-job training experience.
Job Corps		(406) 563-8700 (Anaconda), (406) 644-2217 (Kicking Horse), (406) 821-3286 (Trapper Creek) http://www.jobcorps.gov/centerlocations.aspx?statename=mt Federally-funded residential education and job training program for youths ages 16-24. There are three locations in Montana.
Job Service Directory		http://wsd.dli.mt.gov/service/officelist.asp Information about the job service offices located throughout Montana is available at this website. http://wsd.dli.mt.gov/ Information about jobs: listings, career information, training information and other resources on a statewide level.
Labor Standards Bureau		Beck Building, 1805 Prospect Avenue, PO Box 201503, Helena, MT 59620 (406) 444-5600, (406) 444-1376 or (406) 444-4601 http://dev2.erd.dli.mt.gov/labor-standards The wage and hour unit enforces provisions of the Montana Wage Payment Act, minimum wage and overtime law and the State Child Labor Standards Act. They can possibly help if a check from an employer bounces or if you haven't received your wages. The prevailing wage law is enforced by this bureau and it requires employees working on public works projects be paid an established rate of pay and at least 50% of the employees of each contractor working on the job be bona fide Montana residents. The collective bargaining unit administers the Collective Bargaining Act for Public Employees.
Montana Department of Labor and Industry		P.O Box 1728, Helena, MT 59624-1728 Phone: 406-444-2840, TTY: 406-444-0532, Email: dliquestions@mt.gov http://dli.mt.gov/

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		This department can help with filing for unemployment insurance, professional licensing, wage claims, discrimination claims, work comp claims and more.
Office of Economic Development		http://business.mt.gov/ State Capitol, Office 234, PO Box 200801, Helena, MT 59620 (406) 444-5634 This office is meant to serve as a catalyst to grow Montana's economy. They work to create and sustain Montana jobs and promote opportunities for businesses and entrepreneurs to invest in Montana's economy.
O*Net Resource Center		www.onetcenter.org Occupational information database.
Registered Apprenticeship and Training		(406) 444-3998 http://wsd.dli.mt.gov/apprenticeship Assists employers and employees in setting up mutually beneficial training opportunities.
Rural Employment Opportunities Montana		1-800-546-1140, info@reomontana.org http://reomontana.org 46 North Last Chance Gulch, Ste 2C, PO Box 831, Helena, MT 59624 This information is for the administrative office and there are other offices around the state. They work with rural families to help them access and complete education, job-training and individual development programs that lead to year-round employment, improved family income and greater economic security. They also have programs that support the education of migrant children.
Unemployment Insurance Division		(406) 444-2545 (western Montana), (406) 247-1000 (eastern Montana) http://uid.dli.mt.gov/ Unemployment insurance assistance is available online and by telephone.
United States Department of Labor: Wage and Hour Division - Montana Office		1-866-487-9243, 1-877-889-5627 (TTY) https://www.dol.gov/whd/index.htm Assists with issues regarding the enforcement of federal wage and hour laws.
USA Jobs		www.usajobs.gov Federal employment opportunities are searchable at this website.
Workers' Compensation		(406) 495-5000, (800) 332-6102, (406) 495-5020 (fax), (406) 495-5030 (TDD/TTY), (888) 682-7463 (fraud reporting) 855 Front Street, PO Box 4759, Helena, MT 59604 http://www.montanastatefund.com Provides workers' compensation insurance information. www.safemt.com

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		Information about safety in Montana’s workplaces. The state agency that assists with worker compensation: http://erd.dli.mt.gov/work-comp-claims/claims-assistance/file-a-work-comp-claim (406) 444-6543, (406) 444-9696 (TDD) P.O. Box 8011, Helena, MT 59604
Fire Departments		
		CALL 911 TO REACH YOUR LOCAL FIRE DEPARTMENT IN AN EMERGENCY
Financial Resources		
	Consumer Action	(415) 777-9635 221 Main Street, Suite 480, San Francisco, CA 94105 www.consumer-action.org They refer complaints, publish educational materials, and advocate for consumers.
	ELaws “Employment Law Assistance for Workers and Small Businesses”	www.dol.gov/elaws/ Information about federal employment laws. Includes information about veterans’ workplace rights and preference.
	Estate Planning Publications, MSU Extension	http://www.montana.edu/estateplanning/ A collection of information about estate planning.
	Federal Trade Commission	(202) 326-2222 www.ftc.gov They help with consumer complaints, identity theft, spam and phishing. They work to protect consumers and promote competition.
	Free Bankruptcy Advice	(888) 734-2585 http://www.careconnectusa.org/bankruptcy-advice.asp Financial counseling for those considering bankruptcy.
	Internal Revenue Service	1-800-829-1040 (individuals), 1-800-829-4933 (businesses) http://www.irs.gov/uac/Contact-My-Local-Office-in-Montana Assists with individual and business tax forms, instructions, and records.
	IRS Taxpayer Advocate Service	(877) 777-4778, (406) 444-8668 10 West 15 th Street, Suite 2319, Helena, MT 59626 www.irs.gov/advocate Help resolving tax issues. Services free of charge for those facing financial hardships.

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<p>Low-Income Taxpayers Clinic</p>	<p>(800) 666-6899 www.montanalitc.org Information is available at this website concerning tax issues/appeals. The LITC also provide free assistance to eligible taxpayers in disputes with the IRS.</p>
<p>Montana Credit Unions for Community Development</p>	<p>(800) 745-5546 101 North Rodney Street, Helena, MT 59601 http://montanacreditunions.coop Provides free financial information, tax filing, and asset-building opportunities. They have matched savings account programs available for people with low to moderate incomes. These programs can help you save for education, home purchases and starting a small business.</p>
<p>Montana Department of Revenue</p>	<p>(866) 859-2254, (406) 444-6900, (406) 444-2830 (TDD) 125 North Roberts, 3rd Floor, Helena, MT 59620 http://revenue.mt.gov/ Assists Montanan taxpayers and businesses with tax forms, instructions, and records.</p>
<p>Montana Free File</p>	<p>(800) 666-6899 www.montanafreefile.org Tax filing assistance for moderate to low income households. The website contains information about opportunities to work with a Volunteer Income Tax Assistant or AARP tax assistant in person and information about how to file on your own for free.</p>
<p>Occupational Outlook Handbook</p>	<p>www.bls.gov/ooh A source of career information. Provides assistance to individuals making decisions about their future work lives.</p>
<p>Rural Dynamics</p>	<p>(877) 275-2227 2022 Central Ave, Great Falls, MT 59403 (this is their central office, there are others throughout the state) http://www.ruraldynamics.org They help resolve financial problems through confidential counseling, education, debt management services, and intervention between clients and creditors. They also provide loan services and tax assistance.</p>
<p>Tax Appeal Board</p>	<p>(406) 444-2209, (406) 444-2256 (fax) P.O. Box 200138, Capitol Station, Helena, MT 59620 mtab.mt.gov They resolve tax appeals concerning real and personal property, income, corporate, natural resource, centrally</p>

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		assessed property, and new industry taxes.
US Small Business Administration – Montana District Office	(406) 441-1081, (406) 441-1090 (fax) 10 West 15 th Street, Suite 1100, Helena, MT 59626 www.sba.gov/offices/district/mt/helena	Offers financial support, counseling, and training to small business owners in the state of Montana.
Food Services		
Child and Adult Care Food Program	(888) 307-9333 http://dphhs.mt.gov/hcsd/childcare/cacfp/index	Provides nutritious food to underprivileged youth and adults through local participating programs.
Eat Right Montana	(406) 994-1952 http://www.eatrightmontana.org	They provide science-based nutrition and physical activity information and resources. They have programs for healthy kids and healthy families and they also have a breastfeeding coalition.
Farmers Markets	http://agr.mt.gov/agr/Producer/FarmersMarkets/	Information about farmers markets throughout the state of Montana.
Montana Food Bank Network	5625 Expressway, Missoula, MT 59808 Phone: 406-721-3825, Fax: 406-542-3770, Email: info@mfbn.org http://mfbn.org/	Information about resources throughout the state for food assistance.
National Hunger Hotline	1-800-548-6479 http://www.whyhunger.org/findfood	
School Meals	(406) 444-2501 http://opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/	Free breakfast and lunch for students from families at or under 180% of federal poverty level. Administered by local schools.
Government Programs		
Building Codes Bureau (Montana)	(406) 841-2056, (406) 841-2050 (fax) 301 South Park, 4 th Floor PO Box 200513, Helena, MT 59620 http://bsd.dli.mt.gov/bc/bs_index.asp	They establish and enforce minimum building, plumbing, mechanical, electrical, energy, elevator and boiler codes. They also license, inspect, test and certify all weighing or measuring devices used in commercial transactions.
Citizens' Advocate	Located in Room 232 in the Governor's Office in the Montana State Capitol. Phone: 800-332-2272 or 406-444-3468, Email: citizensadvocate@mt.gov	

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	<p>http://citizensadvocate.mt.gov/default.asp</p> <p>The Montana Citizens' Advocate assists Montanans in their interactions with state executive branch agencies. The office will advocate on behalf of Montanans and offer direction and assistance.</p>
Commissioner of Political Practices	<p>(406) 444-2942, (406) 444-1643 (fax)</p> <p>1205 8th Ave, PO Box 202401, Helena, MT 59620</p> <p>politicalpractices.mt.gov</p> <p>They monitor and enforce campaign practices and campaign finance disclosure, lobbying disclosure, business interest disclosure and ethical standards of conduct for anyone working for the state. They also investigate complaints concerning any of the foregoing.</p>
Congressman Ryan Zinke	<p>zinke.house.gov</p> <p>(202) 225-3211</p> <p>He has offices in Billings and Helena. See his website for more information.</p>
Crime Victim Compensation Program	<p>(406) 444-3653, 1-800-498-6455</p> <p>PO Box 201410, Helena, MT 59620</p> <p>https://doj.mt.gov/victims/crime-victim-compensation/</p> <p>The Montana Crime Victim Compensation Program can help with loss of wages, medical expenses and funeral expenses incurred as the result of personal injury crimes.</p>
Department of Administration, Montana	<p>(406) 444-2032, (406) 444-6194 (fax)</p> <p>125 N. Roberts St, PO Box 200101, Helena, MT 59620</p> <p>doa.mt.gov</p> <p>Their citizen services include state of Montana transparency, state job information, licensing for mortgage brokers and loan originators and information on state bids and proposals. They also regulate many banks and financial institutions.</p>
Department of Agriculture, Montana	<p>(406) 444-3144, (406) 444-6234 (TDD/TTY), (406) 444-5409 (fax)</p> <p>302 North Roberts, Helena, MT 59620</p> <p>agr.mt.gov</p> <p>They try to protect producers and consumers and to enhance and develop agriculture and allied industries. They also have field offices that help with pesticide, groundwater and rodent control as well as commodity services.</p>
Department of Commerce, Montana	<p>(406) 841-2700, (406) 841-2702 (TDD)</p> <p>301 S. Park, Helena, MT 59620</p>

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	commerce.mt.gov They maintain and improve basic community infrastructure, provide financing for homeownership and rental assistance opportunities, provide technical assistance and training for businesses and their employees, promote Montana, and finance businesses that generate a positive return for the state.
Department of Livestock, Montana	(406) 444-9431 301 North Roberts, Room 101, PO Box 202001, Helena, MT 59620 liv.mt.gov They work to control and eradicate animal diseases, prevent the transmission of animal disease to humans and to protect the livestock industry from theft and predatory animals. The divisions of this department include animal health, brands enforcement and meat & milk inspection among others.
Department of Military Affairs	(406) 324-3000 1956 Mt. Majo Street, PO Box 4789, Fort Harrison, MT 59636 dma.mt.gov They keep in readiness trained and equipped military organizations for cases of state or national emergencies. They administer an environmental program for the Army National Guard and provide statewide services for discharged veterans and their families.
Department of Natural Resources & Conservation, Montana	(406) 444-2074 1625 Eleventh Ave., PO Box 201601, Helena, MT 59620 www.dnrc.mt.gov They promote the stewardship of Montana's water, soil, forest and rangeland resources and regulate forest practices and oil and gas exploration and production.
Department of Transportation, Montana	(406) 444-6200, 1-800-335-7592 (TTY) 2701 Prospect Avenue, PO Box 201001, Helena, MT 59620 www.mdt.mt.gov They maintain highways, bridges and rest areas, plan public transportation and rail programs, plan for aviation and work for highway traffic safety. They regulate commercial trucking and dyed diesel use.
Environmental Quality, Montana	(406) 444-2544 1520 E. Sixth Avenue, PO Box 200901, Helena, MT 59620 www.deq.mt.gov They try to protect, sustain and improve a clean and healthful environment. They provide information on air quality, energy, climate change, recycling, and water quality. You can also report pollution.
Fish, Wildlife and Parks	(406) 444-2535, (406) 444-4952 (fax), fwpgen@mt.gov

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	1420 East Sixth Avenue, PO Box 200701, Helena, MT 59620 fwp.mt.gov They manage regulation and licenses for hunting, fishing and recreation.
Gambling Control Division	(406) 444-1971, gcd@mt.gov 2550 Prospect Ave, PO Box 201424, Helena, MT 59620-1424 https://doj.mt.gov/gaming Administrative body of Montana government that regulates gambling in Montana, except for the Montana Lottery and horse racing.
Governor's Office	(406) 444-3111, 1-855-318-1330, (406) 444-5529 (fax) P.O. Box 200801, Helena, MT 59620 Governor.mt.gov
Human Rights Bureau	Phone: 406-444-4356 or 1-800-542-0807 http://erd.dli.mt.gov/human-rights/human-rights The Human Rights Bureau of the Department of Labor and Industry receives and investigates complaints of illegal discrimination. They investigate claims in the following areas: employment, housing, education, public accommodations, credit/finance/insurance, and state and local governmental agency. They can provide assistance if your employer is not providing accommodation for pregnancy or maternity.
Montana Legislature	1301 E 6th Ave, Helena, MT http://www.leg.mt.gov/css/default.asp This website contains information about the work of the Legislature as well as contact information for elected legislators and permanent staff.
Lifeline Across America	www.lifeline.gov , http://www.phone-bill-assistance.com/lifeline/MT Assistance with the cost of primary home line or cell phone for eligible applicants.
Montana Secretary of State	(406) 444-2034, (406) 444-9068 (TTY), secretary@mt.gov 1301 East 6 th Avenue, PO Box 202801, Helena, MT 59620 http://sos.mt.gov Assists with issues related to voter registration, ballots, state and county elections, campaign finance, administrative rules, business registrations, notary certifications and services, and public record searches.
Montana State Auditor	(406) 444-2040, 1-800-332-6148 840 Helena Avenue, Helena, MT 59601 csi.mt.gov They protect Montana's consumers through insurance and securities regulation and education. You can report fraud, file complaints and find lots of information about insurance and securities on their website.

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Montana Vital Records	(406) 444-2685 (general questions), (406) 444-4251 (delayed birth certificate, home births or issuance of certificates), (406) 444-4226 (adoption, name changes, putative father registry), (406) 444-9039 (correcting a birth certificate, Acknowledgement of Paternity or if you need forms) http://dphhs.mt.gov/vitalrecords This office is in charge of birth and death certificates.
Motor Vehicle Division	(406) 444-3933, mvd@mt.gov 302 North Roberts Street, PO Box 201430, Helena, MT 59620-1430 https://doj.mt.gov/driving Administrative body of Montana government that deals with motor vehicles. The division includes the driver license bureau and the title and registration bureau. Forms related to vehicle titles and registration, driver licensing, driving records, dealers and more are available at the division's website.
Office of Consumer Protection	555 Fuller Avenue, P.O. Box 200151, Helena, MT 59620-0151 Phone: 800-481-6896 or 406-444-4500, Fax: 406-442-2174, Email: contactocp@mt.gov https://doj.mt.gov/consumer/ They help protect Montana's consumers. You can file a complaint with them if you feel you've been a victim of illegal business practices. They track scams and alert citizens. They also have a program called "Keep My Montana Home" that helps citizens facing foreclosure.
Office of Fair Hearings	(406) 444-2470, hhsofh@mt.gov 2401 Colonial Drive, 3 rd Floor, PO Box 202953, Helena, MT 59620 dphhs.mt.gov/fairhearings/index Provides administrative hearings for those who have been negatively impacted by a program administered by the Department of Public Health and Human Services (does not handle child support cases).
Office of Indian Affairs	State Capitol Building, 2 nd Floor, Room 202, P.O. Box 200801, Helena, MT 59620 (406) 444-3702, (406) 444-1350 (fax), oa@mt.gov tribalnations.mt.gov This office facilitates effective communications between the State of Montana and the Tribal Nations of Montana. The office has information about tribal/Native American issues, current tribal leadership, enrollment offices, tribal colleges and more on its website.
Senator Steve Daines	daines.senate.gov
Senator Jon Tester	www.testersenate.gov He has offices throughout the state.
Housing Resources	
Board of Realty &	(406) 841-2202 (licensing), (406) 841-2204 (education), (406) 841-2321 (audits), (406) 841-2336 (complaints),

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Regulations	301 South Park, 4th Floor, PO Box 200513, Helena, MT 59620 http://bsd.dli.mt.gov/license/bsd_boards/rre_board/board_page.asp Their website has information pertaining to the licensing and regulation of real estate salespeople and brokers, property managers and timeshares in Montana.
Habitat for Humanity	www.habitat.org They build and repair houses using volunteer labor and donations. Partner families purchase these houses through no-profit mortgage loans or innovative financing methods. For locations in Montana, visit this page: http://www.habitat.org/local/affiliate?zip=&area=MT
Hope Now	(888) 995-4673 http://www.hopenow.com/index.php Provides assistance to homeowners dealing with mortgage problems.
Housing and Urban Development Helena Field Office	U.S. Courthouse, 901 Front Street, Suite 1300, Helena, MT 59626 Ph/TTY: 406-449-5050, Fax: 406-449-5052, Email: MT_Webmanager@hud.gov http://www.hud.gov/local/index.cfm?state=mt&topic=offices Home Investment Partnerships Program (HOME) expands supply of decent, affordable housing for low and very low income families; provides financial and technical assistance to strengthen partnerships between government and private sector to develop affordable housing. Community Development Block Grant Program helps develop viable communities by providing decent housing and suitable living environment and expanding economic opportunities for low-income and moderate income. Competitive grant program.
Montana Department of Commerce Housing Division	301 S Park Ave Room 240, PO Box 200528, Helena, MT 59620 Phone: 406-841-2840, Toll Free: 800-761-6264, TDD: 406-841-2702, Fax: 406-841-2841 housing.mt.gov Resources that will help families find or create affordable housing. There are many different programs available throughout the state.
Montana Fair Housing	519 East Front Street, Butte, Montana 59701 Ph: 406-782-2573 or 1-800-929-2611, Fax: 406-782-2781, Email: inquiry@montanafairhousing.org http://www.montanafairhousing.org/ They are dedicated to the elimination of housing discrimination and the advancement of civil rights. They provide legal assistance and information to victims of housing discrimination.
Montana Landlords Association	(406) 219-1121, montanalandlords@gmail.com PO Box 734, Butte, MT 59703 www.montanalandlords.com

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		Provides educational, legislative and general assistance to landlords in Montana.
Montana Rescue Mission/Women and Families Shelter	Montanarescuemission.org Men's Division: 2822 Minnesota Avenue, Billings, MT 59101 Women's Division: 2520 1st Avenue North, Billings, MT 59101 Men's: 406-259-6079 Women's: 406-259-3105 Provides emergency temporary shelter to homeless individuals. Also available are clothing, hot meals, optional chapel services (on Sundays pick-up service available), advocacy and referrals.	
Mortgage Relief Hotline	(888) 770-7312 http://careconnectusa.org/mortgage-relief.asp	
Neighborworks Montana	509 1 st Avenue South, Great Falls, Montana 59401 Phone: 406-761-5861, Toll Free: 1-866-587-2244, Fax: 406-761-5852 www.nwmt.org NWMT works with local service partners throughout the state to provide homebuyer education, homeownership planning, foreclosure prevention, one-to-one housing counseling, home repair, and loans for down payment and closing costs. They work to create sustainable homeownership opportunities and improve availability of affordable rentals for low and moderate income Montana families.	
Office of Fair Housing and Equal Opportunity	(800) 877-7353 www.hud.gov/offices/fheo This office administers and enforces federal laws and establishes policies that make sure all Americans have equal access to the housing of their choice.	
Rural Development Montana	http://www.rurdev.usda.gov/MT_home.html State Headquarters: 2229 Boot Hill Court, Bozeman, MT 59715 (406) 585-2530, (855) 576-2672 (fax) Assists low to moderate-income families with home purchase and repairs.	
Salvation Army	Northwest Divisional Headquarters 111 Queen Anne Ave. North, Seattle, WA 98109 (206) 281-4600 www.salvationarmy.org http://www.salvationarmynw.org/usw_northwest/home They provide emergency housing assistance in some cases.	
Legal Resources		
ACT Program	(406) 444-7926 (DPHHS Chemical Dependency Bureau), (406) 444-7411 (Highway Traffic Safety Office)	

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	<p>http://www.mdt.mt.gov/safety/act.shtml This is information about the Assessment, Course and Treatment phases required of someone convicted of driving under the influence of alcohol or drugs.</p>
Address Confidentiality Program	<p>(406) 444-3653, 1-800-498-6455 P.O. Box 201410, Helena, MT 59620 https://doj.mt.gov/victims/address-confidentiality-program/ This program helps qualifying victims protect their address by giving the victim a substitute address.</p>
American Civil Liberties Union of Montana	<p>(406) 443-8590 PO Box 1317, Helena, MT 59601 http://www.aclumontana.org They work to defend, preserve and advance civil liberties. They mostly take on cases that will either serve to create new precedent or will result in general system-wide reform in favor of protecting and defending civil liberties.</p>
Appellate Office of the Defender	<p>(406) 444-9505, 1-888-251-6101 555 Fuller Ave, PO Box 200147, Helena, MT 59620 http://publicdefender.mt.gov/appellate.asp They have forms and information online about post-conviction relief and appeals.</p>
Attorney General's Office and Legal Services Division	<p>(406) 444-2026, contactdoj@mt.gov 215 North Sanders Street, PO Box 201401, Helena, MT 59620 https://doj.mt.gov/agooffice Legal division of the Montana Department of Justice which represents Montana's interests in complex civil matters and prosecutes criminals. The Office does not represent citizens in private legal matters.</p>
Bankruptcy Court of Montana	<p>(406) 497-1240 Office of the Clerk of Court, U.S. Bankruptcy Court, District of Montana, Room 263, Mike Mansfield Federal Building and U.S. Courthouse, 400 North Main Street, Butte, MT 59701 There are hearings in Great Falls, Butte, Billings, and Missoula. The website contains forms and information related to filing for bankruptcy. www.mtb.uscourts.gov</p>
Crowley Law Firm Pro Bono Program	<p>(406) 252-3441, probono@crowleyfleck.com www.crowleyfleck.com/pro-bono.php Free legal assistance on civil matters for eligible low income applicants (no help with bankruptcy or debtor/creditor cases). They reserve discretion.</p>
Federal Statutes	<p>http://www.loc.gov/law/help/statutes.php</p>

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	<p>Information about federal statutes and how to find them. http://www.law.cornell.edu/ This website has information about many sets of laws.</p>
Indian Law Resource Center	<p>(406) 449-2006, (406) 449-2031 (fax) 602 North Ewing Street, Helena, MT 59601 http://www.indianlaw.org/ The Center provides legal assistance to indigenous peoples of the Americas. They work to combat racism and oppression, to protect their lands and environment, to protect their cultures and ways of life, to achieve sustainable economic development and genuine self-government, and to realize their other human rights.</p>
Judicial Standards Commission	<p>(406) 841-2976, (406) 841-2955 (fax) 301 S. Park, Suite 328, PO Box 203005, Helena, MT 59620 http://courts.mt.gov/supreme/boards/jud_standards/default.mcpx (information about the members) http://courts.mt.gov/library/topic/disqual.mcpx (information about filing complaints) They have jurisdiction over the conduct of all judges that may be called to hear cases. If you have a complaint about an ethics violation by a judge, you can file it with them.</p>
Montana Association of Criminal Defense Lawyers	<p>http://www.mtacdl.org Information about criminal defense attorneys in Montana.</p>
Montana Courts	<p>http://courts.mt.gov/courts.mcpx This website has information about courts throughout the state.</p>
Montana Innocence Project	<p>PO Box 7607, Missoula, MT 59807 www.mtinnoceproject.org They work to exonerate the innocent and prevent wrongful convictions. They can only help in specific types of situations, see their website for more information.</p>
Montana Justice Foundation	<p>111 N. Higgins; Suite 516, Missoula, Montana 59802 Phone: 406-523-3920, Fax: 406-523-3928, Email: mjf@mtjustice.org http://www.mtjustice.org/ They work to achieve equal access to justice for all Montanans through effective funding and leadership. They do not provide direct legal services.</p>
Montana Legal Services Association	<p>(800) 666-6899 www.mtlsa.org , www.Montanalawhelp.org They provide free legal advice and representation to low-income clients. They also have a lot of legal information available on their websites.</p>

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Montana Mediation Association	(406) 241-2422 PO Box 1984, Great Falls, MT 59403 http://www.mtmediation.org They work to promote mediation and support mediators as well as to define standards of competency, qualifications and ethics for mediators in Montana.
Montana Medical Legal Panel	(406) 443-1110, (406) 443-4042 (fax), mmlp@mmaoffice.org 2021 11 th Avenue, Suite 1, Helena, MT 59601 www.montanamedicallegalpanel.org Processes legal claims against medical care providers. Montana law requires that all medical malpractice claims be brought before the Panel before being heard in court.
Montana Supreme Court	(406) 444-3858, (406) 444-5705 (fax) 215 North Sanders Street, PO Box 203003, Helena, MT 59620 http://courts.mt.gov/supreme/default.mcp Handles cases with statewide scope as well as appeals from district courts.
Montanaprobono.net	www.montanaprobono.net The website provides information and resources for pro bono attorneys, legal aid attorneys, public defenders and other legal advocates interested in increasing access to justice. You have to be an approved member to access or contribute resources.
MontPIRG Tenant/Landlord Guide	http://www.mtpirg.org/tenantlandlord This is a plain language guide to tenant/landlord law in Montana.
NOLO	http://www.nolo.com/ They provide free legal information and they also have online legal forms.
Office for Victims of Crime	(202) 307-5983 (information on the office and its programs) (800) 851-3420, (301) 240-6310 (TTY) (publications and victim-related resources) http://www.ojp.usdoj.gov/ovc/ They administer the Crime Victims Fund, raise awareness about victims' issues, promote compliance with victims' rights laws and provide training, technical assistance, publications and products to victim assistance professionals.
Office of Disciplinary Counsel	P.O. Box 1099, Helena, MT 59624-1099 (406) 442-1648, Fax: 406-442-2685 http://www.montanaodc.org This office processes, investigates and prosecutes claims of ethical violations by lawyers in Montana.

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Office of the State Public Defender	(406) 496-6080, (406) 496-6098 (fax) 44 West Park Street, Butte, MT 59701 http://publicdefender.mt.gov The Montana public defender system represents citizens who have had criminal charges brought against them.
People’s Law Center	(406) 443-3896 or (800) 406-5567 (Helena or Missoula areas) (406) 761-7720 or (800) 406-5560 (Great Falls, Havre, Kalispell, Browning, or North-Central Montana areas) (866) 650-9013 or (406) 585-0286 (Bozeman, Livingston, or Butte areas) (406) 294-7694 or (877) 469-7439 (Billings, Wolf Point, Miles City, Lewistown or Eastern Montana areas) http://www.peopleslawcenter.org Represents low-income individuals who are attempting to get or are in danger of losing Social Security Disability benefits. All cases handled on a contingency basis with a maximum fee of \$6,000.
Sentence Review Division	http://courts.mt.gov/supreme/boards/sentence_review/default.mcp (406) 841-2976 301 South Park, Suite 328, PO Box 203005, Helena, MT 59620 A defendant who has received a sentence of incarceration for a term of one year or more in the state system can apply to this division for a review of his/her sentence. The division may order a different sentence to be imposed if the original is clearly inadequate or clearly excessive or may affirm the sentence imposed by the district court.
State Bar of Montana	(406) 449-6577 (lawyer referral and information service), (406) 442-7660 (general phone line), (406) 442-7763 (fax) http://www.montanabar.org Provides private attorney referrals (does not have attorneys on staff or provide pro bono services/referrals), assists with lawyer fee arbitration, assists with compensation for cases of attorney misconduct (lawyers’ fund), and provides general legal information to the public through their website.
State Law Library	Physical Address: Justice Building, 215 N. Sanders St., Helena, MT Mailing Address: State Law Library, Reference Desk, P.O. Box 203004, Helena, MT 59620-3004 Library phone: (406) 444-3660 or (800) 710-9827, Reference Desk: (406) 444-3636, Fax: 406-444-3603, mtlawlibrary@mt.gov General website: http://courts.mt.gov/library/default.mcp Legal Resource Directory: http://courts.mt.gov/library/directory.mcp Printable forms: http://courts.mt.gov/library/topic/default.mcp
Victim Services and Restorative Justice and Crime Victim Program and	(800) 498-6455, (406) 444-1907, dojovs@mt.gov www.doj.mt.gov/victims P.O. Box 201410, Helena, MT 59620

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Restitution	They help innocent crime victims recover from their experience and navigate the criminal justice system. Assistance might also include help with medical bills, lost wages, etc.
Water Court	(406) 586-4364, watercourt@mt.gov PO Box 1389, Bozeman, MT 59718 www.courts.mt.gov/water/default.mcpx This court has jurisdiction over the adjudication of water rights claims.
William J. Jameson Law Library, University of Montana	(406) 243-2699 32 Campus Drive #9999, Missoula, MT 59812 http://www.umt.edu/law/library They support excellence in legal research, teaching, scholarship and practice in Montana.
Medical Resources	
After Breast Cancer Diagnosis	1-800-977-4121 (helpline), (414) 977-1780 (contact ABCD), abcdinc@abcdmentor.org http://www.abcdbreastcancersupport.org/ They have a one-to-one mentoring support service for women with breast cancer, a helpline and a resource list.
Alzheimers Disease Education and Referral Center	(800) 438-4380 http://www.nia.nih.gov/alzheimers
American Cancer Society	(800) 227-2345 www.cancer.org They provide support and information for cancer patients and families.
American Lung Association in Montana	(406) 214-5700, (202) 452-1805 (fax), rflannery@lungmtpacific.org 936 S 2 nd St West, Missoula, MT 59801 http://www.lung.org/associations/states/montana/ Various education services and free materials for prevention & treatment of lung disease.
American Trauma Society	(800) 556-7890 www.amtrauma.org Advocates for prevention of trauma injury and excellent care for trauma injuries. Their website includes information about trauma resources.
Arthritis Foundation	(406) 203-3019, (888) 391-9389 337 Stephens Avenue, Missoula, Mt 59801 www.arthritis.org This office provides information, community events, advocacy and research funding for the Montanans who struggle with this serious health epidemic.

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Big Sky Rx Program	(866) 369-1233 http://dphhs.mt.gov/MontanaHealthcarePrograms/BigSky Helps recipients of Medicare to pay for Medicare approved drug prescriptions.
Billings Clinic Healthline	(406) 255-8400, 1-800-252-1246 http://www.billingsclinic.com/health-info/healthline/ Registered nurses answer health questions and provide referrals.
Brain Injury Association of Montana	(800) 241-6442, (406) 541-6442 1280 South 3 rd Street West, Suite 4, Missoula, MT 59801 http://www.biamt.org Organization dedicated to assisting people with traumatic brain injuries and working to reduce the incidence of those injuries.
FamilyWize	1-800-222-2818 http://familywize.org This program can help you save money on prescription medication.
Health Insurance Marketplace	www.healthcare.gov 1-800-318-2596, 1-855-889-4325 (TTY) This is run by the federal government and connects people with health coverage fitting their needs and budget.
Indian Health Service	http://www.ihs.gov/ They work with American Indians and Alaska Natives to raise their physical, mental, social, environmental and spiritual health to the highest level. This is a healthcare system for federally recognized American Indian and Alaska Natives in the United States. There are healthcare facilities located throughout the state of Montana.
Laboratory Services Bureau	(800) 821-7284, mtphl@mt.gov 1400 E Broadway Street, B206, Helena, MT 59601 http://dphhs.mt.gov/publichealth/LaboratoryServices Provides quality testing in support of disease assessment and control to programs, health care providers, and the general public at the state and local level.
Montana Health Care Programs	(888) 706-1535 (public assistance helpline), 1-800-362-8312 (member help line), 1-800-330-7847 (Nurse First-speak to a nurse for advice about your symptoms) http://dphhs.mt.gov/MontanaHealthcarePrograms Information, referral assistance, and benefit assistance about Medicaid and/or Healthy Montana Kids.
Medicare Hotline	(800) MEDICARE, 1-877-486-2048 (TTY) www.medicare.gov
Montana Cancer Control	(888) 803-9343 (information about low cost cancer screenings for eligible clients)

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Programs	1400 Broadway Street, C317, PO Box 202951, Helena, MT 59620 http://www.dphhs.mt.gov/publichealth/cancer Services that help reduce the burden and incidence of cancer in Montana.
Montana Dental Association- Donated Dental Services	www.mtdental.com They have information about dentists in Montana, rules and statutes regulating dentistry and links to other oral-health related sites. Donated Dental Services: The MDA provides some free dental services. You can call to see if you qualify. (406) 449-9670 or (888) 449-9670 www.mtdental.com/dds.htm
Muscular Dystrophy Association	(406) 655-9000 2132 Broadwater Suite A, Billings, MT 59102 mda.org/office/Montana They work to find treatments and cures for muscular dystrophy, amyotrophic lateral sclerosis (ALS) and other neuromuscular diseases. They provide health care services and support to MDA families nationwide.
National MS Society	www.nationalmssociety.org They provide information, resources and support related to multiple sclerosis.
Montana Health Insurance Answers	Montanahealthanswers.com This website provides information about insurance choices. There are ways to ask questions online and also contacts throughout the state.
Nurse Advisor	(406) 657-8778 or (800) 762-8778 http://www.svh-mt.org/services-and-departments/nurse-advisor/ Confidential health information from nurses at St. Vincent's Healthcare. They can give you simple answers to simple questions.
Patient Advocate Foundation	(800) 532-5274 www.patientadvocate.org Education, case management and referrals for people with chronic, debilitating or life threatening illnesses. They work to resolve insurance, job retention and/or debt crisis matters that patients have.
Poison Control Program	(800) 222-1222 http://dphhs.mt.gov/publichealth/EMSTS/prevention/poison
Public Health & Human Services Director's Office	(406) 444-5622 111 North Sanders Street (SRS Building), Helena, MT 59604

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		www.dphhs.mt.gov This department provides resources for seniors, children and families, people with disabilities and all Montanans.
Public Health and Safety		http://dphhs.mt.gov/publichealth/index Information pertaining to diseases and conditions, emergency preparedness and response, environmental health, family health, injury, violence and safety, water safety, healthy living and more health-related topics.
Mental Health / Counseling		
Addictive and Mental Disorders Division		See Addiction Services
Compassionate Friends		(877) 969-0010 www.compassionatefriends.org For families who have suffered the death of a child. Supportive materials and information about support groups. There are chapters scattered throughout Montana.
Montana Mental Health Nursing Care Center		A residential facility for the long term care and treatment of persons who have mental disorders and who require a level of care not available in the community but who cannot benefit from the intensive psychiatric treatment available at Montana State Hospital. http://dphhs.mt.gov/amdd/MMHNCC 800 Casino Creek Drive, Lewistown, MT 59457 (406) 538-7451, (406) 535-2863 (fax)
Montana Warmline		(877) 688-3377, programs@montanamentalhealth.org http://www.montanawarmline.org Provides non-crisis counseling to those who need mental health services. They also have a call-in support group, Open Chat sessions, and FYI sessions. The service is designed to reach people living in rural areas as well as to allow for anyone to anonymously reach out and network with other Montanans living with mental illness.
National Alliance on Mental Illness Montana		(406) 443-7871, info@namimt.org 616 Helena Avenue, Suite 218, Helena, MT 59601 http://www.namimt.org Montana chapter of the Alliance which focuses on supporting, educating, and advocating for Montanans with severe mental illnesses and their families.
National Institute of Mental Health		(866) 615-6464, (866) 415-8051 (TTY), nimhinfo@nih.gov www.nimh.nih.gov Resources and information about depression, panic disorder and other mental health concerns.
National Hopeline Network		(800) 442-4673, reese@hopeline.com http://hopeline.com

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		Provides 24/7 hotline and online chat to those going through crises/suicidal situations.
	Substance Abuse and Mental Health Services Administration (SAMHSA)	877-SAMHSA-7, 1-800-487-4889 (TDD), 1-800-662-4357 (National Helpline) www.samhsa.gov They have treatment facility locators and they lead public health efforts to advance the behavioral health of the nation. Their mission is to reduce the impact of substance abuse and mental illness on America's communities.
	Warm Springs (Montana State Hospital)	(406) 693-7000, (406) 693-7069 (fax), (406) 693-7213 (TTY) http://dphhs.mt.gov/amdd/MSH This hospital provides inpatient psychiatric treatment for adults with serious mental illness.
Migrant Services		
	The Migrant and Seasonal Farmworkers (MSFW) Program	Jenny Betz, Program Manager Workforce Services Division, P.O. Box 1728, Helena, MT 59624-1728 (406) 444-7895, ddliwsdh-2A@mt.gov http://wsd.dli.mt.gov/service/migrantlabor.asp Focuses on the equality of services to MSFWs in relation to other clients served by Workforce Services in Montana.
	Migrant Education Program(MEP)	http://opi.mt.gov/Programs/TitlePrgms/TitleIA/index.html#gpm1_3 MEP is a national program that provides supplemental education and supportive services to eligible migrant children across the country to help them overcome educational disruptions and disadvantages. The Montana Migrant Education Program works to promote academic excellence and equity for the migrant students of Montana. It is administered by the Office of Public Instruction (see education resources).
	MIJA (Montana Immigrant Justice Alliance)	P.O. Box 1121, Helena, MT 59624 406-282-1492, help@mija.org www.mija.org MIJA advocates for the marginalized immigrant populations in Montana and strives to improve their lives by listening to the issues affecting them and working to directly help them. They have free immigration clinics and trainings and they provide some free legal services to immigrants.
	Montana Migrant and Seasonal Farmworkers Council	(406) 248-3149 www.mtpca.org/mtmigrant.htm They provide access for migrant and seasonal farmworkers and their families to comprehensive, culturally competent primary and preventative health care, transportation, outreach, dental, pharmaceutical, occupational health and safety, and environmental health through the Migrant Health Program.
	National Farmworker Jobs Program (NFJP)	(202) 693-3045, (202) 693-3015 (fax), NFJP@dol.gov http://www.doleta.gov/Farmworker/html/NFJP.cfm

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		The NFJP is a nationally-directed program providing employment and training services and housing assistance to migrant and seasonal farmworkers (MSFWs). NFJP services are provided by community-based organizations and public agencies that assist MSFWs and their families in attaining economic stability.
	Rural Employment Opportunities	They provide some assistance for migrant workers and their families. See employment section for more information.
	United States Citizenship and Immigration Services Local Field Office	1-800-375-5283 Helena Field Office, 2800 Skyway Drive, Helena, MT 59602 http://www.uscis.gov/ Handles scheduled interviews on non-asylum related applications, provides limited information and customer services that supplement those provided through website or by phone. Must have appointment scheduled by USCIS or by INFOPASS on USCIS website to visit this office.
Newspapers		
	Montana Newspaper Association	(406) 443-2850, (406) 443-2860 (fax) 825 Great Northern Boulevard, Suite 202, Helena, MT 59601 www.mtnewspapers.com An association of 87 newspapers across the state of Montana. Contact information for these newspapers is available on the website. They provide services including advertising sales, advertising products, clipping services, legislative and governmental affairs representation, educational services and advocacy for the newspaper industry in Montana.
	Montana Standard	(800) 877-1074 25 West Granite Street, PO Box 627, Butte, MT 59701 http://mtstandard.com Newspaper circulated across the state of Montana.
Office of Public Assistance		
	Human and Community Services Division	Montana Public Assistance Help Line (questions relating to eligibility): 1-888-706-1535 General Questions: (406) 444-1788 http://dphhs.mt.gov/hcsd Apply online: https://apply.mt.gov/ Supplemental Nutrition Assistance Program (SNAP), Special Supplemental Nutrition for Women, Infants & Children (WIC), Healthy Montana Kids (HMK), Medicaid, Temporary Assistance for Needy Families (TANF), child care and energy assistance.

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Police		
	Division of Criminal Investigation	(406) 444-3874, contactdci@mt.gov 2225 11 th Avenue, PO Box 201417, Helena, MT 59620-0151 https://doj.mt.gov/enforcement A division of the Montana Department of Justice that includes the investigations bureau, the investigative support bureau, the law enforcement academy and the narcotics bureau. This division also oversees the Children's Justice Center.
	Inmate Locator for U.S. Bureau of Prisons	http://www.bop.gov/inmateloc/ This can help you locate a federal inmate.
	Missing Persons Clearinghouse	(406) 444-1526, mncmec@mt.gov https://doj.mt.gov/missing-persons Provides general assistance for the public and law enforcement concerning missing persons in Montana.
	Montana Board of Pardons and Parole	(406) 846-1404 bopp.mt.gov They administer the parole system. They also are the people to contact if you want to get your name removed from a registry. In addition, they can assist with questions about gun permit eligibility.
	Montana Correctional Offender Network Search	https://app.mt.gov/conweb/ This service allows you to search for the sentences of convicted felons in the state of Montana.
	Montana Department of Corrections	(406) 444-3930, (406) 444-4920 (fax) 5 S. Last Chance Gulch, PO Box 201301, Helena, MT 59620 www.cor.mt.gov This department runs the state prisons and is responsible for probation and parole.
	Montana Highway Patrol	In the event of a crash or other roadside emergency, call 855-MHP-3777. For general information: (406) 444-3780, mhphqccontact@mt.gov 2550 Prospect Avenue, PO Box 201419, Helena, MT 59620-1419 https://doj.mt.gov/highwaypatrol They police the state highways, assist other law enforcement agencies and help motorists in need.
	Montana Sexual and Violent Offender Registry	(406) 444-2497 (sexual offender info, offender's last name starts with A-L), (406) 444-7068 (sexual offender info, offender's last name starts with M-Z), (406) 444-9877 (violent offender info) https://app.doj.mt.gov/apps/svow/
	Mountain Peaks Inc.	1-866-453-6784 120 23rd Ave NE, Great Falls, MT 59404 (corporate office)

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		www.mountainpeaksinc.com They provide mentoring, drug screening, counseling and community corrections services.
	National Sex Offender Map Registry	www.familywatchdog.us This service can help you locate registered sex offenders in your area.
	National Sex Offender Registry	http://www.nsopr.gov/?AspxAutoDetectCookieSupport=1 The website also has information about education to help protect yourself and others from potential victimization.
	US Marshals Service	(406) 247-7030 (Montana District Headquarters) http://www.usmarshals.gov/district/mt/ The duties of the U.S. Marshals Service include protecting the federal judiciary, apprehending federal fugitives, managing and selling seized assets acquired by criminals through illegal activities, housing and transporting federal prisoners and operating the Witness Security Program.
	Victim Information and Notification Everyday	1-800-456-3076, 1-866-847-1298 (TTY) https://www.vinelink.com/vinelink/siteInfoAction.do?siteId=27001 They can give you information on adult offenders under the supervision of the Montana Department of Corrections.
	Victims Programs	(888) 223-6332, (406) 444-4920 (fax), shilander@mt.gov P.O. Box 201301, Helena, Mt 59620 http://www.cor.mt.gov/victims/default.mcp You can register to get information about offenders including their custody status and location. You can also contact this office if an offender is bothering you. Their victim impact panels force offenders to face directly the harm they have caused others and give victims a chance to tell their stories, meet other victims and hold offenders accountable. Victims can participate without speaking to the offender who harmed them personally.
Public Internet		
		Public internet is available at most public libraries.
Public Library		
	Montana Library Directory	http://www.msl.mt.gov/For_Librarians/Library_Directory/default.asp The Montana Library Directory has information about academic, public, school, and special libraries in Montana. Information typically includes the library's address, hours, and contact information for staff members.
	State Library	(406) 444-3115, 1-800-338-5087, (406) 444-4799 (TTY), (406) 444-0266 (fax) 1515 E. Sixth Avenue, PO Box 201800, Helena, MT 59620

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		msl.mt.gov They work to strengthen libraries and information services for all Montanans.
Seniors		
American Association of Retired Persons - Montana	(866) 295-7278, mtaarp@aarp.org http://www.aarp.org/states/mt	Offers volunteer opportunities, discounts, advocacy, and helpful information and resources for residents over 50.
Anti-Fraud Hotline for Seniors	(855) 303-9470 www.aging.senate.gov/fraud-hotline	This hotline serves as a way to report instances of waste, fraud or abuse within government programs. It may also provide assistance to seniors and elderly with other fraud.
Legal Services Developer	1-800-332-2272 http://dphhs.mt.gov/SLTC/aging/legalservicesdeveloper	This program provides elder law training and resources for seniors, family members and social outreach workers.
Montana Senior Corps	www.seniorcorpsmt.org	This is a network of programs that tap into the experience, skills and talents of citizens over 55 to meet community needs. Programs include foster grandparents, the Retired Senior Volunteer Program (RSVP) and senior companions.
Paying for Senior Care	(641) 715-3900 x 606151# 736 Cole Street, San Francisco, CA 94117 http://www.payingforseniorcare.com	They provide tools, information and creative ideas which help families and caregivers discover the means to care for their elderly loved ones.
Prevention of Elder Abuse	(406) 896-9696 http://www.mtelderabuseprevention.org/index.html	Provides abuse prevention training throughout Montana. They offer Gatekeeper training which teaches bankers, meter readers, grocery cashiers and others to recognize and report possible abuse.
Senior and Long Term Care Division	(800) 551-3191 (to reach your local Agency on Aging), (406) 444-4077 (for general help and questions) http://www.dphhs.mt.gov/sltc/index	They help with housing or living options, protective or legal services, healthy living, and money management for seniors among other things.
State Health and insurance Assistance Program	A free health-benefits counseling and advocacy service for Medicare beneficiaries and their families or caregivers. Call 1-800-551-3191 to be connected to a local SHIP counselor. http://dphhs.mt.gov/SLTC/aging/SHIP	

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Veteran's Resources		
After Deployment Website	http://afterdeployment.dcoe.mil/	Wellness resources for the military community. This website contains information about a variety of topics related to mental and physical health.
America's Heroes at Work	(866) 487-2365 http://www.dol.gov/vets/ahaw/	This website has a toolkit designed to assist and educate employers who have decided to include transitioning Service Members, Veterans and wounded warriors in their recruitment and hiring initiatives.
Army Pays	www.armypays.com	This program connects enlisting soldiers with employers that can use skills they learned in the Army. It guarantees Soldiers an interview and possible employment after the Army.
Disabled American Veterans	http://www.davmembersportal.org/mt/default.aspx (406) 475-3792	They work to empower veterans to lead high-quality lives with respect and dignity. There are chapters scattered throughout the state.
Helmets to Hardhats	www.helmetstohardhats.org (866) 741-6210	Connects National Guard, Reserve, retired and transitioning active-duty military service members with skilled training and quality career opportunities in the construction industry.
Hire Heroes USA	(866) 915-4376 www.hireheroesusa.org	They work to create job opportunities for US military veterans and their spouses. They provide personalized employment training and corporate engagement and no cost to the veteran or spouse.
Homeless Veterans Program	(877) 424-3838 http://www.montana.va.gov/services/homeless/index.asp www.va.gov/homeless/hud-vash.asp	Helps homeless veterans get back on their feet. Housing voucher and rental assistance for homeless veterans. Also, access to case management and clinical services.
Malmstrom Air Force Base Force Support Squadron	(406) 731-4713 http://341fss.com/afrc1	Provides assistance for unit leadership in their efforts to support readiness and retention, assistance strengthening base policies and programs to benefit Air Force families, information and referral, assessment counseling and follow-up, and family Life education and skills programs.

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Military One Source	(800) 342-9647 www.militaryonesource.mil This program provides free comprehensive information on every aspect of military life to active duty, National Guard, and reserve members and their families.
Montana Department of Labor & Industry Veterans Services	http://wsd.dli.mt.gov/veterans/vet1.asp They try to provide Veterans and transitioning service members with the resources and services to succeed in the 21 st Century workforce by meeting labor-market demands with qualified Veterans. They have information about benefits, resources, education and training and employment opportunities for veterans.
Montana National Guard Family Programs	http://montanaguardfamily.org/html/index.php (406) 324-3234 Provides family support and readiness programs for families with members serving in the National Guard.
Montana Veterans' Home Loan Program	(800) 761-6264, (406) 841-2840 301 South Park Avenue, Room 240, PO Box 200528, Helena, MT 59620 http://housing.mt.gov/About/homeownership/mtveteranhomeloan.mcp Provides funding to help veterans afford homes.
Montana Veterans Affairs	(800) 273-8255 (Suicide Prevention/Crisis Hotline), (406) 324-3740 (state) http://montanadma.org/montana-veterans-affairs Provides general services, assistance, and resource referrals for veterans and their families.
Montana Veterans Home	(406) 892-3256, (406) 892-0256 (fax) 400 Veterans Drive, Columbia Falls, MT 59912 http://dphhs.mt.gov/SLTC/HomeLivingOptions/montanaveteranshomes/cfmvh 1-866-887-3684 or (406) 345-4222 2000 Montana Avenue, Glendive, MT 59330 http://dphhs.mt.gov/SLTC/HomeLivingOptions/montanaveteranshomes/easternmtvethome Veterans' nursing homes.
National Guard Survivor Outreach Services	(406) 324-5218, (406) 558-9213 http://www.montanaguard.com/html/survivor_outreach.cfm They provide services related to benefits, financial counseling and support to survivors who have lost a loved one who served in the United States armed services.
National Veterans Legal Services Program	(202) 265-8305, info@nvlsp.org PO Box 65762, Washington, DC 20035 http://www.nvlsp.org

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		Independent nonprofit that helps military veterans receive the benefits to which they are entitled because of disabilities resulting from their military service to our country.
Project Healing Waters	(866) 251-7252, rockymt@projecthealingwaters.org http://www.projecthealingwaters.org	This organization is dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings.
Real Lifelines through the Department of Labor	1-888-774-1361 http://www.dol.gov/vets/programs/REAL-life/	A program that provides personalized assistance to seriously injured service members who cannot return to active duty so that they are trained for new careers in the private sector.
Stateside Legal	http://www.statesidelegal.org	A website designed to help military members, veterans and their families access benefits, find free legal help and better understand their legal issues.
Troops to Teachers	(866) 478-3224, (406) 587-7586, troopstoteachers@bresnan.net http://www.montana.edu/ttt/	Counseling and referral for veterans interested in beginning a career as a teacher.
US Department of Labor VETS	1-866-4-USA-DOL, 1-877-889-5627 (TTY) http://www.dol.gov/vets/	Job resources and services for vets and transitioning service members.
US Department of Veterans Affairs	(800) 827-1000, (877) 222-8387 www.va.gov , benefits.va.gov/benefits/	The VA serves and honors America's veterans. Their websites include information about disability benefits, health care, burial, education loans, home loans, prescriptions and nursing home care. Survivor Assistance 1-800-827-1000, (202) 461-1077, (202) 495-5985 (fax), office_of_survivors@va.gov Mailing: St. Paul VA Regional Office Pension Management Center (335/21P), PO Box 11000, St. Paul, MN 55111 http://www.va.gov/survivors/
VA Montana Health Care System	(877) 468-8387, (406) 442-6410 3687 Veterans Drive, PO Box 1500, Fort Harrison, Montana 59636 www.montana.va.gov	This system provides a VA presence in every major city in the state through a series of community based clinics, a

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		community living center, and an acute care medical center. They can also assist with mental health care and nursing home arrangements. The phone number is for advice, questions about medication, or scheduling an appointment. The mailing address is for sending mail to people in the hospital in Fort Harrison.
Vet Biz		http://www.vetbiz.gov (866) 584-2344 They provide assistance for veterans running small businesses.
Vet Center Program		(877) 927-8387 http://www.vetcenter.va.gov/index.asp Assists combat veterans with readjustment to civilian life; offers free counseling. There are centers in Montana.
Veterans History Project		(888) 371-5848, vohp@loc.gov http://www.loc.gov/vets/ Collects and preserves stories of American war veterans for future generations. Also collects stories of civilians who were involved with war efforts. Information about participating is available at the website.
Veterans Justice Outreach	Jeri Anderson, jeri.anderson2@va.gov Jackie Merritt, jackie.merritt@va.gov	http://www.va.gov/homeless/vjo.asp This program works to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible justice-involved Veterans have timely access to VHA services as clinically indicated.
Veterans of Foreign Wars		http://www.vfw.org/ (406) 324-3992, montanavfw@gmail.com They provide a range of services for veterans including college scholarships and savings bonds. They have local clubs which promote patriotism, honor military service and serve their communities among other things.
Veterans Pro Bono Consortium		(202) 628-8164, (888) 838-7727 www.vetsprobono.org Their mission is to provide assistance to unrepresented veterans or their family members who have filed appeals at the U.S. Court of Appeals for Veterans Claims and to recruit and train attorneys in the field of veterans' law.
Veterans Upward Bound		(877) 356-8387, admissions@vubmt.com 1500 University Drive, Cisel Hall, Billings, MT 59101 http://vubmt.com A pre-college program that prepares veterans for all aspects of post-secondary education or training. It is a statewide program and all services are FREE for enrolled veterans.
Warrior and Quiet Waters		(406) 585-WQWF, info@warriorsandquietwaters.org

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Foundation	1087 Stoneridge Dr., Suite 1, Bozeman, MT 59718 www.warriorsandquietwaters.org The work to reintegrate traumatically combat-injured US veterans and active service members from recent wars into society by building hope and resilience, facilitating camaraderie, and providing security and serenity through fly fishing and other high quality therapeutic recreational mediums in southwest Montana.
Women's Resources	
Florence Crittenton Home & Services	(406) 442-6950, (406) 442-6571 (fax), inquiries@florencecrittenton.org 901 North Harris Street, Helena, MT 59601 www.florencecrittenton.org It's a therapeutic residential program for pregnant and parenting teens that provides support and classes for parenting and for life in general.
Harmony House	(406) 247-4732, (800) 433-1411, info@hrdc7.org http://www.hrdc7.org/programs/harmony-house/ This program provides a supportive, nurturing place to learn and grow for homeless pregnant or parenting mothers ages 18-21 residing in the state of Montana who are TANF eligible.
Healthy Mothers, Healthy Babies	(406) 449-8611, hmhb@hmhb-mt.org 400 North Park, Helena, MT 59601 http://www.hmhb-mt.org/index.php Provides cribs and general assistance for infants. Educates mothers and public about infant care.
La Leche League of Montana	http://www.lli.org/web/montana.html This organization provides support, encouragement, information and education to women who want to breastfeed. There are meetings held around the state and you can contact one of their Leaders for breastfeeding help or information.
Maternal and Early Childhood Home Visiting	1400 E Broadway Room B102, Helena, MT 59601 mtmechv@mt.gov http://www.dphhs.mt.gov/publichealth/homevisiting Provides voluntary, family-centered services in the home to expectant families and families with new infants and young children.
Montana WIC Program	1400 Broadway, Cogswell Bldg. C305, P.O. Box 202951, Helena, MT 59620-2951 800-433-4298 or (406) 444-5533 http://dphhs.mt.gov/publichealth/WIC WIC is the Special Supplemental Nutrition Program for Women, Infants and Children. This public health program is designed to improve health outcomes and influence lifetime nutrition and health behaviors in a targeted, at-risk

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		population. Nutrition education is the cornerstone of the WIC Program.
Planned Parenthood		1-800-230-PLAN http://www.plannedparenthood.org/ They deliver reproductive health care, sex education and information. They have offices located around the state.
Women's Reproductive and Sexual Health		(406) 444-0983, hmccaffrey@mt.gov 1400 East Broadway Street A116, Helena, MT 59620 http://dphhs.mt.gov/publichealth/wmh/womensreproductive Provides referrals to family planning clinics which can provide assistance with birth control counseling, physical exams, pregnancy testing, counseling, HIV tests and other reproductive health services. <i>Also serves men...</i>